

"Service Above

A Weekly Publication of the Rotary Club of Richmond, California

PROGRAM FOR FRIDAY, JANUARY 4, 1991

"Training Program in Contra Costa County Jail: Model for the Country"

TERRI PHILLIPS

Our speaker this week is Terri Phillips, Counselor and Instructor to inmates in the DEUCE program with subjects that include Self Esteem, Parenting, Employability, Substance Abuse Prevention and Recovery. Terri is also a trainer and seminar leader at UC Berkeley, School of Social Welfare and has worked for Richmond's Private Industry Council since 1981 as an Employment Representative for job development, counseling and placement assistance for Richmond residents and laid off workers.

Terri is no stranger to the "corporate drug scene" having married her college sweetheart and moving to the Bay Area, he became "lost in the fast lane" while moving up the corporate ladder. Ms. Phillips now uses her maiden name and describes herself as "divorced and living happily ever after". Al-Anon (a program for families and others in relationships with alcoholics and drug abusers molded on Alcoholics Anonymous) has given her a good perspective on her exposure to executive substance abuse. Through her employment at the Richmond Private Industry Council as a job developer she also sees drugs as a barrier to employment for the low income population.

She has completed the Certification program in Alcohol and Drug Abuse Studies through UC Berkeley and has a Masters degree in Organizational Behavior from the California School of Professional Psychology. She is presently working on her doctorate at the California Graduate School of Family Therapy in San Rafael. Terri devotes much of her free time to helping co-dependents by sharing as much information as possible from her experience, studies and therapy to make the journey for others easier.

Chairman of the Day: GARRETT GRANT

\* \* \* \* \* \* \* \*

#### LAST WEEK

In a very festive Mira Vista Country Club, PRES. TOM BUTT led us in the flag salute. After sid field"s thought for the day, STAN TEADERMAN took the podium to introduce visiting Rotarians and guests. From the Flower Mart in San Francisco we had Bob Obuka and from the El Cerrito Police Dept. we had Chief Dan Givens.

I didn't know we were supposed to bring our wives, but Rotarians DAVIS, HENRY, BROWN and CLARK didn't forget. We were happy to see Mrs. Marijean Davis, Mrs. Kathy Henry, Mrs. Phyllis Brown and Mrs. Pat Clark.

Some business announcements were handled by PRES. TOM. In case you have not heard by now, the winner of the run-off election was DENNIS EDMONDSON. DENNIS will be a director for the 1991-93 term along with LEN COX and DONNA McCAIN. Congratulations again.

No meeting on Friday, December 28...if you showed up, pat yourself on the back for perseverance and put \$5 in the fine box. Friday, January 4, PRES. TOM will be away, so the meeting will be chaired by DR. DAN TANITA.

Dastardly DOUG's reputation is beginning to precede him. Before he could take the stage WALTER WOLFFS and JIM CLAUSEN sent \$100 contributions. JIM went so far as to deliver his to DOUG's house in order to circumvent the wrath.

With \$200 under his belt, DOUG proceeded to drill NORM FOLEY for a misspelling on our ballot. DONNA McCAIN became Donna "McClain", and NORM became \$20 poorer.

MIKE WINTER celebrated a December 15 birthday and had a dollar a year for his 55th. Chief EARNIE CLEMENTS is still one year away from the mid-century mark, but he donated \$55 to remind us to "Stay Alive -Drive 55" over the holidays. Rose grower DAVE NINOMIYA also had a dollar a year for his 52nd birthday.

Past President JOE NUSBAUM celebrated an anniversary of "one score and seventeen" and contributed \$100 to wife Anne's PolioPlus. HANK COVELL also has a December anniversary and contributed \$50 to his PolioPlus as well.

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2. Is it FAIR to all concerned?

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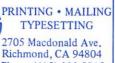
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Lastly, DR. DON MILLER was finally hit for his 11/7/57 anniversary. The amount contributed is unknown, but the check has been in his pocket since last month so maybe the numbers wore off.

DOUG then started in on DARROL DAVIS for circulating the "Attorney Season and Bag Limit" This literature outlines the season (1/1 though 12/31) and limits (you cannot use currency as bait; no hunting within 100 yards of a BMW dealership) of lawyer hunting. Twenty fliers cost DDD \$20.

Past President HANS SHAPER welcomed new Rotarian TOM McGOWAN. Having been given the requisite red badge and lapel pin, we look forward to a "Who Am I" talk from TOM soon.

HANK COVELL reported a successful evening for our Masquers Theatre Fundraiser/Christmas Party. Eighty-four people attended, we raised \$1,012 and donated \$500 of that back to the Masquers. Our next function will be in August or September 1991.

Prior to introducing our program, TERRY CLARK gave us a run-down of the current RUSD financial situation. What you have read in the paper is true, the District is in "deep trouble". Our budget deficit of \$25 million is the highest percentage deficit in the history of the State of California. We will need a loan from the State of at least \$25 million, which will come with the "Super Trustee", in order to survive.

TERRY asks us to be supportive of the

District's plight, talk to board members and express your thoughts. We spend roughly \$3,500 per student in California whereas other states spend \$5,500 to \$6,000, so there is a lot of ground to make up.

With that, TERRY introduced the A Cappella and Chamber Singers from El Cerrito High School. A sharp looking group, they commenced the program with "Carol of the Drum". (This was called "Little Drummer Boy" when I was a kid..). The Chamber Singers (a subset of the A Cappella Choir) sang "God Kept the Wolf From the Sheep", a 16th Century Spanish carol, as well as "There is No Rose". A Cappella took over with "O' Come, O' Come Emanuel" and "Winter Wonderland". The entire club was invited to sing along to O' Come All Ye Faithful" and "Slilent Night". We ended with the traditional close of "Angels We Have Heard Up High"

The raffle was won by NORM FOLEY and DAVID KUCHENTHAL; free lunches for a month went to DAVE NINOMIYA.

> DAVID SMITH Acting Editor

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PROGRAM FOR FRIDAY, JANUARY 11, 1991

"Scientific Stress Management -Easy Way"

K. NARAS BHAT, M.D.

K.Naras Bhat, M.D., F.A.C.P., is an Internal Medicine and Allergy specialist from Concord. He has directed Pulmonary Rehabilitation and Cholesterol and Coronary Heart Disease Prevention Programs for hundreds of patients for the last few years. The "Scientific Stress Management-Easy Way" is a part of these two programs. This program was developed in association with John F. Kennedy University, Orinda. He has given this workshop at Stanford and for over 6000 doctors and scientists in India. He was recently invited to organize it for Manipal Medical College, ISRO (Space scientists) and Indian Institute of Science in India. His primary emphasis is to help the medical doctors, scientists and executives in managing the stress of modern life. The question people often ask is "How an allergist got interested in the topic?" The answer would be the fact that he was studying the value of diaphragmatic breathing for the asthmatics and was intrigued by the relaxing effect of this maneuver on the reticular activating system of midbrain and the resultant salutory effect on brain waves and polyphasic thinking. This led him to research into the homeostatic mechanism of arousal and stress reactions.

Chairman of the Day: KUMAR BELUR

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PROGRAM FOR FRIDAY, JANUARY 18, 1991

"Overview of Richmond Unified School District"

GABRIELLE MOORE President, United Teachers of Richmond

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#### LAST WEEK

Our meeting was opened by CHARLIE WONG leading us in the Pledge to the Flag followed by LEN COX with a thought for the day; something about it being better to be old (think of the alternative...).

DENNIS EDMONDSON was hard pressed to find any guests to introduce, but finally located a handsome young lad who claimed to be Greg Sarkissian (Son of SAM...).

Nary a smirk crossed the face of DOUG STRAUS as he extracted Xmas greens from the following generous souls... BUD MARTIN \$100 for 38 years of wedded bliss (go ahead, make my day..), ELOF GRANBERG gave \$100 for 13 "grate" of the same and DAN READY was ready with another \$100 for the Golden Anniversary of his 28th birthday. Proud Papa DON LAU was eager to give \$30 for newborn son Jordan, and the "almost Honorable" ended by squeezing \$5 apiece from the "pinless".

We then took a well-deserved break, being Presidentless, and finished our lunch. The truly honorable BESSIE DREIBELBIS was chairperson of the day, and introduced our speaker, Terri Phillips. Terri is employed by the Richmond Private Industries Council and comes well prepared for her role as Instructor in the County's "DEUCE" Program. This acronym stands for Deciding, Education, Understanding, Counseling and Evaluation, and is an alternative to incarceration under substance abuse statutes. California has long been recongized for its "ahead of their time" diversion programs, but this one may have them all beat. DEUCE boasts a 75% non-recidivist (repeat offender) rate, which is unheard of, especially for substance abuse crimes. Unlike the "Chain Gangs" of Tennessee, or the "Boot Camps" of the L.A. area, DEUCE approaches the fundamental problems of Education, Stability of both Job and Home, and Positive Self-Image.

When the West County Jail opens, the Marsh Creek facility in East County will be converted to a training and rehabilitation center, with training for Shop, Auto Body, Landscaping and Computers. Terri then went into a little bit about how the work furlough program works here. Her students attend classes in the mornings, RESCUE

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rabiree Richmond, CA 94804 raphics Phone (415) 232-8815 usually 8 to 11, then to a  $\frac{1}{2}$  hour individual counselling session before heading to a regular job, typically 2 to 10 or 3 to 11. They then return to the facility where they pay rent from their salaries making the program selfsupporting. Terri went on to tell us that part of the root problem is indeed education and that this problem is being addressed through offering inmates G.E.D. programs as well as other adult education classes.

Terri closed by thanking us for the opportunity to speak to us, and for the terrific lunch which she said beat jail food...personally I can't think of a better incentive to remain law-abiding!!!

Think California is tough on Driving Under the Influence? Australia publishes your name in the local paper under the heading "Drunk and in Jail"; South Africa will send you to Prison and/ or fine you \$10,000; Malaysia will imprision you and your spouse; Norway will send you to jail and suspend your license one year (second offense will revoke your license for life); England will jail you for one year for your first offense; Russia will revoke you license for life, first offense; Bulgaria will execute you upon your second (and last) offense; El Salvador will put you in front of a firing squad, first offense.

We closed with Raffle Master JOHN NICOL, assisted by DAN "The Man" READY, who pulled the winning tickets of Dr. DON MILLER and JOE NUSBAUM. The usual bottles were dispensed with, in deference (not in defiance) to our program. Instead JOHN brought something else to keep us warm, winter scarves....

#### RENO TRIP TRAIN SCHEDULE:

"Before the Train Get-Together" Hear Ye, Hear Ye... The Reno Train Departure Party will still be held at the offices of Richmond Sanitary but at their new location: 3260 Blume Dr., Plaza Two, Hilltop

7 AM, Sharp

Sunday/January 13						
LV Oakland, 16th St.	9:00	AM				
LV Richmond	9:15	AM				
LV Martinez	9:45	AM				
LV Sacramento	11:10	AM				
ARRIVE RENO 4:00						
Monday/January 14						
LV Reno	3:05	PM				
ARR Sacramento	8:10	PM				
ARR Martinez	9:20	PM				
ARR Richmond	9:50	PM				
ARR OAKLAND	10:15	PM				

DAVID ALMEIDA Acting, Acting Editor

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#### "Overview of Richmond Unified School District"

GABRIELLE MOORE President, United Teachers of Richmond

Ms. Moore will discuss the history of the System for Choice, options for the future and the last updates on the current situation in the School District.

Chairperson of the Day: MARIE CONTRERAS

PROGRAM FOR FRIDAY, JANUARY 25, 1991

DONNA CENCER Rotary Scholar

Ms.Cencer will discuss how she became interested in Rotary; daily life in Florence, Italy and observations about Italian culture beyond the perceptions of a tourist; and her impressions about the Scholarship Program.

\* \* \* \* \* \* \* \* \* \* \*

#### LAST WEEK

PRESIDENT TOM BUTT welcomed everyone to last week's meeting and led the pledge to the flag. WALT ZERA had a sobering thought for the day. PETE BRAY introduced our guests and visiting Rotarians, who included Stan Roth of Kensington, Rich Betts of Berkeley and John Rotticci of

Oakland. Guests included LESLIE LEVY's brother-in-law Mark Levy and Richard Archambault, a Kennedy High Junior, who was JIM BEAVER's job shadow for the day. Rick Betts had some news about invitations to the upcoming 75th anniversary of the Berkeley Rotary.

Hanging Judge GARRETT GRANT was back on the job after an enjoyable Mexico cruise which he enjoyed so much he was forced to fine himself \$10. CHUCK WRIGHT was up for a birthday, his 43rd, and was good for \$100. LOREN STRAUGHN's birthday was also good for \$100 toward his Paul Harris Fellowship. DARROL DAVIS' 33 years of wedded bliss produced \$100 too. DEAN BARBIERI was forced to leap up when GARRETT overlooked his 10th anniversary and another \$100 to a Paul Harris Fellowship.

Speaking of Paul Harris, it was that time for CHUCK WRIGHT and REN PARTRIDGE. KEVIN DOLAN did the honors. CHUCK used the occasion to make a pitch for the exchange program, telling us about the upcoming Mexico trip. Then it was time to introduce several new club members. Welcome to LARRY HUNT, DALE DARLING and PHIL PEZZUTO.

KUMAR BELUR introduced our guest speaker, the delightful Dr. K. Naras Bhat, who regaled us with one of the more fascinating discussions in recent memory. Dr. Bhat's area of expertise is stress, its causes, symptoms and cures. He pointed out that cardiovascular disease, which includes heart attacks and strokes, causes 50 percent of the deaths in the United States and cancer causes 24 percent. Both diseases, he said, are stress related. Stress can cause high blood pressure and weaken the cells that fight cancer. Stress is caused by change and modern life is a continuum of changes. Our bodies and minds are continually having to adjust to change in order to relieve stress. Unfortunately, in the 1990s we can expect to have to deal with 1,000 more events each day than our ancient ancestors did. There is long term stress and short term stress. Short term stress falls under the "fight or flight" syndrome. As we are presented with an immediate stressful situation our old animal instincts take over - our

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pupils dilate to see better, our heart pumps faster to give us more energy, our muscles tense, our liver pumps out glucose for energy and we produce more adrenalin. Long term stress can lead to ulcers and high blood pressure. The signs of stress include apathy and inappropriate behavior.

Different brain waves are associated with different states of conciousness and stress levels. Beta waves are produced under stress situations and times of high energy. Alpha waves are associated with a relaxed state. Some biofeedback techniques are based on learning to produce alpha waves. The problem with modern life, Dr. Bhat said, is polyphasic thinking. This is when we are doing one thing and thinking about something else, or trying to do several things at once, thereby, Dr. Bhat showed with an interesting example, depriving ourselves of the pleasure of either. We can control stress by using either the mind or the body. Sometimes it is necessary to simply move or change our situation to produce some stress relief.

Our social support systems are very important for dealing with stress, starting with our spouses and family and proceeding through our friends, our coworkers and our casual acquaintances. Unmarried people are in trouble and should consider getting hitched at their earliest convenience. If you're having trouble with your marriage, think about working it out and changing yourself before you go on to another mate. As Dr. Bhat said, remember, you still bring yourself to the next relationship. He also suggested we take some time each day to really talk to our spouse. An interesting discussion.

JIM SCOTT and DON MILLER won the scarves.

#### BOARD OF DIRECTORS MEETING

There will be a Board of Directors meeting this Thursday, January 17, 1991, at 7:30 A.M. in the Conference Room, P.G.&E. Service Center. All Officers and Directors are urged to attend and members are welcome.

#### THOUGHT FOR THE WEEK

All sorts of bodily diseases are produced by half-used minds. -George Bernard Shaw-

> JIM BEAVER Editor

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FIRST CLASS



"Service Above

A Weekly Publication of the Rotary Club of Richmond, California

PROGRAM FOR FRIDAY, JANUARY 25, 1991

DONNA CENCER Rotary Scholar

Ms. Donna Cencer is a returned 1989-1990 Graduate Scholar from Florence, Italy, where she studied Italian literature. She originally is from Cleveland, Ohio, and is now studying Italian literature at U.C. Berkeley in the M.A./Ph.D Program. She graduated in December 1988 with a B.A. in French from Miami University, Oxford, Ohio.

At this Friday's meeting she will discuss how she became interested in Rotary; daily life in Florence, Italy and observations about Italian culture beyond the perceptions of a tourist; and her impressions about the Scholarship Program.

Chairman of the Day: KUMAR BELUR

PROGRAM FOR FRIDAY, FEBRUARY 1, 1991

"Los Altos Story"

WALTER A. SINGER Los Altos Rotary Club

#### LAST WEEK

PRESIDENT TOM BUTT had a hearty welcome for everyone and led the pledge to the flag. WERNER SCHWARZ conducted some bylaw business which I believe will now allow us to legally vote for district governor, but don't hold me to that explanation. Having finally gotten around to attending his first Reno trip, TOM was able to heartily recommend it to everyone. DEAN BARBIERI filled in on recognition duty and found HANS SHAPER who was celebrating a birthday and SID BAUM who was celebrating an anniversary. HANS aimed his donation at this Paul Harris Fellowship and SID sent his to the Richmond Fund. JOHN NICOL took a \$5 hit for some business about his elevator attire during the Reno trip.

SAM SARKISSIAN was able to report that we had 94 percent attendance in November and 93 percent in December. That was good enough for 5th place in District 516. A reminder that coming up on February 15 is the Berkeley Rotary's 75th Anniversary celebration. has reservation forms.

Our guest speaker for the day was Gabrielle Moore, president of the United Teachers of Richmond Union. MARIE CONTRERAS handled the introduction. Gabrielle gave us a teacher's union eye view of the crisis in the Richmond schools. The school district is \$29 million in debt and will likely have to be turned over to a state trustee in return for a bailout loan from the state. Almost four years ago Superintendent Walter Marks was brought in to make some needed changes in the district. "System for "Choice" concept created a series of magnet schools which specialized in various subjects, including classical studies, music and science. Gabrielle said this system was imposed from the top down and the teachers were the last group to hear a presentation of the plans. She said school reform works best when it is instituted from the bottom up, that is when the parents and teachers work together to form the goals. Many of the claims the district has made about the choice system can be explained by other means, she said. There are also many problems with the system. They

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included too many electives and not enough time spent on core curriculum, insufficient curriculum guidelines for teachers and too many administrators. She said that while much has been spent on the specialties in the specialty schools, not enough has been spent on the basics. This led to a situation in one school where they had 35 new IBM computers but no lined computer paper.

The debt problems could lead to teacher layoffs and a request by the district to cut back on salary and benefits. Gabrielle said this was unacceptable to the union. The union is backing Assemblyman Bob Campbell's bill that would bailout the school district and turn it over to the state. The question & answer period was lively and was highlighted by our own DON LAU joining Gabrielle at the podium for some give and take that gave us a good idea of what some of the differences are between the respective positions of the union and the district management. DON made the point that while in retrospect we can see that Walter Marks may have gone too far too fast, we have to remember that three or four years ago when he was brought in there was no doubt in anyone's mind that we needed serious changes in the Richmond schools. Gabrielle allowed that there are indeed many parts of the new system that work. It appears that hard times

are ahead for the district and much help is going to be needed from parents and the community. JUDY COLEMAN capped the discussion by reminding us that this problem is larger than just the Richmond School District. Per capita spending on students in California is just about at the absolute bottom of the 50 states while class size is the largest. We've got nowhere to go but up.

JUDY COLEMAN, WALT WOLFFS and DARROL DAVIS split up some gin and trail mix from the raffle.

Coming in February: a big, big name in the scientific community - Dr. Edward Teller, the Father of the H Bomb.

#### THOUGHT FOR THE WEEK

If you think education is expensive, try ignorance.

> JIM BEAVER Editor

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PROGRAM FOR FRIDAY, FEBRUARY 1, 1991

#### "The Los Altos Story"

WALTER A. SINGER

This is a story of Walter A. Singer, a member of the Rotary Club of Los Altos. Born in Nazi Germany in the 1920's, Walter escaped with his mother and stepfather to San Francisco and attended high school in Palo Alto. After serving in the U.S. Army during World War II, Walter went to work as a salesman of stationery supplies for Schwabacher Frey, which later became Diamond International Inc. Retiring as Vice President, Walter and his wife Marie then opened a stationery store in Los Altos (across the street from a jewelry store operated by a past presi-dent of our club, Bob Graham). Walter served in the U.S. Army

Reserve for over twenty years retiring as a MSG, G-2 Section, HQ 91st Div Tng, Fort Baker, CA. He has lived in the Los Altos area for years and has been active in civic matters.

In 1984, Walter had a heart attack and had to have a 5-way bypass operation. around the East Bay and Marin and currently Complications set in with internal bleeding requiring another operation and six units of blood. Now, his real story starts: "HIV Positive".

Chairman of the Day: JIM SCOTT

\* \* \* \* \* \*

#### LAST WEEK

PRESIDENT TOM BUTT welcomed us to the friendly confines of the Richmond Rotary Club high atop the rolling hills of Richmond and El Cerrito. LOREN STRAUGHN had a thought for the day and SID FIELD introduced our guests and visitors.

GARRETT "Hang'em High" GRANT dispensed some frontier justice starting with CHUCK WRIGHT who got off with an incredibly light \$1 fine for having an out of date address on record. Non-pinners took a \$5 shot and then we settled into some recognitions. TOM AMESS was 40-something and was way ahead with his donation already in the bag. We sang for him anyway. DON MILLER Is now eligible for social security and had a nice donation to the local fund. SID FIELD ponied up \$5 so he could announce that he'd brought some nice Earthquake Preparedness guides for anyone who wanted one. My favorite suggestion from the quide is not to look for gas leaks with a match. JOHN NICOL matched his 68 years with a donation to the community fund. BESSIE DREIBELBIS rounded out the birthday crew and had a \$100 donation to her Paul Harris.

STEVE DUNN gave his "Who Am I" speech. STEVE was born in New Jersey and attended college in Massachusetts. He spent some time traveling the country before settling in the Bay Area. He has lived in several towns lives in Martinez near the Pleasant Hill/ Lafayette junction. He was married in 1982 and has two children, a boy who's 6 and a girl 4. STEVE works for a high-tech company that manufactures particle accelerators. He said these things will someday be producing microchips that are 10 to 200 times more powerful than anthing currently available. Welcome.

PRESIDENT TOM prefaced our guest speaker's introduction with some well-chosen remarks about Rotary International Scholarship Program and its importance in bringing greater understanding and friendship to a troubled world. The program is the largest international scholarship program in the world.

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KUMAR BELUR introduced our speaker, Donna Cencer, a Rotary scholar who recently returned from nine months in Florence, Italy.

Donna is presently pursuing her masters degree in Italian literature at U.C. Berkeley. She got things off on the right foot by presenting us with two Rotary banners, one from her sponsoring club in Cleveland and another from the club in Eugene, Oregon, where she spent some time before her Florentine adventure. And an adventure it was by all accounts. Donna said she has long been interested in foreign languages and culture and welcomed the opportunity Rotary presented her to fulfill a long-time dream to travel abroad and learn about a foreign culture. Things got off to a bit of a rocky start in Florence as she was left mostly on her own to find lodgings and get settled in life and school. She would have appreciated more of an opportunity to speak to the Florentine Rotary to share her views on life in America. Looking back, she said, she now figures it was probably a good thing that she was forced to do so much on her own because it helped her rapidly to acclimate herself to the city and the language. Her studies were interrupted by a student strike, which she discovered was not an unusual occurrence in Florence. Everyone else went on strike too - cab drivers, doctors, government workers. It was amazing that things kept on functioning with so many things shut down. Donna said the scholarship program is an

excellent program and provides a very generous stipend for participating students. She was so impressed that she hopes to maintain a connection with the scholarship program and Rotary after she enters her professional life.

DAVE NINOMIYA and DAVE KUCHENTHAL won the raffle and SID FIELD won the free lunch for February.

#### THOUGHT FOR THE WEEK

I traveled a good deal all over the world, and I got along pretty good in all these countries, for I have a theory that it's their country and they got a right to run it like they want to. -Will Rogers-

> JIM BEAVER Editor

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PROGRAM FOR FRIDAY, FEBRUARY 8, 1991



RICHMOND MUSEUM ASSOCIATION, INC.

Barbara A. Martien Education Coordinator

Our speaker this week is Barbara A. Martien, Education Coordinator for the Richmond Museum Association. Since 1989 she has been a Volunteer Coordinator doing volunteer scheduling and supervision during open hours and tours, volunteer recruitment and training, and supervision of the Association's quarterly newsletter.

Barbara has a Bachelor of Arts degree in Early Childhood Education from the University of Northern Colorado and is currently working towards her Master of Arts degree majoring in Reading Specialist/Education at U.C. Berkelev.

Before coming to Richmond, Barbara taught Second Grade in Aschaffenburg, W. Germany for the Department of Defense Dependents Schools (1985-89); primary and secondary grades for Dysart Unified School District in Peoria, Arizona (1980-85); and Preschool at Aloha Child Development Center in Oregon.

Her volunteer experience has included assisting with the Nursery at Laurel School in Shaker Heights, Ohio; and while in Cleveland, Ohio, assisting with younger children for the Society for Crippled Children and assisting the Botonist with collection for the Cleveland Museum of Natural History. In Greeley, Colorado, she worked with disadvantaged children in Horizons (part of county mental health) and reading for the disabled. She now does volunteer work at the UC Botanical Garden in Berkeley at the visitor center and in the garden.

BESSIE DREIBELBIS Chairperson of the Day:

LAST WEEK

PRESIDENT TOM BUTT welcomed one and all to the Richmond Rotary and TARNI HOOPS had a thought for the day about ears, mouths and keeping one open and the other shut.

Visiting Rotarians included Guy B. Young of San Leandro, R.W. "Bob" Graham of Los Altos, Harly Jensen of LaMorinda Sunrise Club, Ute Jensen of Kensington-North Berkeley and Larry Ferrari of Grass Valley. Guests included DOUG STRAUS' job shadow for the day, Chris Limon, a sophomore at Richmond High School and JIM SCOTT's wife Marge. JIM was also hosting our guest speaker for the day, Walter Singer and his wife Marie.

TOM still has some tickets for the upcoming 75th anniversary celebration of the Berkeley Rotary. "Hangin' Judge" GARRETT GRANT was in a beneficent mood. He threw it open to several club members as to what TOM should pay for winding up somewhere on the list of Richmond's most powerful people. This was possibly unfair as he no doubt owes this lofty status entirely to present Rotary post. Anyway, DOUG STRAUS and RUSS SCHULZE went for \$25 while EARNIE CLEMENTS went gently with the perpetrator at \$20. GARRETT's Solomaniac decision was \$22.50. Done. Five Done. Five dollars for pin violations and that was it for the business.

JIM SCOTT introduced our quest speaker for the day. Walter Singer is a longtime member of the Los Altos Rotary Club. He has AIDS. During the past year, since he learned of the situation, he has spoken to about 45 or 50 Rotary clubs. In 1984, Walter had a serious heart attack. The operation to repair the damage required him to receive 20 units of blood. In 1989 he received a letter from the hospital where the operation was performed suggesting that because of the AIDS epidemic he should come in and have his blood tested. He thought little about it but went in and had the test done. Awhile later his doctor called and told him to come in for a physical and a talk. Walter was told that he had tested HIV positive. Subsequent tests confirmed this. He was told he had two to four years to live. That was

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two years ago. In a sad coincidence, the incoming president of the Los Altos Rotary, Dude Angius, had a son who had recently died of the disease. Dude wanted to do something through Rotary that would help people understand the consequences of AIDS and the fact that the disease is a lot closer to people than they realize. The best way to do this, he decided, was through an educational project.

There was some hesitancy on the part of the Los Altos Rotary to get involved in this project until they learned that one of their own members had it. The progress of this project, as well as the story of the battle that Dude's son Steve and Walter waged and are waging against AIDS, was told on a video made by the Los Altos Rotary. I expect it's fair to say that few of us have witnessed in such a powerful and moving way how AIDS affects families and people. It would be hard to overstate the effect this short video has. We all, and especially those of us in the Bay Area, have been inundated with information about AIDS. But the scenes of Steve Angius' family talking about him and his life, and the scenes of Walter telling his Rotary club about his disease did more than 100 newspaper and television stories to convey what AIDS is really about. Powerful, sobering stuff.

The los Altos Rotary hopes to send the video to every Rotary club in the United States. So far, it's gone out to about 900 of the 24,000 clubs. They are continuing to raise money for this project.

DAVID SMITH and ELOF GRANBERG won the

raffle.

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#### PROGRAM FOR FRIDAY, FEBRUARY 15, 1991

#### "Hand Injuries in Sports and Performing Arts"

ROBERT E. MARKISON, MD, FACS 450 Sutter St., Suite 2215 San Francisco, CA 94108

Our speaker this week is Dr. Robert Markison, private practice Hand Surgeon at San Francisco Hand Specialists and Clinical Professor of Surgery at UCSF. Prior to this he was Attending Surgeon, Trauma and General Services, at San Francisco General Hospital for eight years. He earned his MD from Dartmouth Medical School and Hand Surgery Fellowship under Drs. Eugene S. Kilgore, Jr. and William L. Newmeyer at UCSF. He has served as Chairman of the Hand Section of the Northern California Chapter, American College of Surgeons since 1986. Dr. Markison has also been a professional musician since 1970 specializing in reed, jazz and classical music.

In the Spring of 1989, Dr. Russ Schulze attended a Western Orthopedic Meeting and was impressed with Dr. Markison's presentation on the medical treatment of the musician's hand. He made a mental note to invite Dr. Markison to our Valentine's Program. He has graciously consented to come and talk to us and show us some of his beautiful media presentation.

Bring your Valentine as we know you will enjoy this program. Come and see a first class performance by a musician, hand surgeon, creative media expert and Gem Carver. It's a program you won't forget.

Chairman of the Day: RUSS SCHULZE

Invite your Valentine.

PROGRAM FOR FRIDAY, FEBRUARY 22, 1991

Project SEED

Joanne Blum, Helen Smiler, Jeff Lidicker

#### LAST WEEK

Our meeting was opened by PRESIDENT TOM with the Pledge to the Flag, and a thought for the day by SID FIELD. SID went on to introduce visiting Rotarians and guests finding two of the former from Lafayette and Pinole, respectively. DON HARDISON brought former member Tom Malsbury (now back in the area with Capwells El Cerrito, TARNIE HOOPS brought Job Shadow Carmen Chen, who was grateful for the lunch break from TARNI's frenetic work schedule, and DAVE NINOMIYA brought the local "Man of Steel" (prospecting?).

DENNIS EMDONDSON told us about "Children's Day on the Bay", a benefit to fund, by means of Coin Bank contribution boxes, the Children's Hospital at Stanford. Trust me, this is a worthy, worthy cause...

BOB ARAGO informed us that we still need interested (and <u>interesting</u>, TARNI...) Rotarians to act as light-blockers for the Shadow Program. Thank you for your support.

PETE "Bell Ringer" BRAY gave us a report on our holiday efforts with the Salvation Army. It seems the Soroptimists were the King Kongs of the Ding Dongs this year, but PETE vows to get even...

BILL WAHBEH was up next with information on the District 516 Conference which runs April 26-28. Those who have been, know why to go; those who have yet to go, SSSSSheck it out...

KUMAR BELUR had a calendar-marker for us: March 1 program will be in the "Culture" column with an Indian (Calcutta, not Cheyenne) Classical Dance by an Orinda High student, be there ...

TOM BUTT made the announcement that Congressman George Miller will be the program speaker at El Sobrante Rotary on Tuesday, February 12. So when you get this on the 14th, just remember

we told you so...

Judge "Pat" GARRETT GRANT found it to be slim pickin's today as he was only able to locate but a few of the generous souls he was a-searchin' fer; SID FIELD for \$5, TOM BUTT for \$10, and even himself for \$5. Now, all of these were related, but if you could follow it, then you edit the next bulletin.

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Last up in the non-program department was TERRY CLARK with a plea to call the Governor's office regarding Bob Campbell's bill to bail out the schools. Glad he didn't ask to bail out Walter Marks ...

BESSIE DREBELBIS introduced our program for the day; a look at the Richmond Museum through the eyes of its Education Coordinator, Barbara Martien. Ms. Martien is very well travelled and experienced in her field, having had positions from coast-to-coast and beyond ...

What was originally built as the Main Library in 1910, the Museum building was begun as a project of the Town Women's Club in 1909. It seems the Club purchased three lots at 4th & Nevin, for \$25 each, and obtained a Carnegie Foundation Grant to fund the building. The facility was expanded in 1923 and remained in service as the Main Library until 1949 when the Civic Center project was completed with the present Main Library. The 4th & Nevin site remained as a branch library until 1975, and, after a DON HARDISON designed expansion/modernization, reopened as the current Museum.

Barbara brought some fine old photographs including several shots of Macdonald Avenue showing the development over the years of the various stores, trolleys, etc. that have graced this main artery. Artifacts from individuals on hand include the old Kress sign, copies of the (Point) "Richmond Daily Leader", and documents of every description including offers of buildable lots at 4th & Chanslor for \$250 and 17th & Bissell for \$350 (approximately double their current value).

The Museum is open Thursday through Sunday from 1 to 4 PM, and is available for parties and private tours by appointment.

The raffle was won by KUMAR BELUR and WIN BOWMAN.

#### REMINDER

ELOF GRANBERG, Club Historian, asks that anyone having old photos or other memorabilia of Richmond Rotary please call him at 237-2099

> From the Critic's Corner Acting, Acting Editor DAVID ALMEIDA

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PROGRAM FOR FRIDAY, FEBRUARY 22, 1991



"Strategic Defense Initiative"

DR. EDWARD TELLER Senior Research Fellow Hoover Institution Stanford, CA 94305

Dr. Edward Teller, nuclear physicist, is a native of Hungary who became a citizen of the United States in 1941. Until 1939, he was engaged as a theoretical physicist at George Washington University attempting to understand the behavior of molecules, atoms and nuclei. However, the discovery of the fission process and the menace of Nazi Germany led to work with the Manhattan Project. The scientific possibility of an even more powerful explosive was apparent to Dr. Teller early in this work, and it was to this development that he devoted his attention.

In 1949, after spending three years as professor of physics at the University of Chicago, he became assistant director of Los Alamos Scientific Laboratory. In 1952, he became Consultant at the new Lawrence Livermore Laboratory, Associate Director in 1954 and Director 1958-60. In 1960 he became Associate Director and also returned to academic life as a University Professor of Physics at the University of California; he held both positions until his retirement in 1976. He has served as a member of the General Advisory Committee of the U.S. Atomic Energy Commission from 1956-58 and was the chairman of the first Nuclear Reactor Safeguard Committee. He has served on the USAF Scientific Advisory Board, the President's Foreign Intelligence Advisory Board, Defense Intelligence School Board and as a member of the White House Science Council. Since 1976, he has been a Senior Research Fellow at the Hoover Institution and a Director Emeritus at Lawrence Livermore National Laboratory.

Dr. Teller has made significant contributions to the development of the hydrogen bomb as well as to the understanding of quantum theory, molecular physics and astrophysics. He has been concerned with civil defense since the early 1950s and has lectured and written extensively on this topic.

Chairman of the Day: JOE NUSBAUM \* \* \* \* \* \* \*

#### PROGRAM FOR FRIDAY, MARCH 1, 1991

#### "Indian Classical Dance"

An Indian classical dance called the Bharathanatyam will be performed by Priya Darshini Giri, a sophomore from Miramonte High School in Orinda.

#### LAST WEEK

Club PRESIDENT TOM BUTT welcomed us to the Valentine's edition and led the pledge to the flag. BILL REID had a thought for the day that encouraged everyone to remember that even with all the troubles in the world right now we can still make a difference day to day and person to person. OSCAR LUGO introduced our guests and visitors. Our lone visiting Rotarian was Gary Pokorny from El Cerrito. Lots of folks brought their spouses including CHARLIE FENDER, GARRETT GRANT, DARROL DAVIS, NORM FOLEY, JIM SCOTT and RUSS SCHULZE.

We're looking to send about 15 members to the upcoming District Conference, so see BILL WAHBEH if you're interested. FRANK CORTESE had some information on an upcoming golf tournament being sponsored by the Pinole Rotary. It's being held May 22 and costs \$75. Make your check out to the Pinole Rotary and get them to FRANK. WIN BOWMAN had a reminder that applications for the Rotary Scholarship program are being accepted through the middle of April. Although this is a great program and the scholarships are worth upwards of \$15,000 we've had trouble getting applicants.

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If you know a college junior or senior or a graduate student who may fit the bill, sound them out and let WIN know.

TOM mentioned that we also need help on suggestions for worthwhile local charitable organizations that can use some support from Rotary funds. Talk to DAN TANITA if you have any ideas on this one. And LESLIE LEVY can use the same support on the international level.

TOM then popped a five-spot on the table cause he was outta there and turned things over to the Hanging Judge himself, GARRETT GRANT. He proceeded to climb all over RUSS SCHULZE, in a financial way of course, for a scheduling foul-up in the sacrosanct Flywheel. That harsh lesson was conveyed with a \$10 dinger. EARNIE CLEMENTS was celebrating a 14th anniversary; TARNI HOOPS was all of 31 last week and LLOYD HENRY was celebrating heaven only knows what birthday. They all had healthy donations to their favorite funds.

RUSS then had the special pleasure of bestowing a Paul Harris fellowship on his wife Fimi, a presentation that was sealed with a Valentine's kiss.

RUSS was all over the place as he then took the podium to introduce our speaker for the day, Dr. Robert Markison. His talk was an intellectural smorgasbord that covered the map from the anatomy and physiology of the hand to the history of musical instruments and the impact they have on the hands that play them, to recommendations on how much musicians should practice and why to the proper design of musical instruments, to computer-aided music to improvements to wind-surfing boards to computer keyboards that may eliminate carpal tunnel syndrome. In between we learned how many millivolts it takes to play a recorder and were treated to a snappy jazz tune. It was an awful lot of information relayed in an understandable and fascinating half hour. Robert's specialty is treating hand injuries to musicians and helping them develop their dexterity or, if need be, alter their musical instruments to cut down on pain and injury. That may be his specialty, but he's branched out to become something of a modern Renaissance man.

CHARLIE FENDER and FRANK CORTESE won the raffle.

#### THOUGHT FOR THE WEEK

Our modern wars make many unhappy while they last and none happy when they are over.

BOARD OF DIRECTORS MEETING - There will be a Board of Directors meeting this Thursday, 7:30 AM, February 21, 1991, in the Conference Room, PG&E Service Center. All Officers and Directors are urged to attend and members are welcome.

JIM BEAVER, Editor

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PROGRAM FOR FRIDAY, MARCH 1, 1991



Indian Classical Dance Bharathanatyam performed by PRIYA DARSHINI GIRI

Ms. Giri is a student of Katherine and K.P. Kunhiramans. Kunhiramans are the founders of Kalajali - Indian dance school in the Bay Area.

Ms. Giri has been learning Bharathanatyam since she was eight years old and has performed as a student in several places in the Bay Area. She has also participated in lecture demonstrations at schools and other organizations.

Ms. Giri is the daughter of Dr. & Mrs. David Giri. She is a Sohphomore student at Miramonte High School in Orinda and has also shown an exceptional talent for public speaking.

Chairman of the Day: KUMAR BELUR

\* \* \* \* \* \* \*

PROGRAM FOR FRIDAY, MARCH 8, 1991

"Private and Public Partnerships in Wetland Protection"

> WILLIAM C. "CHRIS" UNKEL Director, Wetlands Program California Nature Conservancy

#### LAST WEEK

DAN READY had the pleasure of welcoming a full house to the friendly Richmond Rotary and while he was up led the pledge to the flag. RUSS SCHULZE had a thought for the day and LEN COX introduced our guests and visitors. Both were out in abundance. Visiting Rotarians included a covey of Pinolites: Jamie Hardin, Tom Welsh, Bob Foo, Larry Waters and Judy Mendes. Then we had Marla Mason from San Ramon, Gary Pokorny from El Cerrito, Gerhard Patigler from Kensington North Berkeley, David Wichern from same, Howard Smalheiser from Walnut Creek Sunrise, and whoops, another Pinole person, Virgil Tablante. We had a couple dozen guests and my shorthand is rusty so welcome to all of

them and we hope they come back again.
It was good to see GRANT CALHOUN back and he took a bow, as did DAVE CALFEE who was down from the hills, red sox and all. DEAN BARBIERI was looking for a few good families. We're hosting two individuals from the Group Study Exchange from Brazil and need two families who would like to take advantage of this wonderful opportunity. See DEAN or HANS SHAPER if you're interested. The Kensington Rotary will have a special speaker next Tuesday which by the time you get this will be last Tuesday. Anyway, it was the German

Consul General.

The Pinole Rotary Golf Tournament at Boundary Oaks is coming up May 22. Get your reservations in soon. Marla Mason from the San Ramon Rotary had an announcement about a special project that club is putting on next

month. They're taking 40 kids from the Special Olympics up to the snow. If you're interested in participating you can track

her down for information.

GARRETT GRANT was on a tight time budget and got in a quick and dirty \$5 non-pin wearer's fine. DONNA McCAIN was celebrating a birthday and had \$100 toward her Paul Harris Fellowship. GEORGE WACKER celebrated his 80th birthday on Valentine's Day and that was good for a \$100 bill to the community fund and a hearty rendition of Happy Birthday.

JOE NUSBAUM introduced our guest speaker for the day, the world famous nuclear physi-

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cist, Dr. Edward Teller. Dr. Teller has a way of getting a room's attention. He began by saying that we are at a turning point in history, in which events of the greatest importance will be decided, perhaps in a matter of hours.

He proceeded to discuss his recent return to his homeland, Hungary, after an absence of a half century. The country is making the transition to a democratic, capitalist economy relatively smoothly, he said. The problem is that under the communists, the country borrowed so heavily, that even though it has a trade surplus, it is unable to keep up with the interest payments on its debt. The opportunity that has opened up in Eastern Europe over the past couple years is largely a result of the strength of the United States, he said. He gave credit to Mikhail Gorbachev for seizing that opportunity and retreating without bloodshed from that impossible situation.

In the Persian Gulf, Dr. Teller said we are witnessing a situation without parallel in history, that is, a war supported by an almost worldwide alliance. Had the American and Allied troops not moved into the Gulf, he said, Saddam Hussein almost certainly would have made a grab for Saudi Arabia and its oil resources. Instead, we have an almost unprecedented situation in which most of the world is lined

up to stop aggression and to deprive that aggression of any benefit. If this succeeds it would be a victory for world peace. The Soviets, he said, would not welcome a victory for world peace under American leadership. He saw the Soviet peace proposals as an attempt to forestall such a victory under those circumstances. What we have learned, Dr. Teller said, is that aggression cannot be limited, aggression must be stopped.

JOHN NICOL and WIN BOWMAN won the raffle.

#### THOUGHT FOR THE WEEK

Courage is rightly esteemed the first of human qualities, because it is the quality which guarantees all others. -Churchill

> JIM BEAVER Editor

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#### PROGRAM FOR FRIDAY, MARCH 15, 1991

"Project SEED"

Speakers: JOANNE BLUM HELEN SMILER JEFF LIDICKER

Project SEED is an innovative national program which teaches advanced math concepts to classes of elementary school children. program is currently available at Verde and Peres Schools. speakers will explain the program and its benefits and demonstrate the teaching methods.

> Chairperson of the Day: MARIE CONTRERAS

#### LAST WEEK

Another shining at our hilltop aerie, and PRESIDENT TOM BUTT welcomed everyone. TANITA had a thought for the day from Abraham Lincoln that was most apropos of our post-war situation. KEVIN DOLAN introduced our visitors and guests. Visiting form the Oakland Rotary was John Roticci. GARRETT GRANT brought his wife Jennifer.

TOM then announced that it was International Women's Day and had a toast to all our women members, who, he noted, are some of our most active club members.

The Berkeley Rotary still needs a family to host one of the exchange program participants from Brazil. What else are you doing with that spare bedroom? Give TOM a call.

SID FIELD passed around some sponsor sheets for the upcoming United Way Bowlathon in which he is participating. It was 2¢ a pin so let's hope he knows which fingers go where.

BOB ARAGO could use a few more folks to complete this year's Job Shadow program. He asked our new club members to give it a go as this is a good way to jump into club activities. It's not clear if retired members are encouraged to sign up and have someone shadow them around the kitchen all morning.

DAN TANITA had a nice presentation to make. Our club framed some posters celebrating Black History for Coronado Elementary School. School principal Bill Henderson was on hand to accept the posters. He said they help foster self-esteem and are excellent motivators for the kids.

BILL WAHBEH is rounding the far turn and heading into the stretch in recruiting people to go to the District Conference in Sacramento. Our goal is 15 members and we've got 10 or 11. Think about it, think about it, call BILL.

"Hanging Judge" GARRETT GRANT had a slack rope Friday. It was \$5 for pinless members and anyone who's still getting burned on that one has too much money. ERLE BROWN

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- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned?

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and BILL REID were celebrating birthdays. ERLE had a dollar a year for however many years he's been around and BILL had \$100 for the Foundation.

DARROL DAVIS had a report on the current issue of the Rotary Magazine and believe it or not he says he found a lawyer joke in there.

GARRETT introduced our quest speaker for the day, Chris Unkel, the director of the Wetlands Program for the California Nature Conservancy. He said the Nature Conservancy has tried to steer clear of some of the legislative and litigation controversy of some other environmental organizations. They have instead concentrated on putting together sometimes unusual coalitions of groups with the goal of restoring wetland habitats so that wildlife can survive and thrive. They do this by purchasing appropriate parcels of land. And they do that by raising lots of money, something Chris said they've become rather adept at. They work with foundations, businesses and philanthropists.

California wetlands have shrunk from about 4 million acres to about 300,000, he said. But the picture's not all bad; they've had some success stories. One is at the Cosumnes River Preserve, an area in the Delta that has been purchased, restored and is now supporting growing numbers of waterfowl. An interesting part of that story is that the preserve is a joint venture of the Nature Conservancy and Ducks Unlimited, a sportsman's group. What happened at Cosumnes River was a kind of self-fulfilling cycle, he said. Because the conditions are better at Cosumnes, the birds are healthier when they leave, they then are in better condition to propagate and that means more ducks.

DON HARDISON and TIM THOMASON won the raffle.

THOUGHT FOR THE WEEK

Throw a party. Support wildlife.

> JIM BEAVER Editor

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"Service

Weekly Publication of the Rotary Club of Richmond, California

PROGRAM FOR FRIDAY, MARCH 8, 1991

"Private and Public Partnerships in Wetland Protection"

WILLIAM C. (CHRIS) UNKEL

Our speaker this week will be Chris Unkel who has been director of the Wetlands Program for the California Nature Conservancy since 1989.

Chris has lived in the Sacramento area since 1983. During this time he was an Ecologist for a Sacramento environmental consulting firm for 2 years; Planner, Sacramento County Planning Dept., 1 year; Legislative Committee Member, State Assembly, 6 years; Wildlife Biologist, U.S. Forest Service, 2 years; and Program Director, California Department of Fish and Game for 4 years.

Majoring in Wildlife Biology he earned his BS at the University of Montana (1969); MS from Colorado State University (1978) and PhD in 1983, also from Colorado State University.

Chairman of the Day: GARRETT GRANT

#### LAST WEEK

It was a blustery day on the old mountain top last Friday but PRESIDENT TOM BUTT had a warm welcome for everyone. He also filled in with a thought for the day on the subject that was on everyone's mind - the end of the Gulf War.

TARNI HOOPS introduced a fine collection of visitors and guests. We had a visitor or two from the Pinole Rotary. DARROL DAVIS brought Marijean and BESSIE DREIBELBIS was pleased to introduce the newest member of the Bay Municipal Court bench, Judge Harlan Grossman. BILL WAHBEH had news about the upcoming District Conference in Sacramento which will be held April 25-28. We're trying to get 15 people from our club to attend. The first day or two is mostly set aside for fun and games so there's some leeway if you don't think you can handle all four days. Saturday and Sunday are when the business takes place. See BILL if you're interested.

GARRETT GRANT was a hanging fool, starting off with DON LAU who was celebrating an anniversary and donated \$50 in absentia. KUMAR BELUR was celebrating a happy 49th birthday and had \$100 for his Paul Harris Fellowship. JIM SCOTT and BILL SHIELDS were birthday twins and so it was time for a Happy Birthday singa-long.

JOE NUSBAUM had the pleasure of presenting a special certificate to WES SEAPY for his endowment to the Rotary Foundation.

Our program for the day was a delightful change of pace consisting of a set of Indian Classical Dances performed by Priya Darshini Giri, a sophomore at Miramonte High School. Priya has studied Indian dancing since she was eight years old. She is a student of Katherine and K.P. Kunhiramans who operate an Indian dance school in the Bay Area. They were both on hand for the program and Katherine gave a running commentary on the dances and a little bit of the history of this form of Indian dance. The dance form, called Bharathanatyam, traces its roots back 2000 years when it was performed in the ancient Hindu temples in rituals to purify and sanctify the temples. Gradually it became more of a performance and entertain-

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ment form of dance that was used to protect the king and his court. During the British colonial years the dance form fell out of favor and was looked down upon as a dance practiced only by the lower castes.

The dance form was rescued about 50-60 years ago by a woman of an upper class caste who brought it back and performed it. Now it is the dominant dance form in the country and performed by many castes.

The dances themselves were highly expressive with lots of hand, foot and facial movements employed to tell the story. Priya showed a great deat of athletic ability during the performance as she gave her feet a pretty good workout with all the stomping and movement. Katherine said it takes about eight years to reach this level of skill.

TARNI HOOPS and DAVE KUCHENTHAL won the raffle. CHARLIE WONG won free lunch for the month.

#### THOUGHT FOR THE WEEK

Few things are harder to put up with than a good example.

> JIM BEAVER Editor

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PROGRAM FOR FRIDAY, MARCH 22, 1991

"The Electron Storage Ring -Its Technologies and Its Purpose"

Dr. Richard Sah Vice President-Technology Development Brobeck Division of Maxwell Laboratories

The Brobeck Division of Maxwell Laboratories, Inc. designs and manufactures particle accelerators and other related scientific equipment.

Brobeck's staff of scientists, engineers and technicians have designed and are currently building an electron storage ring for Louisiana State University. LSU will use the storage ring for advanced materials research. This research facility will have a major impact on the production of the next generation of microchips. Dr. Richard Sah, Vice President-Technology Development, will provide a presentation on "The Electron Storage Ring-Its Technologies and Its Purpose".

Dr. Sah is a graduate of Swathmore College and Harvard University and has 21 years experience in the field of physics and accelerators. Dr. Sah has worked at the Lawrence Berkeley Laboratory, Stanford Linear Accelerator Center, U.S. Department of Energy and the Superconducting Super Collider Laboratory in Texas.

The Brobeck Division extends an offer to all members of the club to tour their facility at 4905 Central Avenue, Richmond, on April 4, 1991 at 4:30 p.m.

Chairperson of the Day: STEVE DUNN

\* \* \* \* \* \* \*

#### LAST WEEK

PRESIDENT TOM BUTT had a hearty "Hi how are ya" and led the pledge to the flag. GEORGE WACKER had a thought for the day from George Burns no less.

TOM McGOWAN introduced our guest and visitors who included visiting Rotarian Dick Cotter from Oakland. PETE BRAY had a St. Paddy's Day joke about beans and was ready with his fine almost before he finished.

HANGING JUDGE GARRETT GRANT was away without leave and was convicted in absentia, penalty to be meted out Friday. Ouch. EVERDANGEROUS DOUG STRAUS filled in capably, knocking off PETE and DAN READY for St. Paddy's Day advertising. EARNIE CLEMENTS and CHARLIE WONG (how was the parade?) had the misfortune of finding themselves mentioned in the newspaper and were out a few bucks apiece. Then DOUG got a little testy and, playing off GARRETT's old stand-by, fined everyone who WAS wearing a pin \$2. He made it voluntary in the face of a potential insurrection.

HENRY KELMAN was celebrating an anniversary and had a \$50 recognition. LESLIE LEVY was hobbling somewhat and DOUG thought it was worth some money that she didn't have a good story. Things got a little wacky and DOUG beat it back to his seat.

JIM SCOTT and CHARLIE FENDER each received a Rotary Foundation certificate for contributing \$1,000 to the PolioPlus campaign. Congratulations.

TOM McGOWN gave his Who Am I speech. He comes from up in Eureka and graduated from Humboldt State. Tom went to work for Dean Witter after college and then moved to E.F. Hutton in Walnut Creek. Now he runs his own firm in Point Richmond. TOM says he's learned from his years in the brokerage business that you should be earning seven or eight percent on your no risk investments and 12 to 15 percent on your risk investments and if you think you can make more you're crazy. Where was he when that guy was selling me the tin mine shares? TOM lives in Point Richmond with several of his four children. He put in a good word for annual physical check-ups and the upcoming (May 9) Point Richmond Stroll. Welcome to the club.

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MARIE CONTRERAS introduced our guests for the day, a group of teachers who are part of Project Seed, a mathematics project that is currently available to students at Verde and Peres elementary schools, among other places around the country. JOANNE BLUM led the presentation helped by mathmeticians, engineers and scientists who use an interactive method to teach advanced math concepts to kids who are having trouble grasping some of the basics. Joanne plunged right in to a demonstration of how the program works beginning with the way algebraic principles are taught. Basically, the system works by getting the kids to participate in discovering the principles, rather than by telling them. Joanne said the program, which supplements the regular classroom instruction, has shown an impact on test scores. She said the best way a parent can help children with math homework is by having the kids explain what they've learned. Project Seed is a national program that uses various funding sources. The Project in the Richmond schools is being funded by Chevron and the City of Richmond. Thanks to HENRY we all learned what 2 to the 0 power equals.

The Raffle Chief and the Flywheel Editor won the raffle.

#### BOARD MEETING

There will be Board of Directors Meeting this Thursday, March 21, 1991, 7:30 AM, in the Conference Room of the PG&E Service Center. All officers and directors are urged to attend and members are welcome.

#### THOUGHT FOR THE WEEK

I was thrown out of school for cheating on the metaphysics exam. I looked into the soul of the boy sitting next to me.

-Woody Allen

JIM BEAVER Editor

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	Children to			Children to				Children to	
	receive polio	U.S.	r	eceive polio	U.S.			receive polio	U.S.
Country Projects (96)	<u>protection</u>	<u>dollars</u>		protection	<u>dollars</u>			protection	<u>dollars</u>
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2. Angola	5,522,000	982,300	35. Guinea-Bissau	318,000	63,500	6/.	People's Republ	ic	. <b>.</b>
3. Antigua & Barbuda	2,183,000	757,000	36. Guinea	2,349,000	500,000		of China		15,899,000
_	6,000	10,000	37. Guyana	146,000	83,000		Peru	8,500,000	1,579,800
4. Argentina	9,700,000	2,048,000	38. Haiti	3,636,000	1,172,200		Philippines	14,952,000	2,914,250
5. Bangladesh	30,077,000	7,238,500	39. Honduras	6,317,000	1,665,900		Rwanda	2,550,000	630,000
6. Belize	59,000	76,600	40. India	95,000,000	20,600,854	71.	Saint Lucia	20,000	66,000
7. Benin	1,260,000	270,000	IndiaTamil Nad		2,622,500		Saint Vincent	20,000	19,000
8. Bolivia	2,900,000	677,000	41. Indonesia	36,425,000	9,072,000	73.	Senegal	1,250,000	219,000
9. Botswana	282,000	85,000	42. Jamaica	617,000	109,000	74.	Sierra Leone	1,000,000	190,350
10. Brazil	25,000,000	6,274,000	43. Jordan	1,159,000	380,000	75.	Solomon Islands		20,000
ll. Burkina Faso	1,660,000	410,000	44. Kenya	6,700,000	2,024,500	76.	Somalia	1,128,000	305,000
12. Burundi	1,800,000	480,000	45. Laos	345,000	289,000	77.	Sri Lanka	2,000,000	500,000
13. Cameroun	2,850,000	620,000	46. Lebanon	810,000	175,000	78.	Sudan	1,200,000	236,000
14. Central African Rep	ublic 978,000	327,000	47. Lesotho	320,000	116,000	79.	Swaziland	250,000	55,000
15. Chad	1,250,000	325,000	48. Liberia	1,156,000	348,800	80.	Tanzania	9,900,000	1,806,000
16. Chile	3,653,000	677,000	49. Madagascar ˈ	2,700,000	640,000		Thailand	3,317,000	1,018,000
17. Colombia	11,238,000	2,588,960	50. Malawi	4,271,000	1,160,700		Togo	1,195,000	229,000
18. Comoros	141,000	33,000	51. Mali	2,950,000	810,000		Trinidad & Toba		57,000
19. Congo	1,023,000	245,000	52. Mauritania	544,000	311,500		Tunisia	1,266,000	464,200
20. Costa Rica	1,185,000	207,000	53. Mauritius	100,000	36,000		Turkey	16,638,000	2,714,000
21. Cote d'Ivoire	3,256,000	860,000	54. Mexico	48,796,000	8,000,600		Tuvalu	2,000	2,000
22. Dominica	10,000	9,000	55. Morocco	9,750,000	2,346,600		Uganda	6,762,000	1,151,000
23. Dominican Republic	1,130,000	251,100	56. Myanmar	5,000,000	1,215,000		Uruguay	1,675,000	291,000
24. Ecuador	3,760,000	642,400	57. Namibia	408,000	136,500		Vanuatu	18,000	7,000
25. Egypt	10,150,000	2,560,000	58. Nepal	4,516,000	945,000		Venezuela	1,546,000	980,000
26. El Salvador	3,811,000	982,500	59. Nicaragua	3,155,000	961,000		Vietnam	8,000,000	3,630,000
27. Ethiopia	5,677,000	2,000,000	60. Niger	769,000	286,800		Western Samoa	34,000	12,000
28. Fiji	118,000	39,000	61. Nigeria	31,703,000	8,912,729		Yemen	34,000	12,000
29. Gabon	292,000	123,200	62. Oman	462,000	147,500	,,,,	(Former Arab Re	p) 847,000	281,400
30. Gambia	200,000	50,500	63. Pakistan	16,000,000	4,370,000		(Former People's		•
31. Gazankulu (South Af		44,500	64. Panama	400,000	712,000	9/	Zaire	•	210,000
32. Ghana	4,141,000	1,683,675	65. Papua New Guinea	·	325,000		Zante	8,125,000	1,760,000
33. Grenada	15,000	10,000	66. Paraguay					4,800,000	1,056,000
34. Guatemala	4,826,000	1,373,300	oo. rataguay	2,429,000	664,000	90.	Zimbabwe	1,902,000	1,000,000
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PROGRAM FOR FRIDAY, MARCH 29, 1991

"Financing Healthcare in the 1990s"

BARRY WOERMAN

Barry Woerman, President and CEO of Brookside Hospital, will discuss the state of healthcare financing in the nation, the state of California and here in West County.

Barry was named to his present post in May of 1989. Prior to that he was senior vice president for hospital operations at the hospital. He also served as vice president at Santa Rosa Memorial Hospital from 1976 to 1986.

He is a graduate of the University of Cincinnati and received his Master of Health Administration from Xavier University in Cincinnati.

Barry is a member of the San Pablo Rotary Club.

Chairman of the Day: JIM BEAVER

\* \* \* \* \* \* \*

#### LAST WEEK

PRESIDENT TOM BUTT welcomed one and all to Friday's fest and led the pledge to the flag. HANK COVELL had a thought for the day, to wit: If you're not the lead dog, the view never changes. Full marks.

Guests included a group of Kennedy High students about whom more later. JOE NUSBAUM brought Maria Ponce, a sophomore at Richmond High who was his job shadow for the day. We were able to learn a little more about what retirees do with job shadows.

TOM gave a quiz based on the PolioPlus insert in last week's Flywheel. We passed. Because TOM and DON HARDISON were celebrating birthdays in the immediate future, TOM took the liberty of declaring it Architect's Day at the Richmond Rotary.

BOB ARAGO needs four more people to volunteer for the job shadow program in order to get us through the year. JIM BEAVER put out the word on an upcoming Chili Cookoff fundraiser. If we can field a team we can go head-to-head with the San Pablo Rotary which has already got a team. The event is April 27; see JIM if you know from chili. WIN BOWMAN still needs some candidates for the scholarship program.

Before the Hanging Judge could take over, TOM reminded him that he'd been AWOL last week and asked for an interim judge to pronounce sentence. LEM WASHINGTON, in some fiendish lawyer-type manuever, got the job, and then suspended the sentence. GARRETT fined himself \$20. JUDY MORGAN, DUANE MERRILL and DON HARDISON were all recognized for birthdays and pinless people were out the usual \$5.

DAN TANITA introduced the group of Kennedy students who are involved in a fine program. They are 11th and 12th graders who have pledged to remain drug and alcohol free. They have also undergone 40 hours of training which allows them to go into the junior high schools to talk with and counsel 7th and 8th graders. Students in those grades have been shown to be the most susceptible to peer pressure to try alcohol and drugs. Studies

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have also shown that those students are sometimes more willing to listen to teens a little older than themselves than to adults. Anyway, it sounded like a pretty good program and the Kennedy students were an outstanding group. We pitched in with a check for \$250 to help the program.

TOM McGOWAN received his blue badge and a welcome to the Richmond Rotary. TOM BUTT had another reminder about the upcoming District Conference which is held April 25-28. We're closing in on the magic 15 member goal so see BILL WAHBEH if you can make it. Remember, you don't have to go for all four days.

Our guest speaker for the day was Dr. Richard Sah, the vice president of technology development for Maxwell Laboratories in Richmond. Those of you who were there will appreciate the fact that I will do my best to summarize his remarks. Much of it was a refresher course and updating of our knowledge Maxwell Labs manufactures of particle physics. electron storage rings. These are able to store electrons for a relatively long period (up to 12 hours) and then release them in a strong beam which can be used in various experiments and applications. The company is presently building a large ring for Louisiana State University and is on the

verge of a large sale to Japan. Electromagnetic radiation is used in many areas including biology, chemistry, earth sciences, physics, environmental sciences and mechanical engineering. Dr. Sah also had some remarkable pictures of a motor that was not much bigger around than a human hair.

ELOF GRANBERG and JOE NUSBAUM won the raffle.

#### THOUGHT FOR THE WEEK

For people who like peace and quiet; a phoneless cord.

> JIM BEAVER Editor

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FIRST CLASS

A Weekly Publication of the Rotary Club of Richmond, California

### PROGRAM FOR FRIDAY, APRIL 5, 1991

"The Affordability of Auto Insurance

CAROLYN D. LONG C.L.U., ChFC Agency Account Manager

Our speaker, Carolyn Long, will speak to the following questions:

- " What are the factors driving up personal rates?
- What does the insurance industry advocate to contain rates?
- " What can the individual do to reduce personal auto insurance rates?

Chairman of the Day: DAVID SMITH

#### PROGRAM FOR FRIDAY, APRIL 12, 1991

THE WELLNESS COMMUNITY "A Support Center for Cancer Patients"

> SHANNON McGOWAN M.A., M.F.C.C.

#### LAST WEEK

PRESIDENT TOM BUTT welcomed everyone to the Friday's session and it was a warm spring fever kind of day. DAVE ALMEIDA picked up on that strain with a thought for the day with a springtime theme.

Our visiting Rotarians included Harold Jackson of Walla Walla, Nick Thode of Lafayette and Barry Woerman, our guest speaker from San Pablo. Guests included Brooke Wang, a senior at De Anza School who was JUDY MORGAN's guest.

TOM put in a plug for the Rotary Scholarship Program which is still looking for eligible students. We need college undergrads who are finishing up their studies or graduate students. It would be an honor for our club to find someone who fulfills the requirements. So give it some thought, see who you know and talk to WIN BOWMAN. DOUG STRAUS had an announcement about the upcoming Richmond Unified Education Fund awards dinner. The dinner honors teachers who through special effort and skills have made a difference in children's lives. It can be an inspirational evening. The dinner is being held April 26. See DOUG for tickets - \$30 apiece.

TOM McGOWAN has opened his home to a member of the Group Study Exchange team. He's got some entertainment planned for the group including a sail on the Bay. His problem is that he can't fit everyone on his boat. So if you've got a sail boat and would like to join in this pleasant afternoon of sailing, please talk to him.

"Hanging Judge" GARRETT GRANT ascended to the podium and whacked RUSS SCHULZE for a comment he made to JUDY about docs making more money than travel agents. A \$5 fine for indirect advertising. Our woeful pinless members were \$5 lighter also. DAVE ALMEIDA, DEAN BARBIERI and FRANK CORTESE were celebrating birthdays this month. DAVE had \$100 toward his wife's Paul Harris Fellowship and another \$100 for equally worthy cause. DEAN and FRANK were generous as well. Our Stanford grads could hardly contain themselves over their alma mater's victory in the NIT

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basketball tournament. So GARRETT let them all stand up and pay \$10 to smile. Who was that who pointed out that this made them the 65th best team in the country? Then an ominous development --- GARRETT put on his court robe. Seems TOM BUTT's birthday warranted special treatment. TOM pointed out that he declared the previous Friday Architects Day after himself and DON HARDISON, who received birthday recognitions last week. DON gave \$100 so TOM, who turned 47, put it to him with a donation of \$100.47 to the community fund.

STEVE DUNN received his blue Rotary badge and a round of applause to welcome him to the club. "Sweet Old" BILL SHIELDS was honored with a certificate from Rotary International for hitting the \$1000 mark in his donations to PolioPlus. "I,m starting a fundraiser of my own now," he said. TED SMITH suggested that GARRETT be fined for not noticing that TED's company had received a finable mention in the paper. TOM obliged by dinging them both.

Our guest speaker for the day was Barry Woerman, the president and CEO of Brookside Hospital. He discussed the history, the present situation and the future of healthcare and healthcare costs. When the federal government began the Medicare and MediCal

programs in the 1960s it had little idea how much they were going to cost. The government failed to take into account rising healthcare costs and the increasing lifespan of the average American. Now those government programs have ballooned into huge costs that we're going to have to deal with somehow. Barry pointed out that of all the dollars we spend in our lifetimes on healthcare, 90 percent is spent in the last two months. We have an incredible technological medical system that is being used to extend life. question is how much can we afford to pay to extend it? Several states and numerous countries have started to cut those costs by rationing healthcare. Hard choices have to be made under those systems as to who gets treated and under what circumstances. Rationing asks questions such as is it worth it to give prenatal care to 30 young women at the expense of a liver transplant for someone else? As we head toward managed health care, more of the choices we take for granted will be taken away from us, he said.

DARROL DAVIS and BILL REID won the raffle and LEN COX won free lunches for April.

#### THOUGHT FOR THE WEEK

Bed is the poor man's opera.

JIM BEAVER Editor

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FIRST CLASS



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PROGRAM FOR FRIDAY, APRIL 12, 1991



"A SUPPORT CENTER FOR CANCER PATIENTS"

SHANNON McGOWAN M.A., M.F.C.C.

Shannon McGown is a licensed psychotherapist, certified in hypnotherapy, and a recovered cancer patient. Shannon has worked with individuals, couples, families and groups coping with chronic & degenernative illnesses since 1981. She has led the free cancer support drop-in group at John Muir Hospital, as well as three other groups for the American Cancer Soceity. Shannon is the 1988 and 1989-90 recipient of the Contra Costa County American Cancer Society's "Service to Patients" award, as well as the Quality of Life Award for 1989.

The co-founder and former Program Director of the first Wellness Community in Los Angeles, Shannon spearheaded the efforts to establish a Wellness Community in Contra Costa County. She is now Executive Director/Program Director of the San Francisco East Bay facility located in Walnut Creek, which offers free educational, psychological and social support to individuals and their families as they fight cancer together.

Shannon's talk this Friday will include:

- 1) The "60 Minutes" videotape of history about the Wellness Community.
- 2) Their program and how it benefits patients.
- 3) Introduce Dr. Ralph Filice, cancer victor & former President of Moraga Rotary, who will share his personal experience.
- 4) How people can help.

Chairman of the Day: TOM McGOWAN

#### LAST WEEK

PRESIDENT TOM BUTT welcomed everyone to the "Friendly Richmond Rotary Club" on another spring fever day. OSCAR LUGO gave us an inspirational message and TARNI HOOPS had the duty of introducing visiting Rotarians and guests. No visitors, but PRES. TOM brought Rick Phillips and ELOF GRANBERG had Marian Erickson with him.

A batter of announcements followed. First up: BILL WAHBEH regarding the District Conference meeting on April 26, 27 & 28 in Davis, CA. We have 12 members signed up so far; we would like to have 15 attend.

WIN BOWMAN reminded us of the April 20 Rotary Foundation Reunion Dinner. It will be at Rossmoor; see WIN for details.

TOM McGOWAN is hosting one of the Group Study Exchange participants from Brazil and is looking to take him out on the Bay. anyone knows of access to a sailboat, a motor boat, or a dinghy that holds 5, please let TOM know.

PETE BRAY made up in Pinole and was asked to remind us about the Pinole Rotary Club's upcoming golf tournament. It will be at Boundry Oaks on May 22; cost is \$75 and includes a banquet dinner with prizes. See PETE... we would like to have a foursome represent Richmond.

The Hangin' Judge stepped up and was in a jovial mood (Dangerous DOUG is coming back). The video we recently saw on AIDS, which was produced by the Los Altos Rotary Club, won an award. GEORGE WACKER and LESLIE LEVY were fined \$5 for not knowing, but DAN SANDERS came up with the correct answer of "Peabody Award". GARRETT also attempted to fine non-pin wearers \$5, but then suspended all of the above due to some unknown court holiday.

The fine that did count was the \$100 collected from GRANT CALHOUN. After some controversy regarding his actual birthday (is it April 3 or 4?) we all sang a well deserved "Happy Birthday" to the Admiral.

Chairman of the Day DAVID SMITH then introduced our speaker, Carolyn Long. Carolyn has a reputation of integrity and honesty in an industry that is not always known for

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playing fair. Her topic was auto insurance: Why does it cost so much and what can we do to reduce our premiums. The passage of Proposition 103 in November 1988 was a "wake up call" to the industry. Consumers were fed up with high rates and wanted to let the insurers know it. However, insurance companies are not the sole basis for rising premiums. Carolyn pointed to the cost of auto repair, medical bills and attorneys' fees as examples of elements that increase rates.

Rate rollbacks are not the answer. Auto insurance is not really profitable for insurance companies now; if the rates were rolled back by law, the product would become impossible for them to continue selling. A study by A.M. Best recently showed that for every dollar taken in by an insurance carrier, \$1.08 was paid out in total costs. Adding \$.10 for investment income, the insurance carriers typically make only \$.02 profit for every dollar collected. Aetna alone has lost \$47,000,000 in the last five years on auto insurance in California.

Carolyn detailed seven points that are driving up auto claims: litigation, frequent injuries, high medical costs, drunk drivers, auto repair costs, uninsured motorists, theft & fraud. Fraud is a growing concern as crimes in this area have been increasing sharply over the last few years.

To reduce your own auto premiums, Carolyn recommends talking to agent or broker to make sure you are taking advantage of all discounts offered by companies (multi car, good student, good driver, etc.). Don't get tickets or have accidents as the new rating basis sharply penalizes for these. Raise your deductibles to the maximum you can afford (this can save up to 80% off the physical damage premiums). Drive a practical car (that is, one that is inexpensive to repair). Utilize safety features like air bags and anti-lock brakes, and when you can, carpool.

The raffle was won by JOHN MEDLOCK and REN PARTRIDGE.

#### THOUGHT FOR THE WEEK

It's not what happens to you, but how you react to it.

DAVID SMITH, Acting Editor

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PROGRAM FOR FRIDAY, APRIL 19, 1991

"Voice Power"

#### Speakers:

DR. JOAN KENLEY

MARCY MORRISON

KAREN HUTTON

Dr. Joan Kenley, author of the book Voice Power, and her associates will share information on how to feel confident when making presentations.

> Chairperson of the Day: MARIE CONTRERAS

> > \* \* \* \* \*

#### LAST WEEK

'Twas a full house as PRESIDENT TOM BUTT welcomed us to the ever friendly Richmond Rotary Club high atop the emerald green hills, oh enough already. PETE BRAY had a golfing thought for the day.

TIM THOMASON introduced our visiting Rotarians and guests. At the top of the guest list were a dozen or so Richmond Soroptimists who were on hand for our annual interclub meeting. Visiting Rotarians included Larry Yee from Pinole, John Hoagland from El Cerrito and Barney Kingsbury from Vallejo. We had a host of visitors and even some of our visitors had visitors.

The next to final announcement was made for the Rotary Foundaiton dinner which will be held Saturday, April 20 at Rossmoor. District Conference starts next week (April 25). Individual day fees (excluding meals) are \$10 for Thursday, \$20 for Friday, \$30 for Saturday and \$10 for the Sunday breakfast.

Last Friday saw the return of "Deputy Dawg" DOUG STRAUS who had been out waging legal battles against the forces of evil or whatever it is attorneys do. TIM THOMASON was first up and boy was he in trouble. Not only did he celebrate a recent birthday, but he had a new job and DOUG had heard some wild story about beer chugging in Amsterdam. TIM offered up a portion of his last unemployment check to atone for these various transgressions. HOWARD MARTIN was celebrating a birthday and donated \$2.13 for each of the odd years of his life and that amounted to \$100 and no, I'm not going to try and figure that out. LEM WASHINGTON was celebrating his annual El Double, with a birthday and anniversary just a day apart. The totals were 69 years on one and 7 on the other and LEM had a \$76 donation. FRAN WILSON was celebrating an anniversay and had a nice donation as well. RALPH HILL was celebrating something but apparently he was going to get stuck parking down by the BART station so he passed his check along to DAVE KUCHENTHAL who dutifully presented it to the assembly. DAVE then announced that new member DALE DARLING was renowned for his beer drinking skills at Chico State and, on DALE's behalf, challenged TIM to a contest.

DON HARDISON had the pleasure of introducing, re-introducing actually, TOM MALSBARY who is rejoining the club after being away for a few years. Welcome back.

TOM McGOWAN was our chairman of the day and who better to introduce our guest speaker, Shannon McGowan, TOM's wife. Shannon is a licensed psychotherapist and a recovered cancer patient. She is the co-founder of the Wellness Community, which began in Santa Monica and now has nine centers throughout the country, including one in the East Bay. One in three people will be diagnosed with

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cancer at some time in their lives, she said. The good news is that 50 percent of those diagnosed with the disease will survive. There are currently six million cancer survivors in the United States.

Shannon introduced Dr. Ralph Filice, who has survived a serious bout with cancer. He said he was diagnosed with acute lymphoma and his oncologist told him he should prepare within a day to quit his job and get ready for six months of intensive treatment. The treatment was rough, Ralph said, but he was heartened by the support of his family, his friends and his patients. But after the chemotherapy he went into a severe depression and a friend recommended he see Shannon. She was able to identify with his feelings and tell him they were normal considering what he was going through. He subsequently learned to enjoy his work, his family and each day in a way he never had before.

Shannon said science is learning more and more about the importance of a positive, joyful outlook in helping cure diseases like cancer. Cancer patients are continually being acted upon, their bodies are being irradiated, they're being shot full of chemicals and people are telling them what to do. But the person inside is being ignored. The Wellness Community is a place for the person inside to go for support, laughter and to get control of their lives.

TOM offered to buy a raffle ticket this week for anyone who signs up for a physical with their doctor. Think about it.

CHARLIE FENDER and DON HARDISON won the raffle.

#### BOARD MEETING

There will be a Board of Directors meeting this Thursday, April 18, 1991, at 7:30 a.m. in the Conference Room of the PG&E Service Center. All Board Members and Directors are urged to attend and members are welcome.

#### THOUGHT FOR THE WEEK

"I am a little deaf, a little blind, a little impotent, and on top of this are two or three abominable infirmities, but nothing destroys my hope." -Voltaire

> JIM BEAVER Editor

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FIRST CLASS

A Weekly Publication of the Rotary Club of Richmond, California

#### PROGRAM FOR FRIDAY, APRIL 26, 1991

"The Present Situation in the U.S.S.R."

DR. VLADMIR KRESIN

Dr. Vladmir Kresin is a graduate of Moscow University where he majored in Solid State Physics. He came to to the United States in 1979 and now works at Lawrence Berkeley Lab in Super Conductivity.

Dr. Kresin will share some of his thoughts on "The Present Situation in the U.S.S.R." with us.

Chairman of the Day:

JOE NUSBAUM

\* \* \* \* \* \* \*

#### LAST WEEK

PRESIDENT TOM BUTT had a warm welcome to Friday's get together and LEM WASHINGTON had a thought for the day, or at least some of one.

Our lone visiting Rotarian was Davis Todhunter from Oakland #3. Guests included Elton Ealy, an El Cerrito High junior, who was TOM's job shadow for the day.

TOM had an almost final final word on the Sacramento District Conference which will be held this weekend. Also, the District Governor is looking for some goodies with which to fill the convention goers' bags. If you have any geegaws or whatnot that would be appropriate, see TOM.

JIM SCOTT introduced our newest Rotarian, JOE BAGLEY, JOE received his red badge and a round of applause. Welcome. While he had the mike, JIM delivered himself of an exhortation to pick up the pace on attendance. We've dropped from our previously lofty perch and need to remember those make-ups if we miss a meeting.

"Desperate" DOUG STRAUS hit the podium and honed in on DAN TANITA who was celebrating a birthday and had \$100 for his Paul Harris Fellowship. TARNI HOOPS has a new job opportunity with Chevron Land, the bad news is that it's in San Francisco and she'll be leaving the club. It's a training position and she hopes to someday be back in good old West County and among us again. Ever the gentleman, DOUG took some money from her for her leavetaking. TARNI will be around for a few weeks so be sure to buy her a drink.

JIM SCOTT took a \$5 hit for telling JOE that his "Who Am I" speech should include "how I was born". Too bad, I always wondered about that. DARROL DAVIS failed a pop quiz from this month's Rotarian Magazine. For future reference, this will be the fourth International Conference to be held in Mexico.

MARIE CONTRERAS introduced our guest speakers for the day, Dr. Joan Kenley, Marcy Morrison and Karen Hutton. They coach people on how to speak better, both by improving their voice techniques, and by teaching

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them to relax and give better presentations. Dr. Kenley is a psychiatrist and a former actress. When she was an actress she found that she tensed up so much during auditions that her voice came out too high and cost her jobs. She tried many techniques to bring her voice down and to learn to relax. They had varying degrees of success.

But one day she was on her way to an audition when she inadvertently discovered a technique while leaning against her steering wheel in exhaustion. She kept trying it and it worked. Not only did her voice get to where she wanted it but she felt more relaxed and confident as well. Marcy took us through some relaxation techniques designed to help people get away from their brains which are the center of judgement and therefore are the cause of tension and stress. By focusing on other parts of the body such as the legs and arms, you can relax. Joan Kenley said she became a psychiatrist because as she taught people these techniques about improving their voices and presentations, many things would come up about why they felt tense in the first place. The key, she said, is getting your beathing down lower in your body. The more it's in the chest the more likely you are to be tense.

TARNI HOOPS and JOE BAGLEY get to relax after winning the raffle.

#### THOUGHT FOR THE WEEK

The brain is a wonderful organ. It starts working the moment you get up and doesn't stop until you get to the office.

> JIM BEAVER Editor

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"Service Above

Weekly Publication of the Rotary Club of Richmond, California

PROGRAM FOR FRIDAY, MAY 3, 1991

Annual Inter-City Meeting with Rotary Club of Berkeley at Mira Vista Golf & Country Club

Speaker ALBERT L. GREENE Chief Executive Officer Herrick-Alta Bates Hospital

Topic

"Crisis in the Cost of Delivery of Health Care Services"

> Chairman R. Scott Sherman, Rotary Club of Berkeley

> > \* \* \* \* \* \* \* \* \*

PROGRAM FOR FRIDAY, MAY 10, 1991

"California Maritime Academy"

DOCTOR MARY E. LYONS President

#### LAST WEEK

Our meeting was opened by PRES. TOM with the Pledge of Allegiance. LESLIE LEVY offered a lengthy dissertation on Learning, which was pretty murky even if you were paying attention.

PETE BRAY introduced our guests: TOM BUTT brought Rip Phillips, CHARLIE FENDER brought his better half, LEM WASHINGTON toured with Bob Robinson, and STEVE DUNN did lunch with Francis Uecker (does Bob know?).

"Sunshine" DAVE KUCHENTHAL informed us that our own CARL REHFUSS Had suffered a fall at home, and though injured was recuperating. Please take the time to write or call CARL to help speed him on the road to recovery.

BILL WAHBEH was up next to call attention to the Household Hazardous Waste day at Hilltop. Saturday, May 18th is the day, 3260 Blume Drive is the place. Items you may want to bring are all your old paint, vehicle anti-freeze, used motor oil, pesticides, etc.

Without going into the heavy dialog or the personalities involved, the next item was one that included philosophy, controversy, politics, all the things that help you to digest your lunch better. CHARLIE FENDER offered up a letter that TOM BUTT read and asked those present who felt so inclined to sign...to do so. However, since it involved all the above, the plot thickened, sort of like the proverbial squishy stuff underfoot.... Anyway, the letter was circulated after much debate on its appropriateness.

DOUG "Stick-it-to'em" STRAUS went to work getting a fiver from fellow Barrister "Mean" DEAN BARBIERBI (no mean feat), a sawbuck from TOM BUTT and \$50 from WALT ZERA for the old "double endamnity".

Our guest speaker was Dr. Vladmir Kresin, introduced by JOE NUSBUAM. Dr. Kresin began by saying that he wished he could be more optimistic about the Russia of the future, but said that he could not be. He readily admitted as to the historical significance of Mikhail Gorbachev, but as to what that significance will be, only history will be able to decide. Gorbachev has remained popular abroad, but has fallen into deep disfavor in his own country. The misery of everyday life in Russia, depicted not only on television news and in newsprint but also in fictional works, has become markedly worse in the last six years; the Corby years. On his next trip back to Russia, Dr. Kresin plans to bring a number of pairs of shoes. No, not exotics like the Nike Air or Reebok Pump, just shoes. He says that even necessities such as this have become the delicacies of Soviet shoppers.

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With the advent of such Russian phenomena as Glasnost (openness) and Perestroika (Reconstruction), about the only thing that has changed is the amount of bad news that has gone out to the West!

One of the main problems and frustrations of the Russian political system is that there is no system of grievance, no way, no mechanism to remove people from office; hence, the unresponsiveness of those in office.

But with a more open format of the news disseminating venues, the Military crisis in the Baltic was cut short when the very Westsensitive Gorbachev lost favor over here because of reports of violence on the part of Government forces.

Dr. Kresin went on to differentiate the vast chasm between Soviet and American scientists. Applied Science, or Technology, is almost the exclusive domain of private enterprise here in the U.S.; while Russia has next to no commercial technology whatsoever. On the other hand, nearly all Basic Science here is Government funded or subsidized, while in Russia, it is purely the domain of the privateer. Russia has nearly twice the scientists that we have, and most of them have the ear of their government, contracted with U.S. scientists that are largely disregarded. At the bottom of the Russian "food-chain" are, ready for this; Doctors! The medical profession is looked upon basically as a service, and those in the field are just technicians.

On the subject of education, Dr. Kresin gave us highest marks in higher education. He said that our post-secondary schools are of the highest International caliber. However, our Elementary and High Schools languish far behind most other Western nations including Russia. In his own field, Physics, he stated that 70% of American High Schools do not even offer Physics; and this goes for other "hard sciences" as well.

Wanting to end on a positive note, Dr. Kresin said that if for no other reason, the United States was the greatest nation that the world has ever seen due to the system of democracy in which we all are free to participate.

The raffle was won by DENNIS EDMONDSON and DALE DARLING. Free lunch for May goes to TOM MALSBARY (welcome back!).

All kidding aside, let's hope that an equitable solution can be found to the Richmond Schools crisis. To hold parents, students and teachers hostage over the inappropriate actions of a few, and the inattentiveness of a few more is not right, not fair, and perhaps not even legal.

> DAVID ALMEIDA Acting Editor

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FIRST CLASS



"Service Above Self"

Weekly Publication of the Rotary Club of Richmond, California

PROGRAM FOR FRIDAY, MAY 10, 1991



"California Maritime Academy's Testimony to Service Above Self"

DOCTOR MARY E. LYONS

Doctor Mary E. Lyons is a graduate of California State College of Sonoma and earned her Masters of Arts degree in English from San Jose State University and her Doctorate in

Rhetoric from U.C. Berkeley.

Prior to assuming the Presidency of the California Maritime Academy in 1990, Doctor Lyons served as the Academic Dean and Professor of Rhetoric and Homiletics at the Franciscan School of Theology, Graduate Theological Union in Berkeley. She also held academic positions at UC Berkeley, San Jose State University, Ohlone College in Fremont and West Valley College in

In addition to her academic career, Doctor Lyons has been active in the U.S. Naval Reserve. During her active service she served as instructor in the Navy's BOOST Program and following was assigned as Personnel Officer to Patrol Squadron 31. Since leaving active duty, she has remained active in the Naval Reserve Program moving up the ladder of responsibility and accountability with multiple assignments in training, communications, management and with components of the Military Sealift Command. She is currently a Commander in the Naval Reserve and is assigned as the Commanding Officer of the Naval Reserve component of the Naval Technical Training Center at San Francisco.

Her military decorations include the Navy Commendation Medal, the Navy Achievement Medal, The National defense Medal and the Armed Forces Reserve Medal.

Chairman of the Day: JOE NUSBAUM -Spouses InvitedPROGRAM FOR FRIDAY, MAY 17, 1991

#### "Oldtimers Day"

There will be a slide presentation of early day members and activities of the club as well as some memorabilia you will find of interest but mostly you won't want to miss the opportunity to renew old friendships. A group picture will be taken at the end of the meeting so plan to be included in it.

#### LAST WEEK

The program was brought by Berkeley Rotary and introduced by Scott Sherman. "Our nation's health care system is in deep guacamole," declared Scott. With that he introduced our speaker, Albert Green, who recently left a hospital administrator's career in the Detroit/Milwaukee area.

Lee Iacocca was on his board of directors in Detroit, and Iacocca reports that Chrysler Corporation spends more on health care than they do on steel. Medical insurance for the employees is the single largest expense in making a Chrysler automobile.

There are several factors driving health care costs up; in Albert's mind the main ones are our aging population and our self abusive lifestyles in the U.S. For example, Medicare was introduced in 1966 to provide health benefits for people over 65. Back then, they projected the costs in 1990 to be \$8 billion. The actual cost was \$95 billion. People over 85 years old is the fastest growing segment of our population. However, even though they make up 11% of the population today, they represent 36% of national health care costs.

Albert contends that our lifestyle is the most affluent and self abusive in the world. Children ages 5-8 were tested in San Francisco last year, and 40% already showed risk of heart disease. Teenagers in Berkeley were tested, and only 35% passed the basic fitness

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LAST WEEK (con'd)

test. Only 8% of adults in America exercise 20 minutes a day three times a week. Lastly, we spend only 1% of our health care money on education.

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- 2. Standardize our insurance system. (Common benefits, common forms) Perhaps the most compelling statistic Albert gave was this: There are 330 patients in Alta Bates Hospital today... there are 350 people in their billing office.
- 3. Get a living will. On the average, 50% of the money spent on your personal health care will be in the last 30 days of your life.
- 4. Cut your health risks (exercise, quit smoking).
- 5. Use the emergency room only for emergencies.
- 6. Give your physician all the relevant information needed in order to avoid unnecessary tests.

Our health care system is the best in the world, but we are loving it to death.

The raffle was won by DAVE CALFEE and  $\operatorname{BILL}$  WAHBEH.

DAVID SMITH ACting Editor

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"Service Above

Weekly Publication of the Rotary Club of Richmond, California

PROGRAM FOR FRIDAY, MAY 17, 1991

#### "OLDTIMERS DAY"

Former long-time members of Richmond Rotary and widows of Rotarians have been invited for this special occasion and spouses of all Rotarians are also welcome.

There will be a slide presentation of early day members and activities of the club as well as some memorabilia you will find of interest, but mostly, you won't want to miss the opportunity to renew old friendships. A group picture will be taken at the end of the meeting so plan to be included in

Past President DARROL DAVIS will be Chairman of the Day and Past President DAN READY will be Master of Ceremonies. A couple of the other past presidents will probably get into the act as well.

-SPOUSES INVITED-

Chairman of the Day DARROL DAVIS

#### LAST WEEK

PRESIDENT TOM welcomed everyone and led the pledge to the flag on one of those Bay Area days when you reach right out the window of the Mira Vista clubhouse and grab a San Francisco skyscraper. TIM THOMASON had an appropriate Mother's Day thought for the day.

Our visiting Rotarian was Dick Catler from Oakland #3. Guests included Dorothy Calhoun, the Admiral's good friend, and Toya Shumake, a Pinole Valley High junior who was RUSS SCHULZE's job shadow.

Richmond Rotary received an award at the District Conference and TOM called forward several of the people who helped us win it. LESLIE LEVY, JOE NUSBAUM, TIM THOMASON, JIM SCOTT and SAM SARKISSIAN were among the people who helped bring us the Club Recognition Award for International Service for 1990-91. Our participation in the youth exchange went a long ways toward helping garner the award.

The Board of Directors' meetings will be moving from PG&E to the Pt. Marina Inn.

LESLIE LEVY was handling recognitions and started with DAVID KUCHENTHAL who was celebrating an anniversary. He had \$100 toward his Paul Harris. CHARLIE PEICK received a standing version of Happy Birthday on the occasion of his 75th. LLOYD HENRY pitched in with his 53rd. DALE DARLING was not celebrating so SCOTT had to pony up for passing bad information. He claimed he wrote it down the military way, OK. . .

HANK COVELL found himself in the TV spotlight during some news segment on the Richmond schools. He gladly forked over \$20.

DARROL DAVIS was up next with a Rotarian Magazine quiz, but first he reminded everyone that this week is Oldtimers Day. We'll be taking a picture and spouses are invited. For lunch, not the picture. So apparently the good old Rotarian mislabeled a picture and got Kentucky mixed up with Kansas. Somehow that ended up costing LEN COX \$5. EARNIE CLEMENTS had a dead-on stellar answer about the April cover. DARROL said to watch the forthcoming issue as it will have an explana-

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LAST WEEK (cont'd)

tion of LEM WASHINGTON's Tast thought for the JUDY COLEMAN put \$5 in the pot to thank DARROL for consistently using the term "Spouse".

Our guest speaker for the day was Dr. Mary Lyons, the president of the California Maritime Academy in Vallejo. The Academy is a state school, somewhat like the state colleges, but with a special focus on maritime service. It was founded in 1929. The Academy is a civilian school, students pay their own tuition, but it has a quasi-military regimen. Students learn not only how to be mates and masters, but also about the nuts and bolts of how to fix mechanical problems and troubleshoot.

The Academy places 100 percent of its students, an indication that industry is in need of well-trained shipboard personnel. Recently, a group of students completed their first-ever training cruise that took them through the Straits of Magellan. The Academy presently has more qualified applicants than it has space for, but that is a recent phenomenon.

JIM SCOTT and LESLIE LEVY won the raffle.

#### BOARD OF DIRECTORS MEETING

There will be a Board of Directors meeting on Thursday, May 16, 1991, at 7:30 AM POINT MARINA INN. at a new location: All officers and directors are urged to attend and members are welcome.

#### THOUGHT FOR THE WEEK

No matter how old a mother is, she watches her middle-aged children for signs of improvement.

> JIM BEAVER Editor

#### IN MEMORIAM

It is with sorrow that we inform you of the passing last Sunday of Elizabeth Rehfuss, wife of Past District Governor CARL REHFUSS.

Services will be held on May 17, 1991, 11 AM at Wilson & Kratzer Mortuary, 24th & Macdonald, Richmond, California.

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Weekly Publication of the Rotary Club of Richmond, California

PROGRAM FOR FRIDAY, MAY 24, 1991

"Biological Implications of Electrical Energy"

DR. D.V. GIRI

With the widespread use of electrical energy (e.g., power lines, appliances, microwaves, X-rays, etc.), it has become necessary to understand the biological implications. Many research studies at cell level, epidemeological investigations, and animal studies are on-going. Some of the highlights from various studies will be presented, while noting that it is a complicated science and the jury is still out on many issues.

ABOUT THE SPEAKER-Dr. Giri was born in India and came to the U.S. as a graduate student in 1969 and received his doctoral degree in Applied Physics from Harvard University in 1975. He has taught Microwave Engineering and Fiber Optic Communication Engineering at U.C. Berkeley as a visiting professor. He is now a consulting scientist doing research and developmental work for the U.S. Department of Defense, and industry. He livesin Orinda with his wife Vasanta and children Priya (15 years) and Rohit (10 years).

Chairman of the Day: DR. KUMAR BELUR

#### LAST WEEK

PRES. TOM BUTT welcomed all in attendance at this sunshiny "Oldtimers" Day and led us in the Pledge of Allegiance.

KUMAR BELUR provided the Thought for the Day, concerning the Four-Way-Test, with a piece from the Mahatma Ghandi to the effect that the truth must be nurtured to grow and spread...

A moment of silence was observed to honor the passing of a truly great lady, Elizabeth Rehfuss. Elizabeth will be sorely missed by all who knew her. All of us were aware of the terrific partnership in life that she shared with CARL, and our thoughts are with him as well. Ironically we had determined that it was a good day to honor the widows of the Club.

BILL WAHBEH had an announcement regarding the Household Hazardous Materials drof-off or "Bop Drop"; if you missed your opportunity to get rid of otherwise "un-get-rid-able" stuff, you blew it ...

I will not even attempt to list the various introductions that took place next, for fear of either overrunning the capacity of this fine publication, offending someone by leaving them out, or both ...

Suffice it to say the committee for Old-Timers (and, presumbably, Old-Timerettes...) really outdid themselves. There were people, and letters from people that we haven't seen for generations! Committee members READY, SCHULZE, HILL, et al, were able to garner attendance by lovelies Kathy Wright (Chuck Sr.), Betty Wirth (Walter), Marguerite Irwin (Arnold), Marie (Doney) (Wilson) Dietz (Fran) who were in my time, and Molly Ford, Marian Wild, and others who were maybe a day or two before my time. Add to this, Jane (Rutledge) Slauson, daughter of Past Pres., PDG Dr. Ed Rutledge, as well as the several PDGs in attendance: Bill Harris, DORR ETZLER and WERNER SCHWARZ. This was only the beginning; there were visiting Rotarians, spouses (okay, Judy...), guests, etc., that I was so glad that I had the Donna(s) set an extra place or two for lunch.

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Chairman of the Day DARROL DAVIS introduced one of the legends of this Club, WALTER WOLFFS, who, DARROL quickly pointed out in an attempt to distance himself from being termed an Oldtimer, was inducted into Rotary on the day DARROL was born!

NORM FOLEY went to the rostrum to read a few of the communiques we received from those unable to attend, and also provided all present with a copy of the "Raspberry", the original club newsletter. This reprint edition, dated 1922, serves as a real touque-in-cheek look back at the early (two year old) Richmond Rotary, as well as graphically document that the Rotary sense of humor hasn't gotten any worse in nigh seventy years (or any better...).

RUSS SCHULZE had quite a collection of slides to show, and although lighting conditions made visability less than ideal, the memories evoked were as clear as crystal. One particularly interesting set of shots were of the individual members at their desks or in front of their businesses; what a neat idea, maybe we could do that again for the scrapbooks to be viewed at "Oldtimers" Day 2001...

Anyway, there were shots of early Board (bored?) meetings, with (surprise) CARL REHFUSS directing the action if not downright presiding over it. A field trip to Putah Creek, Ken Smith hard at work, CHARLIE WONG the Italian Grocer, "Sleepy" DICK NELSON, and C.J. Doherty

in their shorts, you really had to be there.

One of the real prize winners was a shot of JACK HORTON sleeping with Rich Granzella, honest...

Speaking of prizes, how about one for naming the identity of the totally naked Rotarian, eh RUSS...

All the photographs that were brought were simply spelndid, truly each worth a thousand words. Probably the most significant being the group photos of past Oldtimers Days, which we did again today; albeit without all the commotion of last year's similar effort. Copies available in the lobby after the show! See how many you can identify ten years from now ...

Left it to me by Beaver,

**RUDY LOEBLEIN** 

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DAVID ALMEIDA Acting Editor

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PROGRAM FOR FRIDAY, MAY 31, 1991

"Contra Costa County's Reapportionment of Supervisorial Districts"

LINDA C. MOULTON, Ph.D. Demographer Community Development Department Contra Costa County

Our speaker, Linda Moulton, will talk about the reapportionment of the County's Supervisorial Districts and the results of the 1990 census data. She will discuss what changes have taken place in West County during the last decade and what census data is or will be available.

Linda has worked for the County as the demographer for 11 years. She does work related to the census, giving data to county residents, businesses and other agencies, keeping track of housing growth, and doing population estimates and projections.

> Chairman of the Day: GEORGE WACKER

Reminder:

JUNE 7th MEETING WILL BE AT PT. MARINA INN.

#### LAST WEEK

PRESIDENT TOM BUTT welcomed a sparse Memorial Weekend Getaway crowd to the ol' clubhouse Friday and led the pledge to the flag. JOE NUSBAUM was in an expansive mood with his thought(s) for the day, which consisted of several witty(?) aphorisms. TOM and JIM SCOTT were overcome with the aphoristic spirit as well and pretty soon we were up to our cocktails in aphorisms.

Speaking of things SCOTT, Hi Marge! Sorry we missed you a couple weeks ago.

DAN SANDERS introduced our quests and visiting Rotarians of whom there were none. Rotarians that is. We had several guests, including a job shadow we'll have to pick up next week as your scribe was otherwise engaged during her introduction.

DEAN BARBIERI had some news about the upcoming Rotary Night at the A's game. Scoop: this year's game is Friday night, July 12 against the Baltimores. Friends, family and, well, OK, in-laws are invited. Once again the Pinole Rotary will offer an all-you-can eat BBQ. The money for the tickets (@ \$11.25 each) is due in by June 7. You can send it to JOHN NICOL or DEAN and DAVID SMITH will be collecting at the door the next couple of weeks. The money for the BBQ (@ \$7 per person) is due by June 15. You need to make out separate checks for each of these. DEAN and DAVID will collect for the BBQ also or you can mail it to the Pinole Rotary (check made out to same) c/o Mark Rozario, 1439 Brett Ct., Pinole, CA 94564. Any questions call DEAN or DAVID.

And speaking of June 7, that day's meeting will be held at the Pt. Marina Inn. Mark your calendar.

LESLIE LEVY is the Director of Programs for the upcoming year (and time sure flies). has a plan to have teams of three people schedule the programs for the year. That way we spread out the obligation of finding program speakers and functions. See her to sign up for a team.

TERRY CLARK had some good news about some RUSD students, specifically the jazz ensemble from El Cerrito High that went down to the Monterey High School Jazz Festival and brought

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home the First Place trophy for the entire state. Not only that, but three of the El Cerrito students were selected for the All-Star Jazz Band that's going to tour Japan for 17 days this summer. This included TERRY's son who became only the second 10th grader ever selected to this exclusive group. That's the good news. The interesting news is that it's going to cost each of the students \$1,700 to make the trip. TERRY has some tickets for a June 2 concert to raise money for the trip. It's a chance to show some support for something excellent in the Richmond schools. Don't let them down. You can buy a ticket even if you can't make the concert. See TERRY.

HENRY "The Ripper" KELMAN handled recognitions and they were a splendidly contentious affair. He began with a monologue about architects and their mistakes per job. This seemed to be leading somewhere but trailed off abruptly as he switched over to DARROL DAVIS' birthday. They wrangled over things for awhile until DARROL allowed as how his dessert was melting and finally ponied up \$2 for each of his 55 years because HENRY was so much more of a pleasure to deal with than the lawyer or the judge. BILL WAHBEH was celebrating a birthday and had an anniversary coming up as well and put a package deal together. LESLIE got in trouble for something that cost her \$5. HENRY forgot all about DAVE NINOMIYA

even though he'd called during the week to remind DAVE. That cost HENRY \$10 on a voice vote. And a happy 17th to DAVE and Janet. Our speaker for the day was Dr. D.V. Giri

who had some sobering information on the effect of electromagnetic radiation on people. The body absorbs some of this energy when we are exposed to it. Different parts absorb In the U.S. we have some different amounts. of the highest voltage line carriers anywhere in the world. Fortunately none of those are in the Bay Area. The highest output lines in the Bay Area are around 300 kilovolts. There are some standards being set for limiting or prohibiting houses or activity around highpower lines although California has yet to set any. Most appliances give off some energy although interestingly, the large appliances, such as TVs and refrigerators, are less dangerous than hair dryers, electric shavers and electric blankets, according to Dr. Giri. Computers give off a fair amount of energy also. No need to panic over this business, he said, although he did suggest that undergrounding power lines would be a good idea and said he'd move the electric clock a little further away from the bed.

JOE NUSBAUM & DARROL DAVIS won the raffle. THOUGHT FOR THE WEEK: Love is the only game that is not called off on account of JIME BEAVER, Editor darkness.

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#### PROGRAM FOR FRIDAY, JUNE 7, 1991

"THE HOLOCAUST"

Dr. Robert W. Ross Pastor Thousand Oaks Baptist Church

Dr. Ross was, for 25 years a Professor of Theology at the University of Minnesota where he taught American Religious History. After his retirement he moved to this area and became associated with the Thousand Oaks Baptist Church.

Dr. Ross also teaches at the Fuller Theological Seminary, Bay Area Extension, in Menlo Park and is a member of the Graduate Theological Union.

His research of the holocaust has been extensive and includes visits to some of the scenes of this tragedy.

Chairman of the Day: CHARLIE FENDER

#### REMINDER

THIS FRIDAY'S MEETING at POINT MARINA INN

#### LAST WEEK

PRESIDENT TOM BUTT welcomed everyone to a warm day at the Rotary Club of Richmond California high atop the El Cerrito Hills. JOE BAGLEY had a diverting thought for the day about the environment. Our visiting Rotarians included Chuck Dy of San Pablo, Kathleen Cox of San Pablo, Brian Beverly of Kensington/North Berkeley and Thomas Rogers of San Leandro. Guests included Alan MacPhee who was with JIM BEAVER.

TOM'S feelings were bruised because for the second week in a row no one was sitting at the two tables in front of the dais. TOM wondered if it was b.o. or bad breath. A committee will be appointed to tell him what the problem is. We received a lovely letter of thanks from CARL REHFUSS' daughter who thanked us for the flowers in remembrance of her mother.

If you're not at the Pt. Marina Inn this Friday you'll miss the Richmond Rotary Club's meeting. Once again, Friday, June 7th we meet at the Pt. Marina Inn. TERRY CLARK had a reminder about the El Cerrito High music students who have an apportunity to tour with an All-starr jazz band in Japan. He had some tickets for a concert last Sunday but wouldn't mind if you bought one this week anyway. It all goes to pay the students' expenses in Japan. DEAN BARBIERI had a reminder about the upcoming Rotary night at the A's on July 12th. Your Flywheel correspondent screwed up the information last week and still doesn't understand exactly what the deal is but absolutely need to get your money in to DAVID SMITH this week if you want to go.

The club photo we took a few weeks ago is available in an 8 x 10 size for \$10 apiece. See DARROL DAVIS or ELOF GRANBERG if you want to order one. An "Old Timers" photo is a necessity in every Rotary home. Is your information correct? asks JIM SCOTT. Is your address right? Are you still married to the same spouse listed in the roster? Do we have your correct birthday and anniversary? Check it out. Get it clean and up to do. Otherwise DON HARDISON pays.

DITHERING DOUG STRAUS was back from an undeserved vacation. He jumped on TERRY CLARK

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#### LAST WEEK (continued)

for giving his son a plug as being one of the three jazz students going to Japan. That was good for \$10 \$5.00 to us and \$5 to the trip. WES SEAPY was celebrating a happy 74th birthday and found \$3 a year for his PolioPlus pledge. DOUG waded through the many DON LAU appearances in the media recently and found one that had nothing to do with schools. This was a photo for the new YMCA. A \$25 photo as it turned out. Not that he's kissing up to the president or anything but TOM BUTT'S shiny new Beamer only cost him a buck.

Our speaker for the day was Linda Moulton who's the demographer for the County. Her job is to take all the new census data and see which supervisorial districts grew the most and where the new boundaries will have to go. Linda's suggestions for redistricting are forwarded to the supervisors who make the final decision. She says things are pretty clear this time around. District 2, Nancy Fahden's, will have to give up about 13,000 to 15,000 residents to District 1, Tom Powers. Back East, District 5, Tom Torlakson, will lose some residents to District 4, Sunne McPeak. Linda figures it's all pretty clear and doesn't think things will too get controversial. There are no huge changes like 1980 when Bob Schroder in District 3 lost most all of Lamorinda to Nancy Fahden. Linda felt the census was pretty accurate in Contra Costa because

most of the cities participated in pre and post census samplings that let them know how accurate things were. Interestingly, while we tend to think that things are growing pretty fast in the county, 34 of the state's 52 counties grew faster. Prior to 1988 when we hit a housing boom, 44 of the 52 were growing faster.

WIN BOWMAN and CHARLIE WONG won the raffle. GRANT CALHOUN won free lunches for June.

#### THOUGHT FOR THE WEEK:

If you tell the truth you don't have to remember anything.

Mark Twain

JIM BEAVER, Editor

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PROGRAM FOR FRIDAY, JUNE 14, 1991

"Radiation Oncology"

LANCEFORD MARK CHONG, M.D., M.P.H.

Our speaker this week is Dr. Lancefored Mark Chong who will talk to us about "Radiation Oncology" at the Regional Cancer Center, Brookside Hospital.

A native of the East Bay, Dr. Chong attended UC Irvine, UC Berkeley and earned his Bachelor of Science in Public Health from UC Los Angeles going on to earn his Master of Public Health. He continued his medical education at UC San Francisco earning his Doctor of Medicine. He did his residency at UC Medical Center, San Diego, in the Department of Surgery and went on to UC Medical Center, San Francisco, to complete his residency in the Department of Radiation Oncology where he became Chief Resident and was honored with the American Cancer Society Clinical Fellowship.

In 1982 he became Staff Physician at the City of Hope National Medical Center for General & Pediatric Neo-Plastic Diseases, followed by Group Private Practice in 1983 at Presbyterian Intercommunity Hospital in Whittier to Solo Private Practice in 1984 at Mission Viejo Radiation Oncology Center.

Dr. Chong is currently with the Department of Radiation Oncology as Medical Director of the Regional Cancer Center at Brookside Hospital and is also a consultant in Radiation Oncology at the Regional Cancer Foundation in San Francisco.

GARRETT GRANT Chairman of the Day:

#### LAST WEEK

PRESIDENT TOM BUTT welcomed the flock to the Pt. Marina Inn. DAVID SMITH had a Twainish thought for the day, to wit: you take a stray dog in and feed it, it will not bite you. The same cannot be said for a man."

We had several guests including Kevin Warren, a Gompers High junior who was GARRETT GRANT's job shadow for the day.

LESLIE LEVY made another pitch for her program plan that involves several groups of three members each who will then be responsible for several programs spaced out over the course of the year. This lessens the burden on any one person or group to come up with program speakers. Good idea. Get your group together and see LESLIE or she'll see you later. ELOF GRANBERG was hawking the photos from Old Timers Day. See him or DARROL DAVIS if you want one.

Attention following club members: JOE BAGLEY, DALE DARLING, STEVE DUNN, LARRY HUNT, TOM MALSBARY, TOM McGOWN, PHIL PEZZUTO and RIP PHILLIPS. You need to get your picture taken for the new roster. See JIM SCOTT. You have been warned. Otherwise you may end up on the wrong side of DOUG "Stomper" STRAUS.

The number for the day was 39. JOHN NICOL was married to Felicia 39 years ago. DENNIS EDMONDSON, meanwhile, was busy being born around that same time. They both had donations of substance. STEVE DUNN was celebrating a birthday and had a little something for the Community Fund. GARRETT GRANT was celebrating his 7th anniversary and also was generous. WERNER SCHWARZ recently received a prestigious award and was duly recognized and dinged. RALPH HILL was celebrating a birthday. Actually he celebrated it awhile ago and was out of town at the time but had some story about the Disneyland Hotel and firewalkers. Anyway, RALPH also received special recognition for having donated \$1000 to the PolioPlus campaign; and congratulations and thanks for that. JOE NUSBAUM was celebrating a birthday and that was worth a song. He had a donation for his wife's Paul Harris

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#### LAST WEEK (cont'd)

Fellowship. BART WALLACE and HOWARD MARTIN were among those fessing up to showing up at the Mira Vista Country Club before figuring out they'd gone the wrong way. \$5 apiece.

We welcomed a new member, RIP PHILLIPS, and PHIL PEZZUTO gave his Who Am I talk. PHIL grew up in West County before moving to Modesto for awhile. His family has always been in the restaurant and hotel business so it was natural that he would follow, but he did so somewhat reluctantly. Things have worked out quite well for him as he rose in the Holiday Inn corporation, with several assignments in San Francisco. He eventually became regional controller for the company that is starting a chain of Mexican fast food restaurants. He sees a lot of opportunity in Richmond and is happy to be aboard.

Our speaker for the day was Dr. Robert Ross, the pastor of the Thousand Oaks Baptist Church. Dr. Ross is an expert on the Nazi slaughter of millions of Jews and other Eastern European people during World War II. The Holocaust, Dr. Ross said, has become the modern metaphor for evil. He published a book in 1980 that addressed the question of what the Protestant press, and other Christian news organizations, knew about the Holocaust when it was happening. There had long been an assumption that little was done in the West during that time because

no one understood the nature or enormity of what was happening. By combing through many Christian periodicals of that day, Dr. Ross discovered that many of them printed reports about what was going on and in some detail. Dr. Ross called the Nazi extermination efforts a "planned, bureaucratic killing machine" that was carried out using methods associated with urban planning and transportation. A disturbing presentation. NORM FOLEY and STEVE DUNN won the raffle.

#### THOUGHT FOR THE WEEK

Never mistake motion for action.

JIM BEAVER Editor

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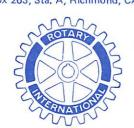
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#### PROGRAM FOR FRIDAY, JUNE 21, 1991

R.U.B. (RICHMOND UNIFIED BOOSTERS)

Speakers: STEVE ALAMEDA & PAT PRENDIVILLE

Steve Alameda - Born and raised in Richmond, a 1971 graduate of Salesian High School, Steven has been employed by the Richmond Unified School District since 1975 at John F. Kennedy High School. He was a teacher and coach from 1975-1988, then became site administrator until the present. He coached both football and baseball, and among his students were Terry Obee of the Minnesota Vikings and Mike Felder of the San Francisco Giants.

Pat Prendiville - A lifelong area resident and reared in local schools, Pat is a licensed realtor with Security Pacific Real Estate with whom he has been affiliated since 1976, a member of their multi-million dollar production. He is a coach, manager and sponsor in the Pinole-Hercules Little League and a member of the National Association of Realtors, California Association of Realtors and the West Contra Costa Association of Realtors.

Both of these gentlemen represent the Richmond Unified Boosters, a recently-formed group of concerned community members to assist our local schools. The group has been established to create a supplemental funding system for extracurricular activities of the R.U.S.D. The areas most severely affected, athletics, forensics and drama/music, are targeted for assistance from this group. Their objective is to allocate funds based on need. Coaches of extracurricular programs may apply to R.U.B. for funding by way of applications to be supplied by R.U.B. The goal for the Fall semester is \$15,000. Their intent is to help defer the cost of the following items in the Fall:

> Drama Production Fees Forensics Football/Volleyball Official Fees

R.U.B. will have an allocations committee to decide distribution of funds. The Committee is comprised of R.U.B. committee members in conjuction with REUF. These volunteers expect to affect 80% of the R.U.S.D. students.

Chairperson of the Day: BESSIE DREIBELBIS

#### LAST WEEK

PRESIDENT TOM BUTT welcomed one and all to another Friday on the hill. MALCOLM LEE had an appropriately benevolent prayer for our pre-Father's Day session.

Visiting Rotarians included Tom Rogers from San Leandro and Todd Armstrong from Albany.

DEAN BARBIERI discussed LESLIE LEVY's plan for this year's speakers program. new procedure will involve almost all the members and thus spread the responsibility for finding speakers around more widely. We'll have 20 teams of three members each. With approximately 43 programs to schedule that means each team only has to find two speakers. This should also broaden our subject range, LESLIE points out and I have to agree. DEAN passed out sign-up sheets for the teams, so fill them out and get them back to LESLIE soon. Oh yes, you also get to pick a team name. See LESLIE if you didn't receive a sign-up sheet.

TOM discussed the East Bay Rotary Club pedigree that went out with last week's Flywheel.

Then it was time for "Downright Dirty" DOUG STRAUS who started by taking a leaf from GARRETT GRANT school of recognitions and fined all non-pin wearers \$5. Likewise those who neglected their badges. Then we had some sad news: LEN COX is moving to Kansas to live with his children. LEN and Elsie can be reached by writing them at Weskan, Kansas 67762. That's right, no street address and welcome to Smalltown, U.S.A. LEN thanked everyone for the good times and we'll miss you friend.

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GRANT CALHOUN was celebrating his 42nd anniversary and had a like number of greenbacks for the Foundation. TIM THOMASON pitched in another \$21 as GRANT is a fraternity brother from some slightly mysterious group. Just when we thought GRANT had the record along came DON HARDISON who was celebrating his 49th anniversary. Outstanding. DON found \$100 for the Foundation. WIN BOWMAN keep us in the big leagues with his 39th anniversary. Whew. On behalf of his 7 grandchildren, and the fact that he was also celebrating a birthday, WIN ponied up a welcome \$200. TROY GROVE joined us and was able to contribute \$50 for his birthday which was last month.

JOE BAGLEY gave his "Who Am I" speech. JOE

was born in Chicago and was the only boy among four sisters. He grew up in the Chicago area, worked around Cleveland and Chicago before heading out for some traveling and backpacking around the country. Me was married in 1975 and has a daughter. He moved through the real estate development business until 1984 when he became a property manager. His wife ran a sign shop. He recently moved to the Bay Area and is working at Mason McDuffie in Berkeley. JOE is looking forward to continuing his education and enjoys the community involvement Rotary provides.

Our speaker for the day was Dr. Lanceford Chong who is the Medical director at the Regional Cancer Center at Brookside Hospital. Dr. Chong has a long list of accomplishments and academic honors and is a welcome addition to the West County professional community. Cancer remains a very difficult disease to treat, he said, but more people are being cured today than ever before. Dr. Chong said it has become important to apply a multidisciplinary approach to cancer treatment so that every option and potential treatment can be known at the earliest moment. But one of the main reasons the fight against cancer is making some progress is that people are becoming more educated and aware about prevention and early detection. Screening and early detection techniques mean greater control of the disease and better chances for survival. Dr. chong said Brookside has recently instituted a Consultative Tumor Board that brings experts in several cancer disciplines together to give advice to cancer patients and physicians. The hospital has also begun construciton of a new home for the Regional Cancer Center that will utilize several new diagnostic and treatment techniques and some sophisticated new equipment.

HANK COVELL and JIM BEAVER won the raffle. BOARD OF DIRECTORS MEETING this Thursday, June 20th, 7:30 a.m., at Point Marina Inn.

THOUGHT FOR THE WEEK: Being entirely honest with oneself is a good exercise. JIM BEAVER, Editor

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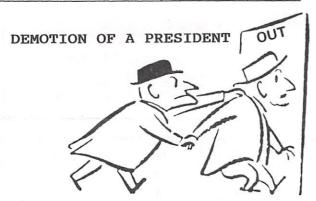
FIRST CLASS



"Service

A Weekly Publication of the Rotary Club of Richmond, California

PROGRAM FOR FRIDAY, JUNE 28, 1991



Past President JOE NUSBAUM has rounded up a team of malcontents who are going to see to it that TOM's butt is kicked out for good.

Be on hand to hear the accusations and epithets as well as claims of malfeasance, malpractice and malodorous conduct hurled at PRES. TOM. There is even talk of certain fiscal irregularities uncovered during his term of office.

Come join in the fun.

Chairman of the Day: JOE NUSBAUM

Spouses Invited

#### LAST WEEK

PRESIDENT TOM BUTT welcomed one and all to the Friday Funfest. DAVE NINOMIYA had a pleasant thought for the day. Our visiting Rotarians were Dan Givens from El Cerrito, John Rotticci from Oakland #3, and Sandie Houston from Corpus Christi who got a Richmond Rotary flag to take home to Texas.

DON HARDISON introduced Barbara Martien from the Richmond Museum who gave us a rundown on the Macintosh computer the Museum has in-

stalled as the result of a gift from our Club. She thanked us for the donation and presented a certificate that was the first Mac-produced document the Museum has put out. LESLIE LEVY passed around a calendar for programs during the upcoming year. The new program year starts July 12 and LESLIE's idea of spreading around the program duties will alleviate a lot of work for a few people by spreading things around. Get your groups together and sign up for some dates.

Time sure flies and it was TOM's turn to thank his officers and directors for the help they've given him this year. They included DAN TANITA, Community Service; DAVID SMITH, Club Services; LESLIE LEVY, International Service; KUMAR BELUR, Programs (KUMAR thanked his various program helpers -RUSS SCHULZE, GEORGE WAKCER, MARIE CONTRERAS and DARROL DAVIS); SID FIELD, Vocational Service and JIM SCOTT, Secretary. TOM will get DAVE ALMEIDA and SAMSARKISSIAN next time around. Oh yes, then there was DEAN BARBIERI, who had to undergo the slings and arrows of being compared to Dan Quayle.

Next up was DOUG "Deputy Dawg" STRAUS who whacked TOM upside the head with a \$5 pop for the Dan Quayle reference about DEAN. DEAN may not have done anything this past year, DOUG explained, but he can do things. BILL SHIELDS took a \$5 bingo for getting DOUG's name wrong during guest introductions. TAALIA HASAN was the recipient of a glowing story in the West County times recently and since she was so taken with the news she jumped right past DOUG's paltry \$5 fine and volunteered \$100 toward her Paul Harris. Good Show!

The DALE DARLING birthday snafu was cleared up. It's June 5, not May 6 - don't ask. He's also become engaged and so found \$100 to start his Paul Harris Fellowship. He divided it into \$99 for his birthday and \$1 toward his engagement and someone make sure his fiance gets a copy of the Flywheel. The Club matched the first \$50 of his Paul Harris start-up and that's a reminder for all new members who haven't started theirs.

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LAST WEEK (cont'd)

SID FIELD was celebrating a birthday and an anniversary and guess who forgot? "Dependable" DOUG. SID had \$100 for the Foundation and DOUG was so abashed he matched it - wow. Another good show.

Our guest speakers for the day were Steve Alameda and Pat Prendiville from the Richmond Unified Boosters. R.U.B. is a group of citizens who got together to raise money for various extracurricular activities that have been cut from the Richmond Unified School's budget. Steve is a 1971 Salesian graduate who has been with the school district since 1975 and was most recently a vice-principal at Kennedy High. He was also a teacher and coach until 1988. Pat was also a Salesian grad and is a realtor with Security Pacific. Their group is concentrating this year on drama production fees, forensics club entrance fees and officials' fees for football and Their goal for the Fall semester volleyball. is to raise \$15,000. Steve said it's time to get away from the finger pointing about the schools' situation and look at what we can do to make things work for the kids. As Pat pointed out, and we are all learning, the schools' situation doesn't just affect the children and their parents it affects businesses and the overall image of the area as well. The group is planning a mixer in

August at which they hope to have some homegrown sports stars including Willie McGee, Mike Felder and Dale Sveum.

JIM SCOTT Had a final reminder to get any changes in regarding your vital statistics in the Club Roster.

TIM THOMASON and JIM SCOTT won the cheese.

#### THOUGHT FOR THE WEEK

By the time we've made it, we've had it.

JIM BEAVER Editor

#### SICK CALL

CARL REHFUSS is now at Manor Care home in Walnut Creek and would like to hear from some of his Rotary The address is: friends.

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> > Phone: 975-5000

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JUN 25'91

FIRST CLASS



"Service

Weekly Publication of the Rotary Club of Richmond, California

PROGRAM FOR FRIDAY, JULY 5, 1991



#### TABLE" "ROUND

No official program but a regular meeting will be held with discussions on club projects and concerns for the upcoming year.

> Chairman of the Day: DEAN BARBIERI

#### LAST WEEK

For the last time, PRESIDENT TOM led us in the Pledge of Allegiance. DONNA McCAIN either volunteered or was recruited to give a thought for the day.

Past Pres. JOE NUSBAUM introduced visiting Rotarians and guests for the day. These included his wife Anne, Shirley Butt, Jean Wong, Ida Washington, Betty Hardison, Lea Schwarz,

Doreen Covell and guest, and Lore Shaper. WERNER SCHWARZ also had with him R. Philipp Von Seebach, an exchange student from Germany.

Visiting Rotarians: Mark Owens, Jr., Berkeley; Maurice Baldwin, Philippines; Steve Cutright and Kathie White, El Cerrito.

After a brief intermission, the "Kick BUTT's Butt Party" was underway. Our favorite patrolman, Captain DARROL DAVIS came out of retirement long enough to arrest PRES. TOM for allegedly defacing a public structure. Chief CLEMENTS oversaw the arraignment, declaring "BOOK EM!".

To the next room we went in order to preside over TOM's trial. Judge BESSIE donned the black robe and Bailiff LEM WASHINGTON showed his experience in swearing in the witnesses. Claiming he lost the toss, HANK COVELL drew the defense assignment and "Dangerous" DOUG STRAUS seemed to relish as prosecutor (Could this have been your real calling DOUG?).

First to testify was arresting officer DAVIS, who said that while he was stumbling, er... walking out of the Baltic Bar he saw PRES. TOM taking off old paint and exposing windows on a Pt. Richmond building. HANK COVELL, sounding very much like Henry Fonda, moved to have Captain DAVIS' testimony struck from the record due to jealously. Apparently DARROL had failed sand castle building in kindergarten and was envious of TOM's construction abilities.

Witness #2 was Southern Belle JUDY COLEMAN, revealing baby pictures of "Little Butt". Judy reports a life long pattern of criminal conduct, citing a boyhood incident where TOM called to report the house was on fire. Firefighters rushed to his house and found him on the phone crinkling cellophane into the receiver. High school and college photos ("Little Bigger Butt") recalled the time TOM drove his Jeep through the doors of a building on the University of Arkansas campus. With this testimony the prosecution rested, and following DOUG's cue card we rendered a resounding GUILTY verdict. However, MR. COVELL did ask the court to allow some

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LAST WEEK (cont'd) character witnesses to testify prior to

sentencing.

We were treated to a hilarious testimony from TOM McGOWAN, a self-proclaimed Rotarian from birth. TOM proceeded to canonize Saint BUTT by detailing his accomplishments and heroic deeds. Apparently when the Catholic church in Pt. Richmond was being remodeled, parishioners went to TOM BUTT for confession. We also heard tales of TOM's fight against the Southern Pacific and how he single-handedly saved Candlestick Park after the earthquake. (Now if he could only help the Giants.) After he is finished with Rotary, TOM is going to be made Pope.

Fellow architect DON HARDISON took us on a lengthy trip through TOM's professional career. This covered his Army days, his marriage to Shirley where he dressed up like a chimney sweep, and his subsequent move to Richmond. The slide show (which couldn't have been done better by the prosecution) showed us vertical, horizontal and upside down shots of TOM's supposed work. According to this testimony, TOM either designed Coit Tower, or the Leaning Tower of Pisa, or both.

Judge BESSIE asked for a confirmation, and another guilty verdict was handed down. Her sentence:

- 1) Resign as President of Richmond Rotary.
- 2) Continue to work with Rotary and the community.

JOE NUSBAUM gave TOM his past president's badge, a club photo and also a handsome plaque and gavel.

Past Pres. TOM then gave PRESIDENT DEAN his president's pin. Noting how we treated an upstanding architect, DEAN wondered, "What the hell are you going to do to an Italian attorney?".

> DAVID SMITH Acting Editor

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FIRST CLASS





"Service **Above** 

Weekly Publication of the Rotary Club of Richmond, California

PROGRAM FOR FRIDAY, JULY 12, 1991

"The Use of Education at San Quentin"

C.V. "VERN" GRIFFITH Educator

Our speaker this week is C.V. "Vern" Griffith, an educator at San Quentin Prison. He will tell us how education is used as a means of rehabilitation at San Quentin.

> Chairman of the Day: JOHN MEDLOCK

#### LAST WEEK

New PRESIDENT DEAN BARBIERI welcomed everyone to a foggy day on the top of the hill. He then led the pledge to the flag, had a thought for the day and, according to my notes, pretty much kept right on talking for the next hour or so.

Not really, but almost. His thought for the day was an uplifting sentiment from Rotary founder Paul Harris. Friday was a round table discussion and general information day.

PRES. DEAN led things off by re-introducing our new directors who are SID FIELD, Vocational Activities; KUMAR BELUR, International Activities; LESLIE LEVY, Programs; DONNA McCAIN, Membership; DENNIS EDMONDSON, Special Events and GARRETT GRANT replacing the new Kansas, Len Cox, as Director of Community Services. There are two non-director posts that have yet to be filled. They are Sergeantat-Arms and, hang onto your sox, raffle runner. That's right, after a good long run, JOHN NICOL is stepping down as the person who handles the raffle. Don't we have a ceremony for that?

PRES. DEAN made a pitch for LESLIE LEVY's good idea about the programs. By spreading the programs and speakers around we should get a better mix, better speakers and less work for individual club members. So come up with some good ideas for speakers, give LESLIE a date and get'em. Oh yes, LESLIE has put together a packet of information that tells you everything you need to know about what to tell the speakers and how we operate and what's expected of them and how to get to the club and practically tells you how to hold their hand through the whole experience. It's easy. Like they, Just Do It.

PRES. DEAN continued that he, like every incoming president, has lots of new ideas he's hoping to try out. One thing he definitely wants to do is make sure that every club member has a full understanding of all the things in which Rotary International is involved, and all the programs we have going on. In response to a question from JUDY COLEMAN, DEAN explained that Rotary International is involved in a tree planting campaign as part of an effort to offset the effects of the loss of the rainforests. The District organization (which, by the way, is no longer District 516, but District 5160) is also involved in an environmental campaign around recycling. There was also some discussion about how we spend the money from the Community Fund. Our Club does not simply give checks to organizations. We prefer to discover some specific object the organization needs and purchase it for them. For example, the computer for the Richmond Museum or the refrigerator for the

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LAST WEEK (cont'd)
Rescue Mission.

We are currently helping the Boy Scouts buy a latrine for Camp Herms. In honor of our outgoing president, the latrine will be named "Butt's Place" which won out over "The Butt Stops Here".

A suggestion was made that we create some kind of an ongoing support program for the Richmond Unified Schools. The question is, what can we do that will really make a difference? DON LAU will stay in touch with Community Services Director GARRETT GRANT to see if there's something we can help with.

DAVE ALMEIDA wrenched the microphone from PRES. DEAN's bleeding hands long enough to give a community fund budget update. We collected \$5,400 for the Fund in 1990-91 and another \$2,000 went into the Scholarship Fund. I learned that that is what the money we put in the pass-around jars goes for. And if it says that plainly on the jars, well fine. carryover, we have about \$10,000 on hand. Donations from the Fund included \$2,000 for the computer equipment we purchased for the Richmond Museum, \$198 for a decoder for the hearing impaired, \$500 for soup for the Souper Center, \$500 given back to the Masquers Theatre from our Night at the Masquers, \$451 for dental sealant for kids, \$367 to purchase and frame some posters on Black History for Coronado school, \$500 for

the Rotary AIDS project, \$200 for the dental clinic in Mexico, \$200 to help publicize the HAZMAT dropoff at Hilltop, \$80 to help start the Redding Sunrise Rotary Club. We also have some other funds committed to the Camp Herms project and the Wellness Fund.

As ever, we're looking for new members in the new year. According to statistics, clubs lose about 10 percent of their membership annually so we need 10 new faces just to stay even. PRES. DEAN will be looking to further streamline the entrance process. PRES. DEAN then launched into a story about the Mexico City Rotary Convention, pollution, sailfish and old Volkswagen bugs.

This Friday is Rotary Night at the A's. DAVID SMITH will bring the tickets. CHARLIE WONG won free lunch for July.

#### THOUGHT FOR THE WEEK

The average person thinks he isn't.

JIM BEAVER Editor

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PROGRAM FOR FRIDAY, JULY 19, 1991

"The Port of Oakland and the Plans for the Future".

MEL WAX Director of Public Affairs Port of Oakland

Mel Wax is a nationally known journalist who worked on newspapers in New England and on the Chicago Sun-Times before joining the staff of the San Francisco Chronicle, where he was a reporter covering urban affairs issues for 10 years. He was the founder of the innovative and award-winning television news program, "Newsroom", and was employed for a decade as its anchorman and executive producer. A graduate of Dartsmouth College in Hanover, New Hampshire, he was also a Nieman Fellow in Journalism at Harvard.

In 1978 he became press secretary for Mayor George Moscone of San Francisco and, following Moscone's assassination, stayed on with Moscone's successor, Mayor Dianne Feinstein, for two and one-half years as

press secretary.

Mel became Director of Public Affairs for the Port of Oakland in January, 1982. The department has responsibility for the Port's public relations programs, for Port publications, for media relations, for community and governmental affairs and for port advertising. The department also plans special events for the Port and serves as a support agency for the Port's revenue-producing departments, i.e., maritime, aviation and properties.

Chairperson of the Day: LESLIE LEVY \* \* \* \* \* \*

PROGRAM FOR FRIDAY, JULY 26, 1991

THIS WEEK THE MEETING WILL BE AT POINT MARINA INN.

"The Check is Not in the Mail" LEN SKLAR, Author

\* \* \* \* \* \* \* \* \* \*

#### LAST WEEK

PRESIDENT DEAN BARBIERI, settling into his leadership role, welcomed one and all to the friendly Richmond Rotary Club and led us in the pledge to the flag. TOM AMESS had a thought for the day, to wit, "If you think no one knows you're alive, try missing a couple of car payments." "Amen," says DAVE ALMEIDA. DENNIS EDMONDSON couldn't find a visitor or guest in the room.

The July 26th meeting will be held at the Point Marina Inn. Write it down. PRES. DEAN had another reminder about our new Programs plan. Sign up. HANS SHAPER gave a report on the Scholarship Program. We had 27 eligible applicants and HANS said the quality of the entire group was simply "unbelievable". We awarded eight scholarships and five alternates. Rotary scholarship recipients receive a fully funded year of study abroad. They get tuition and books, room and board, travel expenses to and from their chosen country and some travel expenses for getting around while they're there. HANS has all the requirements if you know someone who might be interested.

PRES. DEAN had a brief quiz on our new Rotary year. Our new Rotary International President is Rajendra "Raja" Saboo from India. The 1991-92 Rotary theme is "Look Beyond Yourself". President Elect is Cliff Dochterman and the new 5160 District Governor is John Klefstad of the

Fairfield-Suisun Rotary.

'There's a new sheriff in town," warned Diabolical DAVID SMITH as he took the podium for the first time as our Recognitions Chairman. I sure hope that's his title as I wouldn't want to get in any more trouble. DAVID started off by fining everyone who answered DEAN's questions correctly. Then the brute picked on your lowly Flywheel editor for some innocent remarks about our new president in last week's missive. Sheesh. JUDY COLEMAN was celebrating a birthday and made the final leap toward her Paul Harris Fellowship with a \$150 donation. MARKKU PELANNE was also celebrating a birthday, his 44th to be precise, and he had a dollar for each of the years. MARKKU had been over in Finland helping his parents celebrate 100 years of wedded bliss (50 and 50).

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1. Is it the TRUTH?

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2 Is it FAIR to all concerned?

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TIM THOMASON was celebrating an anniversary, his 10th, and well, the temptation here is to skip over the next part and let everyone who missed it wonder just what in the hell was going on last week. TIM offered to match the amount for everyone who would put in a dollar to hear how his honeymoon was disrupted by something called the Flying Orgasmic Dragon, hereinafter to be referred to as the FOD. The deal was we'd put up the money and he'd tell the story after the meeting. Right. Suffice to say he was bloody well persuaded to tell the story now. Seems his wife found a book in Chinese about 101 ways to, uhm, do it. They decided that something called the FOD looked about the most interesting or something and so up they climbed to the loft in their Lake Tahoe cabin and set about their business. By TIM's account the FOD was working, or at least was about to work when their next move sent them flying off the balcony to the floor, 18 feet below. Her chin went into his forehead and they had to get fixed at the local emergency room where their explanation was thoroughly enjoyed. This is the short version and that's not a straight line. Left unanswered is the question whether that was the last time TIM ever asked, "Was it good for you?" We'll need a full accounting of the funds raised around this whole thing.

HENRY KELMAN was celebrating a birthday and

unsuccessfully lobbied to have his recognition postponed because there was no way anyone could follow that. Actually he did a credible job when he found out that while he thought he was 42, Rotary lists him as 41 and since the roster never lies HENRY's a year younger. Sort of like crossing the International Date Line in a big way.

Our guest speaker was Vern Griffith who teaches arts, crafts and general education to San Quentin inmates. He recounted the early attempts at inmate education or rehabilitation. He said a new law mandates that all prisoners be able to read at a 9th grade level before they can be paroled. Trouble is, the legislature failed to define how this was to be implemented and so no one is sure what will happen to those inmates who are unable to meet the requirement at parole time. One of the most interesting assignments he had was teaching arts & crafts to death row inmates. said this was satisfying because this activity became the only way some of these inmates could communicate with the outside world.

JIM CLAUSEN and JOE BAGLEY won the raffle.

#### THOUGHT FOR THE WEEK

Sex is natural, but not if it's done right.

JIM BEAVER Editor

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Weekly Publication of the Rotary Club of Richmond, California

PROGRAM FOR FRIDAY, JULY 26, 1991

REMINDER: MEETING WILL BE AT POINT MARINA INN

"Collection Myths & Irritations and How to Collect Money Owed Without Losing Valued Customers"

> LEN SKLAR Author

After graduating in 1956 with a B.S. in Economics, Len learned all he could with Procter & Gamble as an Industrial Engineer, Dow Chemical as an Economist and IBM in sales.

In 1970, following an unshakable urge to start a company, he began a collection agency, a business he knew nothing about. As a way of getting new business, he began doing seminars, teaching businesses how to prevent collection problems and collect more of their own accounts. He sold the agency in 1982, and in 1990, his 14 seminar leaders presented 575 seminars in 200 U.S. cities to 25,000 credit grantors.

In 1988, Len started a collection temporary company in Concord that now employs over 100 people doing on-site collecting for major banks and retail chains. He has opened a similar business in L.A. and plans to do the same in ' 20 other cities in the next few years.

As a self described innovator in the field of collections, he wrote and published a 289 page hardcover book, "The Check is Not in the Mail" and has produced audios, videos, flip-charts, newsletters and other training aids. He is a consultant to businesses and speaks to some groups free and others for mindboggling fees, paid in advance, of course.

He will discuss how Rotarians can collect more of the money owed to them, in less time, at lower cost, with less stress, and without losing valued customers/clients. There will be three specific topics: 1) Collection Myths & Irritations, 2) How to Make More Effective Telephone Collection Phone Calls, and 3) Payment Strategies.

Chairperson for the Day: LESLIE LEVY

PROGRAM FOR FRIDAY, AUGUST 2, 1991

"How to Lose Money in the Stock Market"

GARY WOLLIN

#### LAST WEEK

PRESIDENT DEAN BARBIERI welcomed everysinglebody to the top o' the hill, found the flag on the second try and led us in the pledge to same. JOHN MEDLOCK had a political thought for the day and TOM AMESS welcomed our one guest, Michael Brown, pastor of the Methodist Church in Point Richmond. with TOM BUTT.

Announcements followed. On Wednesday, Sept. 11 the Kensington-North Berkeley Rotary will sponsor an evening of theatre at the new home of the California Shakespeare Festival in Orinda. \$30 will cover the cost of a picnic and the play will be "All's Well That Ends Well."

On Saturday, Oct. 12 Rotary will take part in Fleet Week activities with a cruise on the Liberty ship Jeremiah O'Brien. As it was last year, this is being sponsored by Rotaries Against Substance Abuse. The 5-hour cruise and a meal run \$75.

The 2nd Annual Rotary Summer Seminar and Frolic in the Foothills at DAVE CALFEE's place is coming up Aug. 24-25. (See enclosed flyer.)

As promised, LESLIE LEVY has made up threemember teams and assigned dates for programs. This will be coming around.

July 26, that's this Friday, the club meeting will be held at the Point Marina Inn. Be there or be lonely.

"DooWop" DAVID SMITH had a busy day. Apparently he's still cleaning up from the previous recognition administration. PRES. DEAN suffered for the flag's misplacement. DOUG STRAUS had some snafu on the sign-in sheet or something that appeared to cost him \$5. LARRY HUNT was catching up on a birthday from a ways back. He says he's two score years minus a hat trick but found an even \$100 to donate. LESLIE LEVY celebrated her 20th anniversary,

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LAST WEEK (cont'd)

and yes, she was a child bride. She too had \$100 toward her Paul Harris Fellowship. NORM FOLEY was celebrating his 66th birthday and there went another \$100 for his Paul Harris and his PolioPlus. CHARLEY PEICK was celebrating his 49th anniversary, congratulations, and, bingo, another \$100 toward his Paul Harris. OSCAR LUGO was next up with an anniversary and a birthday, and, it turned out, a move to a new store location. He, too, bravely pulled together \$100 for his Paul Harris and PolioPlus. We also received invitations to his store opening which was last Friday evening. BOB ARAGO was celebrating a birthday and wrangled \$1 a year for howsoever many years he's been around. STAN TEADERMAN finally rounded things out with an anniversary and another \$100 toward his Paul Harris. A fine day for the collection plate.

Our guest speaker for the day was Mel Wax, the public relations director for the Port of Oakland and a former press secretary for San Francisco Mayors George Moscone and Dianne Feinstein. Mel discussed the ongoing and wellchronicled dredging problems the Port of Oakland has been through for over a decade. Each year about 10 million cubic feet of silt are carried down from the Delta and deposited in the Bay, some of it in shipping channels. This has to be dredged up and put somewhere else. Dredging is easy, putting it somewhere else is hard.

In 1972 the Port asked the Feds if they could begin dredging down to 42 feet from the present 35 feet in order to accommodate the new deeper draught ships. A scant 14 years later, in 1986, they received permission. Then their troubles really started. Several lawsuits later the Port is still seeking a place to put the dredged silt. If Oakland can't work this out the Port stands to lose a tremendous amount of shipping business to other West Coast ports.

Mel also mentioned that the Port of Oakland is involved in more than just maritime shipping. It runs the Oakland Airport, which brings in more revenue than shipping, and real estate ventures.

PHIL PEZZUTO and JOHN MEDLOCK won the raffle.

#### THOUGHT FOR THE WEEK

Getting caught is the mother of invention.

JIM BEAVER Editor

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FIRST CLASS



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PROGRAM FOR FRIDAY, AUGUST 2, 1991

"How to Lose Money In the Stock Market"

GARY A. WOLLIN

Over the past 25 years, Gary Wollin has been written about many times in the Wall Street Journal, New York Times and lots of other financial publications around the world. Gary is Vice President of the stock brokerage firm of Wedbush Morgan Securities and specializes in conservative investments. He is also a Senior Member of the New York Society of Securities Analysts; a Senior Fellow of the Financial Analysts Federation; President of the Enter-prise Foundation of America; founder of the Alzheimers Disease Society of New York, a board member of the San Francisco Boys & Girls Club, and, a Paul Harris Fellow with the Rotary Club of San Francisco.

Gary's talk will be a fast-paced, funny romp through the stock market and will cover important topics such as "Why Losing Money Is Good For You" and "The Three Rules for Losing the Most Money in the Shortest Time". His knowledge and very high energy combined with a sense of humor that was finely honed on the streets of Brooklyn give this lively talk a noholds-barred feeling, even though it is packed with valuable money saving ideas.

CHAIRPERSON OF THE DAY: LESLIE LEVY

#### LAST WEEK

Our meeting today was held at the Point Marina Inn. President DEAN led us in the Pledge and TOM AMESS gave us the thought for the day, something about never being able to score if you keep moving the goal post...

Visiting Rotarians included Bob Rosine from Vallejo and George Schmidt from El Sobrante. Guests included former member Norm Jackson (BILL REID) and Ray Allen, Father of JUDY COLEMAN, who is up and over from Tucson...

HANK COVELL announced that our annual Night at the Masquers will be on Thursday, September 19th. Dinner at the Mac, then on to see "The Foreigner". I'll tell ya, folks, that's a big evening for \$30 a person; and the just over \$1,000 we netted for the Community Fund last year makes it a win/win situation...

HANK went on about a letter from "Running Man" GERRY CULLEN who will run five events in five days in Finland, promising us a Strong Finnish. GERRY also sent us a check for \$200 for a combo 80th Birthday/51st Wedding Anniversary; Wow!

HANK further went on about this being the 10th Anniversary of this club's competing, no, completing the (centipede division) Bay to Breakers. But don't start making excuses just yet, the event that Hammerin' HANK wants your body for isn't until May 17, 1992. In noting a widely shared philosophy of life, HANK quoted the late, great Joe E. Brown, who is said to have said, "You only go around once in life, but if you do it right, once is enough..." HANK still further pointed out that our team was fully prepared for any eventuality last time by having a Septugenarian, an Egregarian, in fact just about every kind of Technician, and just in case, even had a Mortician ...

When HANK was done, we heard from Jim Braden from Chevron, today wearing his hat as chairman for the Contra Costa Council, the well known business toxics watchdog. He reminded us of the recently handed down AB 939 mandating reduction of solid wastes generated 25% by 1995, and a staggering 50% by 2000. He had flyers on hand to send for their very comprehensive (and very worthwhile) guidebook to assist all of us in meeting these goals for a mere \$15 plus \$5 shipping + handling. Just try coming up with all the answers to waste handling without this little baby; checks in the mail...

Which leads me right into our program speaker of the day, no it wasn't HANK, but he was introduced briskly by Program Czar LESLIE LEVY...

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Len Sklar was here to tell us that collecting money is easy, once you decide that this is what you want to do. He said that collections are more psychological than technical which is what he stresses in his book, "The Check is Not in the Mail". Len says that there are many myths surrounding collections, and he dispatched them thusly:

1) I need to be Tougher....No! You just need to be <u>clearer</u> about the conditions of payment. Only 20% of vendors ever state up front the terms of payment.

2) Something is better than nothing...No! Because something more is better than something. You will only get what you expect.

3)Don't upset the Debtor...Who Cares! If the debt is fair and legitimate, the upset is his, but don't make it yours.

4) To avoid conflict, mail, don't phone...No! If they ignored the bill, what is your letter going to do? Be direct, be succinct, but be something, it's your money.

Remember, you can always renegotiate, just don't reneg. When you phone and a child answers, what then? Len suggests that you have them call mommy or daddy to the phone; "They're not here..." well then you just ask them to ask mom or dad when they'll be back. Don't laugh, it works. And when on the phone do not ask: How are you? Is there a problem? For anything less than the total amount.

If you agree to accept "something" on the

account, be sure to specify what "something" is. Don't make a habit of chasing after late-pay discounts, or past due interest after you've got the principal. Len identified five areas of debt resolution:

1) Write-off..no explanation required

- 2) Pre-collection...Official looking Past due forms
- 3) Attorney...no explanation required in this club
- 4) Small Claims...Roll the Dice
- 5) Collections...The boogey man

Len closed by saying that we are all human, and perhaps a mistake had occurred in the billing or debt collection, and that we should be willing to give the benefit of the doubt, once... Len's parting shot was donating the entire proceeds (\$100) from the sale of five autographed copies of his book to our Community Fund.

The raffle was a little atypical, but final results are as follows:

Top Dog.....ELOF GRANBERG
Bud Man....DON LAU
Lunch Bunch...JOHN MEDLOCK

Left to me by BEAVER, DAVID ALMEIDA Acting Editor, & Jr. Boogey Man

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PROGRAM FOR FRIDAY, AUGUST 9, 1991

"Keeping Your Home & Business Secure"

J. MARK ROGERS President Transbay Security Center

Our speaker this week is J. Mark Rogers, President of Transbay Security Center who will give us a 1/2 hour presentation covering:

- Who the criminals are; where & when they strike.
- ° Basic ideas for home & business protection.
- ° Common security hardware used for home & business.
- ° High technology developments in security systems.
- ° Protecting yourself, your home & business against theft, robbery and assault.

His speech will not cover any sales pitch for a specific security item but all participants will receive a home security booklet published by National Guardian at no charge.

Mark has 22 years in the Locksmith/Burglar Alarm business in San Leandro and belongs to the American Society of Industrial Security, Guild of Licensed Locksmiths and Associated Locksmiths of America. He belongs to Skywest Toastmasters, and is on the San Leandro Boys Club Board of Directors and a member of San Leandro Rotary Club and Exchange Club.

Chairman of the Day: HOWARD MARTIN \* \* \* \* \* \* \* \*

PROGRAM FOR FRIDAY, AUGUST 16, 1991

ROBERT J. CAMPBELL Assemblyman 11TH ASSEMBLY DISTRICT

#### LAST WEEK

T'was a cool and cloudy day atop the hill as PRESIDENT DEAN BARBIERI convened the troops and led the pledge to the flag. Having interrupted DAVID SMITH's joke he then called on DENNIS EDMONDSON for the thought for the day. DENNIS was apparently under the impression that it was a thought for the year as he gave the longest recitation since the last time I was called on.

DARROL DAVIS reminded one and all about the upcoming Frolic in the Foothills at CALFEE's on August 24-25. See RUSS SCHULZE or DARROL if you're a'goin'. Guess what LESLIE LEVY had a message about? No. No, not that either. It was the program schedule! She said she has some resources for people who are stumped for program ideas. She also thinks it would be a good idea to double up the program schedule and also use it as a thought for the day schedule.

More on the Rotary night at the California Shakespeare Festival. It's September 11, it costs \$30 for a lunch and the play which is "All's Well that Ends Well," and it's being sponsored by the Kensington/North Berkeley Rotary. See EDMONDSON if you're interested. PHIL PEZZUTO got his blue badge and took over duties as our new sergeant-at-arms. JIM SCOTT says dues are due and DAVE ALMEIDA gets them. WES SEAPY received his certificate from Rotary International for completing his PolioPlus donation & congratulations. DEAN gave a brief update (postdate?) on the program which through early May had raised \$226 million to combat polio worldwide. When the program is complete 594 million children will be been immunized.

DAVID "The Hatchet" SMITH was up next and in case you missed the introduction of our visiting Rotarians and guests, so did DEAN, who we guess is still getting the hand of things and better keep a lot of money on hand until he gets it all straightened out. \$5 this time. Visitors included Debra Fournier from Oakland Rotary and Gary Pokorny from El Cerrito. Guests included but were not limited to David Porter, an associate of WALTER WOLFFS, and DARROL's way better half, Marijean. DAVE

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#### LAST WEEK (cont'd)

TROUGHTON was up for two long overdue recognitions and found \$100 each for his birthday and anniversary. Goes to his PolioPlus. ALMEIDA's still married and he had \$100 for his wife's Paul Harris Fellowship. And is WALTER WOLFFS a trusting, generous guy? Since he was unable to find out what happened to his check for a recent recognition he just wrote out another and handed it over to JIM "I'll give it to DAVE" SCOTT who handed it over to DAVE "Fast Hands" ALMEIDA. Thanks WALTER.

Our quest speaker for the day was Gary Wollin who has been in the stock market long enough to have honed his skills into a delightful presentation he calls "How to Lose Money in the Stock Market". Gary was a kick in the old pants from the opening bell when he opened his book called "Hot Stock Market Tips" and it caught on fire. In between a hilarious perusal of the stock market scene Gary mixed in some pretty good strategies. His main point is that losing money can be an important part of your investment strategy if you do it the right way and cut your losses at the right moment. You don't need to make more money than anyone on Wall Street in order to make money, he said, you just have to lose less. His three rules for losing money in the market are:

1) Buy whatever the phone call was about. That is, listen to and invest with a stockbroker who calls you up cold.

- 2) never take a loss, and
- 3) follow stock tips.

Gary says he made a study which found that if a stock drops 12.5 percent below the high where you bought it there's an 85 percent chance it will continue to go down. His five rules for stock market success are:

- 1) Create a sound longterm strategy and stick to it;
- 2) learn to take losses and let your winners run:
- 3) work with a savvy financial pro and never invest with strangers on the phone;
- 4) never act on stock tips and
- 5) invest in areas you know something about such as your own company or industry. He said Rule 5b is go out and do something good in the world.

BILL WAHBEH and DAN SANDERS split the coffee and Pepsi.

#### THOUGHT FOR THE WEEK

Success didn't spoil me; I've always been insufferable.

> JIM BEAVER Editor

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FIRST CLASS



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A Weekly Publication of the Rotary Club of Richmond, California

PROGRAM FOR FRIDAY, AUGUST 16, 1991



ROBERT J. CAMPBELL ASSEMBLYMAN 11th Assembly District

"General Legislative Update"

Bob Campbell, Democrat, came to the Assembly with considerable ties to his

district having lived in Richmond since 1948, being very active in the community. He was first elected to the Assembly in 1980 and has been relected in 1982, 1984, 1986, 1988 and 1990. His district sits benefits of Shakespeare, (see DENNIS entirely within Contra Costa County ranging from Richmond to West Pittsburg.

Assemblyman Campbell is known for his legislative efforts in education and natural resource protection. He has authored major legislation regarding matriculation and has worked untiringly to guarantee the state's education system is accessible to all who desire it. He also has been deeply involved in efforts to assure the state's school facilities meet the demands. He has authored several measures on behalf of endangered species, including bills creating the state's endangered species tax checkoff and the state's Endangered Species Act and has been a major force in protecting the state's public trust responsibilities. He carried legislation to improve air quality by increasing the penalties for violation of stationary air pollution standards.

Assemblyman Campbell will give us a general legislative update touching on the state budget and the current R.U.S.D. budget problems.

Chairman of the Day: DAVID SMITH

\* \* \* \* \* \* \*

PROGRAM FOR FRIDAY, AUGUST 23, 1991

Our speaker this week will be from the National Federation of Independent Businesses.

#### LAST WEEK

Our meeting was opened by PRES. DEAN with the Pledge to the Flag followed by two quick Thoughts for the Day by PETE BRAY. Both were golf related; one about natural hazards, the other about long shots to break even...

PRES. DEAN then did welcome visitors of all stripes, including but not limited to the following: Mikki Salome (HANK COVELL) and Exchange Student Felix Kuhn staying with SAM SARKISSIAN (more on that later); Carol Rogers, wife of our speaker, pitched us on \$10 raffle tickets for either a Carribean Cruise or a trip on the Napa Wine Train; visiting Rotarians John Roticci (DEAN's brother-in-law) of Oakland #3, and Fred Mitchell of Kensington (exhorting us on the for tickets); and last but not least, PDG Ian Hamilton (El Cerrito) and PDG James Thompson (all the way from Lewes, England) were here for the first sunny Bay Area day in at least a month.

DARROL DAVIS was up for a real quick pitch on the CALFEE Weekend ... TOM BAGLEY was up for a really, really quick pitch that PRES. DEAN knows what it is, but we still don't; stay tuned ...

PRES. DEAN then asked WES SEAPY to "approach the bench" (practicing counselor?) to receive his third Paul Harris fellowship; the crowd applauded, and HANS fell on the floor.

HANK COVELL informed us that GERRY CULLEN was back from Finland, and as previously reported here, did indeed have a strong Finnish... Outpacing over 5000 competitors from 60 countries, GERRY missed a bronze in the Marathon portion, but struck gold in a 10K cross-country, at 80 years young.

HANK COVELL went on to remind us of the Night at the Masquers, September 19th; see ad elsewhere in this and future editions.

PRES. DEAN reminded us of the next Board of Directors meeting, Point Marina Inn, Thursday, August 15, 7:30 AM. DEAN encouraged attendance, as all members are welcomed

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to attend, and while he was on the subject of attendance, noted that last month's was a meager 78%. Deputy DAVE SMITH (he loves that kind of talk) was on next and reported that he does indeed enjoy the editorial license with his name as anything is an improvement (his words, not mine). SAM SÄRKISSIAN got a freebie for getting an exchange student close enough in appearance to his own offspring; BUD MARTIN provided a healthy stipend to commemorate his birthday on his favorite son-in-law's wedding anniversary; MIKE WINTER celebrated an anniversary; HANS SHAPER, also for an anniversary; and finally, DAVID located some really obscure blurb in the West County Times that made a passing reference to TOM McGOWAN, which nobody but DAVID saw, TOM paid anyway. Derelict DAVID neglected to call on BOB ARAGO who jumped up and offered \$100 toward his Paul Harris to co-celebrate a birthday and anniversary and CHARLIE WONG sneaked in \$100 towards a Fellowship for son Gary.

HOWARD MARTIN introduced speaker, J. Marks Rogers, to speak on a subject near and dear to Richmond hearts, Security. He stated that burglaries occur in the U.S. at the rate of 1 every 10 seconds, and during their commission also 60% of reported rapes and 30% of other assaults. The Government tells us that crime is down to only 4,670,000 burglaries a year. The perpretrators, mostly youths or drug addicts, select targets of opportunity: good cover (high walls or shrubs), poor or no lighting, faulty or

non-existent locks, or worse yet, reports reveal that 40% were unlocked. Most thieves would not take a second look at a house with bars on the windows, security grate on the door, bell box on the side, surrounded by low hedges and illumination; they'll go to your neighbors'! With any of these visual security clues, you are 600% less likely to be victimized. He cautioned that maintenance and testing of any electronic system is a must. He then demonstrated some very simple and inexpensive measures, as well as more sophisticated items. His personal recommendation was to get what you could afford and are able to use; the best system in the world isn't worth a dime if you don't use it as it was designed.

The raffle was done by DUNN (STEPHEN), it was the Grapes of Rath all over again with wine going to HOWARD MARTIN and Corned Beef going to JOHN NICOL.

This week, Bob Campbell.

Left to me by Beaver, Acting Editor Treasurer Mobil ATM Maitre D' Money Changer, DAVID ALMEIDA

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PROGRAM FOR FRIDAY, AUGUST 23, 1991



MICHAEL MENDONCA President. Pleasant Hill Rotary, GSE Team Leader to Brazil

Jane where he is a member of the Marina Commission of the City of Martinez.

Chairman of the Day: NORM FOLEY

Reminder: Each Team will do Thought for for the Day.

\* \* \* \* \* \* \*

"The GSE Experience in Brazil"

Earlier this year Michael Mendonca was selected by then District Governor Joe Cranmer to lead a group of 5 outstanding young business and professional men to District 461 in the Sao Paulo area of Brazil. Michael will tell us about the happenings and experiences of the team while there and the knowledge they all gained.

International service is nothing new to Michael. As Youth and Family Director for the International YMCA in Chicago he helped organize camp programs which featured international counselors. In addition, Michael and his wife Janet have hosted students from more than 20 countries during the past several years.

Formerly Bank Manager at Citibank in Walnut Creek, he was recently promoted to Manager of Service Quality at Citibank in Oakland.

A graduate of Watsonville High School, Michael earned degrees in Psychology and Social Work at George Williams College in Chicago, Illinois. He was program chair for his Rotary Club in La Grange, Illinois, then served as Club Service Director for three years at the Pleasant Hill Club.

Michael says he learned his Portuguese from his Vo Vo and Va Va (grandfather and grandmother) who were originally from the Azores.

He is a fishing nut and enjoys backpacking and scuba diving. In addition to playing racquetball and softball, he also finds time for home remodeling projects and playing the trumpet. He resides in Martinez with his wife PROGRAM FOR FRIDAY, AUGUST 30, 1991

"New Enterprise Zone in Richmond" GARY HEMBREE Richmond Redevelopment Agency

> "SBA Financing" KARYN KING Morrison Company, San Francisco

#### LAST WEEK

Our meeting was opened by PRES. DEAN with the Pledge to the Flag followed by HANK COVELL with a thought for the day.

In the visitors (Rotarians) column we had DG Elect Peter Faye of Woodland (NUSBAUM), also Miki Salome (COVELL), Arnold Stamps (FENDER), Umpire-for-the-day Bert Coffey (PALAZZOTTO), former member Edward M. Downer III (NICOL), and former member Dennis Triplett (BARBIERI). Surprise guest was former Rotary exchange student, Jeannette Edin from Sweden who brought Banner #1 from a Rotary exchange program where she is now employed.

On next with the best job in Rotary was DAN TANITA who inducted new(est) member, KATHERINE O'DOWD.

If you are reading this now, you are too late to get tickets to the Shakespeare festival but see DENNIS EDMONDSON just in case.

DONNA McCAIN announced a Clean-Up Party on 9/21 at Point Pinole Regional Park. It's a family style BBQ with T-shirts and all kinds of good stuff, plus what you could be doing for the parks that we all enjoy.

PRES. DEAN announced that he will be away this week and TOM BUTT will sit in. RUSS SCHULZE made a "Last Call" for Ya'll for the

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CALFEE Weekend, and added a ten-spot to discuss his recent vacation with Fimi. Her honor BESSIE DREIBELBIS informed us of a fundraiser to benefit Richmond High, and, being the Oilers, it will be held at the offices of Chevron Land at Hilltop on 8/23; HURRY..but should you miss that one, fear not, for there art another. Yes, Virginia, an A's game, this one on 9/24.

Dastardly DAVE SMITH was up next and he showed no mercy, starting with himself for a mistake and a birthday. Cruel, but usual, describes the next victim, boss and speaker of the day, Bob Campbell, for belonging to the Exchange Club. Next was Boss Bert Coffey for initiating inebriation on independent individual income, or I,I,I,I,I, (say it fast, it sings). WERNER SCHWARZ was up next, no, don't faint, don't have the money yet. JOHN MEDLOCK was honored for a birthday; DICK NELSON paid another shot toward his spouse's Paul Harris for anniversary and 36 years of perfect attendance; LOREN STRAUGHN celebrated his 35th anniversary with contribution to his Paul Harris; TAALIA HASAN celebrated a birthday by dropping a dollar-a-year on her Paul Harris.

Next up was our speaker of the day, The Honorable Robert Campbell. He told us that this may have been the most difficult year in the history of California. The general shape of the economy, compounded by the collapse of the schools, and the culmination

of the long-time-coming battle of decreased income vs. demand for services. Bob said (his words, not mine) that the following were "stupid": "Junk food" tax; Cities being charged a fee for booking offenders into County Jail; Cut to AFDC funds (Aid for Dependent Children); and Downward adjustments to General Assistance (despite rising inflation). Bob said (his words, not mine) that the following are "smart": Create a progressive tax, that rises and falls with income; The need to tax services, to better reflect the changing nature of our economy from a manufacturing to services base; Dismantle the adversarial nature of our government, ie, Agriculture vs. Industry; and County government has outlived its usefulness, we should strive towards a regional approach such as ABAG, which utilizes locally elected and locally responsible leaders.

In closing, Bob spoke of the need for more, but certainly different kinds of taxes to fill the gaps between demand and supply.

At this time, raffle collections were manifested in proceeds and distributed thus:

Sauerkraut - TAALIA HASAN (I really gotta talk to these guys!)

Ham - JIM SCOTT (but maybe not right away..)

Left to me by BEAVER,

DAVID ALMEIDA, Acting Editor

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PROGRAM FOR FRIDAY, AUGUST 30, 1991

"New Enterprise Zone in Richmond" GARY HEMBREE

Richmond Redevelopment Agency and

"Financing for Enterprise Zone Businesses" KARYN KING

The Morrison Company, San Francisco

Gary Hembree:

Gary Hembree is a Project Manager with the Richmond Redevelopment Agency where he is responsible for the management of several redevelopment projects including BRIDGE's City Center Project in central Richmond, and pursuing the creation of a new project area along Interstate 580 to maximize this corridor's economic development potential.

Gary will introduce the California Enterprise Zone Program explaining its intent and operation citing other locations and their experiences. He will then go into the Richmond Enterprise Zone Program: Boundaries of Zone, What is an Enterprise Zone?, How is the Program managed?; What are its benefits? and What does this mean for business? He will explain where Richmond is in the Designation Process and when Enterprise Zone businesses may access the tax credit and gain access to the Program.

Karyn King:

Karyn King has worked in financing for over seven years, with three years in the securities and financial field and four years specializing in the Small Business Administration loan programs. Currently, she is a loan officer with the The Morrison Company, a firm specializing in SBA lending.

Karyn will follow Gary's talk addressing how the Enterprise Zone designation affects businesses in qualifying for and accessing Small Business Administration loan programs.

Chairman of the Day: JOE BAGLEY

Reminder: Each Team will do Thought for the Day

PROGRAM FOR SEPTEMBER 6, 1991

Chairperson for the Day: TAALIA HASAN

#### LAST WEEK

Immediate Past President TOM BUTT welcomed himself and the rest of the crew to Friday's Funfest and was soon muttering, "The flag, the flag, my clubdom for a flag." We found it way over in the corner and it was duly saluted. WIN BOWMAN had an extended thought for the day and BOB ARAGO welcomed guests and visitors. Visiting Rotarians included the inimitable Warren Trundle from San Pablo, Larry Ferrari from Grass Valley and Howard Smallheiser from Walnut Creek Sunrise Club. Our guests included Salvation Army Captain Leroy Thiem, who was with CHARLEY WONG and Don Hamilton with JOHN MEDLOCK. We also were honored to have TOM McGOWAN's daughter Elizabeth with us. Elizabeth was just back from the Pan Am Games in Cuba where she brought home a gold medal in Rowing. She's looking to repeat in the Olympics and we all wish her the best.

SAM SARKISSIAN returned in time to finally pick up his plaque from TOM thanking him for his service as a director last year. Messrs. Hamilton and MEDLOCK were invited up so TOM could present the former with the \$5,000 the Club is donating to the Boy Scouts to build the Butt Memorial Comfort Station at Camp Herms. Don said the Boy Scouts continue to grow in the district and approximately 25,000 are using Camp Herms annually.

It's Rotary Night at the Masquers time again and HANK COVELL reports that 53 of the 99 slots are already taken. You'll remember the evening, which takes place September 19 this year, includes dinner at the Mac followed by the play. He who hesitates stays home and watches TV so get your tickets early and often. HANK can be reached at 222-9454. It's \$30 per person.

Don't forget the Bayshore Clean-Up which takes place Saturday, September 21 from 8:30 AM to Noon. Our club will be working out at George Miller Park. The Clean-Up will be followed by a barbecue lunch at Pt. Pinole

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Regional Park. GARRETT GRANT has details.

SID FIELDS passed around sign-up sheets for the Job Shadow Program, an outstanding program that exposes high school students to Rotary. See SID for details.

Next up was DAVID "The Beast" Smith who found JACK HORTON wandering around in a suit he was able to fit into again after losing a few unwanted pounds. BILL REID was called on the carpet for coming in 4th in a listing of banks. DAVE ALMEIDA was asked to explain a letter in the paper thanking us for helping out the LULAC organization. Recognitions time found PHIL PEZZUTO donating \$100 to Community Fund for his birthday, KEVIN DOLAN celebrating birthday with \$100 toward his Paul Harris, ELOF GRANBERG's birthday was worth a nice donation to his Polio Plus and DENNIS EDMONDSON's anniversary brought a \$100 donation to his wife's Paul Harris.

NORM FOLEY introduced our guest speaker for the day, Michael Mendonca, who is president of the Pleasant Hill Rotary Club. Michael was selected to lead this year's group of GSE scholars to the Sao Paulo area of Brazil. The GSE program is sponsored by the Rotary Foundation. Each year eligible business people are selected to experience business and life in another country who are between 25-35 and able to take six weeks off from work for the trip. Michael said leading this year's group from district 5160 was "the greatest experience of my life". His group included a chemical analyst form Dow Chemical, a director

of the Chico Chamber of Commerce, a newspaper bureau chief, an agricultural administrator and an import/export businessperson.

Michael had some bad news about the economic and ecological situation in Brazil. Portions of lovely beaches are awash in hypodermic needles and raw sewage is being dumped into the Bay at Rio de Janero. The economy is an utter mess as well. About 20 months ago the government told the banks to transfer all funds above \$500 from each account into a new account. This money was then frozen and has yet to be returned. Inflation proceeds at around 300 percent annually with the expected results on borrowing and lending. Michael also visited one of the slum areas where he had a moving experience with a destitute but proud resident.

DONNA McCAIN and ELOF GRANBERG took home the gourmet soup and non-alcoholic vino.

> JIM BEAVER Editor

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#### PROGRAM FOR FRIDAY, SEPTEMBER 6, 1991

"PLAYING THE POSITION"

Norman Thompson

President/Chief Executive Officer P.T.P. (Playing The Position), a company that holds training camps for football players at various stages of their development. Athletes in high school, college and semi-professional programs are able to refine their techniques according to the specific position of the player.

Mr. Thompson was born in San Francsico, California. He made the All American Teams while at Laney Community College and at the University of Utah. After Mr. Thompson graduated from college with a degree in economics, he was drafted in the first round of the National Football League selected by the St. Louis Cardinals. After playing several years with the Cardinals he became the first free agent in the NFL, electing to go to the Baltimore Colts. Norman retired after nine years as a defensive cornerback in which he was a starter for both teams throughout his playing career.

In addition to sponsoring the training camps, P.T.P. has developed a series of videos that can be used by coaches to improve techniques that are designed for specific positions.

Mr. Thompson is a member of the Board of Directors of the National Football League Players Association (N.F.L.P.A.)—Northern California Chapter. He is a regular volunteer at the Richmond P.A.L. Program.

Chairperson of the Day: TAALIA HASAN

#### PROGRAM FOR FRIDAY, SEPTEMBER 13, 1991

A speaker from the FBI

Chairperson of the Day: CHUCK WRIGHT

REMINDER: Each Team will do Thought for the Day.

#### LAST WEEK

PRESIDENT DEAN had a hearty hi-ho and led the pledge to the flag which was where it's supposed to be for a change. LLOYD HENRY'S thought for the day-"Nothing in the fine print is ever good news."

Visiting Rotarians were Michael Chang from El

#### LAST WEEK (continued)

Cerrito and Katie White from somewhere else. Guests included the Rev. Michael Brown with TOM BUTT, Isiah Turner with BOB ARAGO and Erik Granberg with DAN READY.

DEAN presented the real check for \$5,000 to JOHN MEDLOCK who promised to do his best to see that it gets where it belongs. The funds will be used to build a comfort station at Camp Herms. Construction begins in the fall.

BOB ARAGO reminded everyone to sign up for the Job Shadow program, a great way to meet the youth of West County, GARRETT GRANT reminded everyone about the shoreline clean-up September 21st and is still passing around a sign up sheet. So is BOB come to think of it. Sign up. GARRETT also raffled off a couple tickets to Sunday's (last Sunday) A's game with the strike-out kings of the East.

LESLIE LEVY had a clarification on the program schedule. It's a wonder LESLIE hasn't broken a foot while kicking everyone into figuring this thing out. The dates you got on that program schedule are the dates you're responsible for the program. Simple. It's important to get your program together well in advance and get LESLIE the information and a resume of the speaker so it can get in the Flywheel. It only makes the iob tougher for LESLIE and the wonderful ladies at Crabtrees Graphics when you delay. Also, the team of the day also gets the thought for the day. It all seemed so simple.

JIM SCOTT would like whomever's got them to please return the Rotary International Directories. Several that have been loaned out are still missing. These are valuable resources for traveling Rotarians as they contain a listing of all Rotary Clubs and when and where they meet. They're indispensable to traveling Rotarians and we need 'em back.

By the time you read this there's a good chance that no tickets will be left for Rotary Night at the Masquers. We were down to about seven seats and they were going fast. But if you want to give a try, call HANK. Quick.

DAVID "The Terminator 21/2" SMITH was up next. He picked off ARAGO for confusing HANS with WERNER. TIM THOMASON was doinked a dollar for showing up with a flaming suntan. DAN SANDERS was back from four days of sitting on a rock and staring at a lake while he contemplated his recent birthday. He

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#### LAST WEEK (continued)

must have achieved satori as he had a \$100 to finish his PolioPlus pledge.

ERLE BROWN also contributed \$100 toward his Paul Harris on the occasion of his anniversary. Richmond Rotary's official globetrotter, GERRY CULLEN was in town and he had a great story. He brought the gold medal he won in Finland for winning a seniors Cross Country race of six miles. He would have won the marathon as well but a crowd of spectators was blocking the entrance to the stadium on his way back in. It was good to see him and he even had \$100 for his Paul Harris.

JOE BAGLEY received his blue badge and proceeded to introduce our speakers for the day, Gary Hembree and Karyn King. The subject was the new Enterprise Zone that the government has granted to Richmond. Gary runs the Enterprise Zone program for the city and Karyn is with the finance company that will handle the SBA lending for the program. The Enterprise Zone program gives tax breaks and incentives to businesses if they will continue or begin to do business in a particular area. Obviously the program chooses depressed areas and hopes to revitalize them through the program. The program is geared toward manufacturing but there are some tax credits available for commercial businesses as well. There are five types of credits: a sales and use tax credit for businesses installing machine parts; a hiring credit whereby wages can be taken off income; a business expense deduction; an income carryover credit; and an interest income credit for lenders.

The program is expected to be up and running in October. Applying for the deductions is done through the Franchise Tax Board and is no more onerous (or less) than applying for any other deduction. Karyn was very enthusiastic about the program and what it will mean for lending to businesses in the Zone. Gary said the largest impact Enterprise Zones have is in hiring, with the statewide average being 300 new hires annually in the Zones.

NORM FOLEY and ELOF GRANBERG took home the goodies and WES SEAPY on lunch for the month.

Thought for the week: Everything is in a state of flux, including the status quo.



Gerry displays his Cross Country medal won in Finland. JIM BEAVER, Editor

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PROGRAM FOR FRIDAY, SEPTEMBER 13, 1991

"How to OR How NOT to Rob a Bank"

SUSAN SCHNITZER

Our speaker this week is Susan Schnitzer, Supervisor of Bank Robbery Detail, Division of the FBI. Depending on your persuasion, she will discuss "How to OR How not to Rob a Bank".

Chairman of the Day: CHUCK WRIGHT

REMINDER: Each Team will do Thought for the Day.

\* \* \* \* \*

PROGRAM FOR FRIDAY, SEPTEMBER 20, 1991

"Prostate Cancer"

MAURICE SANDLER, M.D.

#### LAST WEEK

PRESIDENT DEAN BARBIERI had a warm welcome for the attendant Richmond Rotarians and our guests and visitors. "Dandy" DON LAU had a thought for the day that truly came from the heart, "School's open. Hallelujah!"

TOM AMESS introduced our visitors and guests who included TOM McGOWAN's son Greg and Michael Brown of Pt. Richmond who was with TOM BUTT.

#### Announcements:

Coast Cleanup Day along the George Miller Regional Shoreline is Saturday, September 21 beginning at 8:30 a.m. East Bay Regional Parks will put on a hamburger barbecue at 1 p.m. after the cleanup. Sign up with GARRETT GRANT who can be reached 374-3800 days or around lunchtime on Fridays at you know where.

The 10th Annual Food & Wine Festival will be held Sunday, October 27 from Noon to 4 p.m. at the Oakland Convention Center. They'll have 55 wineries, 25 food vendors and live entertainment. Tickets are \$20 of which \$10 will be kept by the Club to use as we see fit. Oakland Rotary #3 puts on the event and it sounds pretty good. DENNIS EDMONDSON is handling our tickets.

A reminder about the SS Jeremiah O'Brien cruise on Saturday, October 12. This 5-hour cruise on the only operating Liberty Ship celebrates Fleet Week and includes refreshments and a buffet lunch. Tickets are \$75 per person of which \$50 is tax deductible. The funds go to Rotarians Against Substance Abuse Foundation. Finally, and I'm not sure what this is about, one of the things on the flyer says you'll also get to "learn the bestkept secret of Operation Desert Storm." Oh yeah, ELOF says he goes to the gym with the captain of the ship and he's a great guy. Wow-go for it.

Congratulations to JIM CLAUSEN who com-

pleted his PolioPlus pledge.

DOUG "Deputy Dawg" STRAUS is back in the recognition saddle for awhile and, gentleperson that he is, or can on occasion be, fined himself \$5 for spraining his wrist and elbow playing softball.

JIM BEAVER, already, found \$100 for the community fund on the occasion of my 11th wedding anniversary. TOM AMESS went that one year better (12 years) and had a dandy donation as well. STEVE DUNN stayed in the ball park with his 9th anniversary and a \$50 donation to the community fund. STEVE put another buck in so he could read a listing from the 1956 Who's Who in the West which listed the

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famous-all-over-town DON HARDISON. The question as to what in heck STEVE is doing with this as reading material was not explained.

Just forget it by now probably, but as of last Friday HANK COVELL had a couple of tickets left for Rotary Night at the Masquers. You can try.

Tony Thompson of the County Public Defender's office did an admirable job of filling in for our scheduled speaker. Tony discussed the County's work furlough program which was recently shut down by the Sheriff's Department and the Board of Supervisors. The program was closed after all County departments were asked to cut 20 percent from their budgets. In addition, the Grand Jury recently told the County to reopen a girls center and the work furlough site was a logical location. Tony said the decision to close the program, while it appeared to have short-term savings and political benefits, was a bad idea.

The work furlough program is for certain qualified inmates and allows them to hold a job while they stay at the program site. Tony said that while there may be some short term savings there will be long-term costs because of the closure. By having them working and contributing, both to a portion of housing them and to the costs of their medical insurance

and care, they are able to actually help support the program and themselves. With the program closed the immates become a pure cost to the County. From an economic and social standpoint, he said, it just makes more sense to have these people working productively than sitting in jail.

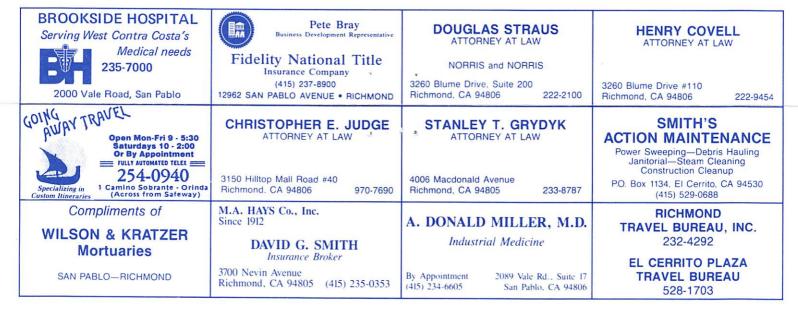
When they are taken away from their jobs they become more difficult to reemploy upon release, according to Thompson. Just as importantly, they are now being returned to the "culture of jail" rather than the culture of work and responsibility. Tony said his idea is to house the program at the unused dormatories at the new West County Jail and privatize the program.

TIM THOMASON took home the animal crackers and HENRY KELMAN took home the turkey. A good day all around.

#### THOUGHT FOR THE WEEK

Experience teaches you to recognize a mistake when you've made it again.

JIM BEAVER Editor



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PROGRAM FOR FRIDAY, SEPTEMBER 20, 1991

"Prostate Cancer"

MAURICE SANDLER M.D.

Dr. Sandler will review his findings and recommendations concerning his long term study of prostate cancer. This includes a long term study/screening in the area of 50 to 60 year old males. He has practiced in the Richmond area for the last 20 years and is a past Chief of Staff of Brookside Hospital. He has appeared on local television many times giving informational talks on prostate cancer and impotency. Dr. Sandler will be on KQED next week participating in National Prostate Cancer Week.

Chairperson of the Day: BOB ARAGO

\* \* \* \* \* \*

PROGRAM FOR FRIDAY, SEPTEMBER 27, 1991

"The Blue Ridge Experiment"

PETER THIGPEN San Francisco Bay Area Consulting Firm EXECUTIVE RESERVES

At a 400 operator sewing plant tucked back in the Blue Ridge Mountains in North Georgia, Levi Strauss experimented with reinventing the way they had done business for 140 years. Our speaker will show a video on this experiment and then talk about it.

Chairperson of the Day: TOM McGOWAN

Each Team will do Thought for REMINDER: the Day their week.

#### LAST WEEK

On a fogged in Friday the 13, PRES. DEAN led us in the pledge to the flag. CHUCK WRIGHT provided us with a pretty good impromptu thought for the week.

PHIL PEZZUTO introduced visiting Rotarians Maurice Baldwin from the Philippines and Howard Smallheiser from Walnut Creek Sunrise. Guests included Leroy Thieme from the Salvation Army, and hopefully-soon-to-be new members Michael Brown and Miki Salome.

We did bring in a new member, DENNIS TRIPLETT of Chevron Land. A former member of this club and most recently Bakersfield Rotary, DENNIS should be able to whip through the red badge requirements. Welcome DENNIS!

DAN TANITA then popped up to announce that a recent YMCA board meeting concluded in naming our own DON LAU as "Active Executive Director". (Ken Stein has moved on to the Oakland office.) More later ...

TOM McGOWAN had an announcement regarding next year's Group Study Exchange. We are looking for men and women between the ages of 25 and 35, a business or professional person, to travel to Norway. The visit will be five weeks in August/ September 1992. You cannot be a Rotarian, or even related to a Rotarian, but if you know someone who qualifies see TOM soon... the deadline is October 11.

Oakland #3 will be hosting the 13th Annual Golf Tournament on Friday, October 18. PRES. DEAN cut his teeth on this course, so see him or FRANK CORTESE if you are interested in playing. Last time we entered a foursome we won the tournament.

"Hit Man" DOUG STRAUS took the podium and hit PRES. DEAN for a dollar per wheel of his new car. Second target: J.R. SHIELDS, who has been on the STRAUS hit list since TOM BUTT's administration. WILLIE came through with a \$100 donation toward his Paul Harris in recognition of his birthday, anniversary and birth of his son Gregroy Keith Shields on August 2. Shouldn't the proud Grandpa be put on the list now?

MARKKU PELANNE was a recipient of the Richmond Rotary "Early Warning Anniversary Reminder Service" from DOUG. Not able to decide between Finland and Hawaii, the Pelannes decided to see a movie

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in Martinez and celebrate. A donation to the "never ending PolioPlus" was accepted from MARKKU. TIM THOMASON added a few bucks on MARKKU's behalf for being a "guts" player. Apparently MARKKU flashed a toy revolver he confiscated from his kids to our speaker, which prompted her to flash her own Smith & Wesson. No shots fired.

DON LAU was properly fined \$10 for his new job and assumably new pay increase. DAN TANITA was hit for the same amount for ratting on a fellow Rotarian in a improper manner. (Next time rat in private!) DAVID KUCHENTHAL spent his 39th birthday on a fishing trip and had enough left over to pay off his Paul Harris Membership. Thanks, David!

Chairperson of the Day CHUCK WRIGHT introduced a very delightful speaker, Susan Schnitzer of the FBI who is the San Francisco division supervisor for bank robbery investigation. She began by showing her credentials, a badge and photo ID, and a 38 Smith & Wesson six-shooter, which the bureau is phasing out and replacing with 9mm.

Bank robberies in the U.S. are "big business". Susan's division, which extends from Eureka to Monterey, consistently ranks second or third in the number of bank robberies annually. Los Angeles is always first, and New York City is near the top of the list, although New York only investigates if shots are fired. There were

over 300 robberies in the first 6 months of this year in our territory. Good news... last year the FBI solved 81% of the robberies committed.

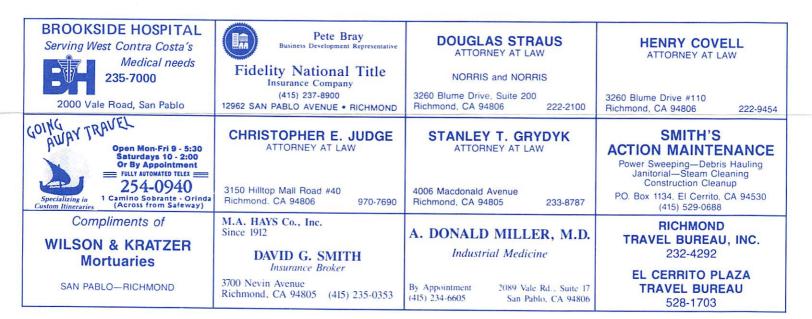
Normally these robberies are "laid back"...
just a note to the teller and out the door.
The average take is around \$1000. Lately the
"Romper Room" gang from Vallejo has been
romping about brandishing automatic weapons
and firing shots in the air, but this type
of conduct is infrequent. Basically these
people are robbing for dope money. Although
banks have many security measures, the thieves
prefer banks over stores because they know
that a) the teller is not armed and b) the
teller will give them the money. A very
informative and enjoyable speaker.

The raffle was won by our PG&E man in the FIELD, SID.

#### BOARD MEETING

There will be a Board of Directors meeting this Thursday, September 19, at 7:30 a.m., at the POINT MARINA INN, 915 West Cutting Blvd. All officers and directors are urged to attend and members are welcome.

DAVID SMITH Acting Editor



1991 - 1992 BOAR

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FIRST CLASS



"Service Above

Weekly Publication of the Rotary Club of Richmond, California

PROGRAM FOR FRIDAY, SEPTEMBER 27, 1991

PROGRAM FOR FRIDAY OCTOBER 4, 1991

"The Blue Ridge Experiment"

PETER THIGPEN

Peter Thigpen runs his own San Francisco Bay Area Consulting Firm, EXECUTIVE RESERVES. He specializes in Long Range Strategic Planning, Quality Processes and Marketing Management.

Prior to starting Executive Reserves, Mr. Thigpen was Senior Vice President - U.S. Operations and a member of the Executive Management Committee at Levi Strauss & Company, retiring after 23 years with the San Francisco based apparel company. While with Levi Strauss, his career spanned a wide range of geographical and functional positions. He started with the company's International division, spending thirteen years located overseas, the last four years of which he was President of the European Division.

In 1982 he returned to the United States and held a variety of posts, including President -Levi Strauss USA, President - The Jeans Company and Member of the Board until the company went

private in 1985.

Our speaker will show a video called "The Blue Ridge Experiment" and talk about it. The video concerns a 400 operator sewing plant tucked back in the Blue Ridge Mountains in North Georgia where Levi Strauss experimented with reinventing the way they had done business for 140 years. Traditionally, highly hierarchal management/supervisor structures and piece rate pay systems have been the standard. At Blue Ridge they wanted teamwork, group incentive and extensive operator involvement in virtually all aspects of running the plant. The 20 minute film is the employees talking about their fears, their hopes and how the Blue Ridge experience changed the way they looked at the company, their work and themselves.

Chairperson of the Day: TOM McGOWAN

REMINDER:

Each team will do Thought for the Day their week.

"U.S. Navy Today"

In Conjunction with Fleet Week

COMMANDER WM. "JEFF" SWEET Captain, U.S.S. Meyer Kord Frigate Stationed-Treasure Island

This will be a joint meeting with the Navy League.

Chairperson of the Day: LLOYD HENRY

LAST WEEK

Our meeting was opened by PRES. DEAN with the Pledge of Allegiance followed by PHIL PEZZUTO with a thought: "Don't put off 'til tomorrow what you can get somebody else to do

JOHN MEDLOCK introduced visitors: Rotarians Chuck Day (San Pablo), Russ Adamson (Mission: San Rafael) and David Romain (El Cerrito). Kirk Cord form Marvin Gardens Realty (LLOYD HENRY), and Camp Royal Alums Carla Ohler and Margaret Kaiser who both spoke briefly on their experiences there.

JOHN stayed propped up at the podium long enough to relate the tale of his new moniker and then tried to extort money from us by saying "you never call me any more..." , we might if we knew where you were...and comparing his tale to the THOMASON dragon story; JOHN, you're still 4th and loooooong...

TOM BUTT welcomed new member (Reverend) MICHAEL BROWN, who is also in the construction business...but since the Big Guy's son was a carpenter, I guess that it sort of follows...

DEAN on committee assignments; "Get a Job!" Seriously, if you don't have one, or want another, find DONNA...before she finds you.

GARRETT GRANT on the Coastal Clean-up; if you're reading this, you missed it...

Bored of Directors report..."Warmer Shorts" was anonymously nominated for International Director of Zone 7, comprising most of down-town San Rafael, Lagunitas, San Geronimo, Two Rocks, and Valley Ford...Weekly meeting atten-

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FRIENDSHIPS?

2. Is it FAIR to all concerned?

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dance is down to 80%, bottom half of the district; make plans, make make-ups, make the meetings, please. Foundation Dinner, Nov. 23, DoubleTree Inn, Walnut Creek, Black Tie (optional?).

With both STRAUS and SMITH absent, DEAN took it upon himself to handle extractions today; WILLIE SHIELDS JR. for a Paul Harris 10%, LOREN STRAUGHN, likewise, and LESLIE LEVY, ditto likewise...

BOB ARAGO introduced our speaker, Dr. Maurice Sandler who launched right into some serious numbers of prostate cancer...126,000 current cases in the U.S. (more than lung cancer), 36,000 of which will be terminal...20% of those are under age 60, and 5% are under 50...in the last 50 years, curability has not increased at

all

The key to successful treatment is early diagnosis; read that as regular, competent examinations. Ultrasound exams were pioneered in 1986-87, and the results were 30 of 400 patients were diagnosed, a full one-third of whom had already gotten a clean bill of health from their regular physician. Of all men examined by their regular doctor and diagnosed probably cancerous, the national average is 22% actually are; odds go up to 43% with the addition of the PSA (Prostate Specific Antigen) blood screening. The cancer itself is insidious; slow-growing and asymptomatic. By the time

time that symptoms have manifested, it is way too late for effective treatment.

In a current case load of 600 patients, Dr. Sandler finds 1 or 2 new cases per month through the use of the PSA blood test. Another grim statistic, a projected 75,000 a year death rate by the year 2000... The good news is this: "normal" does not change in even a year, so an annual check-up is fine. However, statistics show us that age is definitely a factor, and high risk groups include Black males, persons with high fat diets, presence of heavy metal (especially cadmium), and those blood-related to a patient, or sexually transmitted diseases; although elevated hormone levels are suspect.

A regular physical, including a rectaldigital exam combined with the PSA blood test is your best insurance. And speaking of insurance, the life-expectancy of early diagnosed patients is the same as for the general population.

DEAN closed by noting that Dr. Sandler's offer to do FREE screenings at Brookside during this week (National Prostate Cancer Awareness Week), should be well received by Richmond Rotarians who like anything for free!

Last up was STEVE DUNN with the raffle of Picnic in a Box and a Lot of Coffee...Winners were Chuck Day and Dragon Man TIM THOMASON...

Acting, Acting Editor, DAVID ALMEIDA

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A Weekly Publication of the Rotary Club of Richmond, California

PROGRAM FOR FRIDAY, OCTOBER 4, 1991

"U.S. Navy Today" (In Conjunction with Fleet Week)

COMMANDER WM. "JEFF" SWEET Captain, U.S.S. Meyer Kord Frigate Stationed-Treasure Island

Commander William Jeffrey Sweet graduated from Ohio Northern University in 1970 and enlisted in the U.S. Navy that December. He attended Officer Candidate School and was commissioned an Ensign in 1976.

His initial assignment was on USS Wichita where he served as Damage Control Assistant for two years and 1979 he joined the precommissioning crew of USS Fife as the Combat Information Center Officer and completed his tour as the Navigator in 1982. From there Commander Sweet entered the Naval Postgraduate School earning a Master's degree in National Security Affairs specializing in Naval Technical Intelligence.

From 1984-1986 he served as Engineering Officer on USS Lewis B. Puller and on completion of that tour, he was assigned as Executive Officer on USS Cook from January 1987 to December 1988. In January 1989, he was assigned to the Operations Directorate, Joint Staff, Joint Chiefs of Staff working in the National Military Command Center and the strategic Nuclear Command and Control Division until January of this year.

Personal decorations include the Defense Meritorious Service Medal, Navy Commendation Medal with gold star in lieu of a second award, and various service medals and ribbons.

This will be a joint meeting with the Navy League.

Chairperson of the Day: LLOYD HENRY

REMINDER: Each Team will do Thought for the Day.

\* \* \* \* \* \* \* \* \*

PROGRAM FOR FRIDAY, OCTOBER 11, 1991

MEETING AT POINT MARINA INN

"Changing Careers & Networking"

GERRY FOSTER

Chairperson of the Day: STEVE DUNN

#### LAST WEEK

PRESIDENT DEAN had a hail and hello and led the pledge to the flag. Shannon McGowan, who was sharing the dais with her husband, had a thought for the day which she uses at the Wellness Center, "In the face of uncertainty, there's nothing wrong with hope."

Visiting Rotarians included Warren Trundle from San Pablo and Joe Adamshek from Madison, New Jersey, who traded flags with DEAN.

Several reports on recent events. HANK COVELL said he "thinks" everyone had a great time at the Masquers. If you didn't, let him know. And for those of you who still haven't ponied up for the tickets, he knows who you are. Already planning next year's.

The Coast Clean-up was a success (Sept. 21) and we had a good Rotary turnout for the event. DEAN says for those of you who participated, your t-shirts are on the way. Warren mentioned that they did have some trouble getting enough food for the barbecue so we might be thinking about that for next year.

DENNIS EDMONDSON was getting a head count for the Jeremiah O'Brien cruise on Oct. 12. Not sure if you can still get on but probably so - see DENNIS. It's \$75 - \$50 of which is tax deductible. The ship leaves Fort Mason about 9:30 a.m. Heave-ho, after lunch.

Shannon said thank you for the check we provided to purchase a computer at the Wellness The Center is celebrating its first anniversary and has already provided 12,000 hours of counseling to 5,000 cancer patients and family members.

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Get out your calendar - Oct. 11 meeting will be held at PEZZUTO's Place, also known as the Point Marina Inn.

DOUG "His kids call him Darth" STRAUS was loaded for bear but went after JIM BEAVER first. DOUG was feeling Catholic and trying to spread some guilt around but your loyal editor was having none of it. Nor was birthday boy HANK COVELL who at 56 said he was feeling quite old because he could remember when DAVID SMITH's biggest problem was graduating from DeAnza. Somebody reminded him that was old and he stopped whining. JACK HORTON dropped off a check on the occasion of his 70th. DOUG enjoyed pointing out how much he enjoys recognizing BILL SHIELDS' anniversary as BILL was married the same year DOUG was born. Finally, JOE BAGLEY, who brought his wife Rita, was celebrating both an anniversary and birthday and started his Paul Harris Fellowship with \$100. The Club matched the first \$50 and that's a reminder for everyone who hasn't started their Fellowship.

TOM MCGOWAN introduced our guest speaker for the Day, Peter Thigpen. Peter spent 23 years with Levi Strauss. He served in a wide range of places and positions including President of Levi Strauss U.S.A. before retiring to start his own consulting firm. His topic was the "Blue Ridge Experiment".

The Levi Strauss plant in Blue Ridge, Georgia, was chosen in 1989 to be the location

for an experiment the company called "gainsharing". The plan was to change the traditional hierarchical worker/management structure to a teamwork approach that stressed group incentives and extensive operator involvement. The workers were involved and informed about much of the detailed management information that was usually kept from them. The payoff was that they would share in the gains that were made from increased productivity and cost cuts. Targets were set for the awards and totals were posted on wall charts in the plant. Rather than seeing themselves as individual units with little concern for their co-workers' production, the workers came to understand that the company and the facility was actually a chain of customers and suppliers. Peter showed a film on the project that highlighted how the workers came to understand, appreciate and get more involved in the gain-sharing process. He pointed out that it's important to understand that this is much more than just a profit-sharing program. It's an involvement in every aspect of the business on the part of the workers and requires full disclosure and constant communication.

EARNIE CLEMENTS and Herb Teaderman won the champagne and suds and DOUG STRAUS, who was already in Tahoe traffic, won free lunch for October.

THOUGHT FOR THE WEEK: It's a rare person who wants to hear what he doesn't want to hear.

JIM BEAVER, Editor

#### JIM BEAVER, Editor **BROOKSIDE HOSPITAL** Pete Bray DOUGLAS STRAUS ATTORNEY AT LAW HENRY COVELL Serving West Contra Costa's ATTORNEY AT LAW Medical needs Fidelity National Title NORRIS and NORRIS 235-7000 Insurance Company 3260 Blume Drive, Suite 200 3260 Blume Drive #110 Richmond, CA 94806 (415) 237-8900 12962 SAN PABLO AVENUE . RICHMOND 2000 Vale Road, San Pablo Richmond, CA 94806 222-2100 222-9454 AWAY TRAVEL STANLEY T. GRYDYK ATTORNEY AT LAW CHRISTOPHER E. JUDGE SMITH'S **ACTION MAINTENANCE** Open Mon-Fri 9 - 5:30 Saturdays 10 - 2:00 Or By Appointment FULLY AUTOMATED TELEX ATTORNEY AT LAW Power Sweeping—Debris Hauling Janitorial—Steam Cleaning Construction Cleanup 254-0940 3150 Hilltop Mall Road #40 Richmond, CA 94806 4006 Macdonald Avenue P.O. Box 1134, El Cerrito, CA 94530 (415) 529-0688 Richmond, CA 94805 970-7690 233-8787 M.A. HAYS Co., Inc. Since 1912 Compliments of RICHMOND A. DONALD MILLER, M.D. TRAVEL BUREAU, INC. **WILSON & KRATZER** DAVID G. SMITH Insurance Broker Industrial Medicine 232-4292 Mortuaries EL CERRITO PLAZA 3700 Nevin Avenue Richmond, CA 94805 SAN PABLO-RICHMOND 2089 Vale Rd., Suite 17 TRAVEL BUREAU By Appointment (415) 234-6605 (415) 235-0353 San Pablo, CA 94806 528-1703

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PROGRAM FOR FRIDAY, OCTOBER 11, 1991

#### MEETING AT PT. MARINA INN TODAY

"Networking for Career Success" MRS. JERI FOSTER

Are you concerned about your career? Will your job survive this current economic downturn? Do you know where you're going next? Have you planned the next step in your career path? How does being an effective networker influence career choice and career opportunity? Do you have some dreams in your pocket which you are thinking about trying to make reality?

Jeri Foster will give you some thoughts about increasing the effectiveness of your networking efforts. She will share some insights on trends in the market place and how they will affect individual career planning. Learn how to build career security in a very uncertain environment.

Chairperson of the Day: STEVE DUNN \* \* \* \* \* \* \* \*

#### PROGRAM FOR FRIDAY, OCTOBER 18, 1991

"The Other 98% of the Human Past" GEORGE COLES

Chairperson of the Day: HANS SHAPER

REMINDER: Each Team will do Thought for the Day.

#### LAST WEEK

El Presidente DEAN BARBIERI welcomed uno y todos to the hilltop aerie and led the pledge to the flag. CHARLIE had a WONGIAN thought for the day: A middle age crisis is when you realize your kids and your clothes are the same age.

JOE BAGLEY welcomed our visitors and quests. Guests included Warren Trundle from San Pablo and Dan Sweet from Pinole. Guests included

DARROL DAVIS' way better half Marijean and Capt. Leroy Thieme with CHARLIE WONG.

#### EAST BAY ROTARY-RENO INTERCITY MTG.

Get out your travelin' shoes, it's time to start thinking about the Reno Train Trip. This year will be the 50th anniversary. The date if January 12-13, 1992 and the package price is \$190/single and \$180/double. Renomeister JOHN NICOL will take your money and he needs it by NOV. 1. We'll be staying at the El Dorado and if you have a roomie in mind, let him know.

JOE NUSBAUM will again represent the Club in the Hunger Walk to benefit various programs associated with the Greater Richmond Interfaith Program. Last year we raised \$500 and brought home the Hunger Walk Flaque. This is where it belongs, JOE says, and he wants to do even better this year. He passed around sponsor sheets and he probably will again. Watch for them.

The District Governor will be here Oct. 25 and DEAN needs reports on committee activities from all committee chairs. Like now.

DOUG "Greenfingers" STRAUS took his post, but not before being presented with his certificate for completing his Paul Harris Fellowship. He followed that good work by presenting \$100 to the community fund on the occasion of his 36th birthday. BART WALLACE has a twofer and was in a bountiful mood with \$100 each to the community fund and Paul Harris for his birthday and anniversary. WALT ZERA's anniversary was also duly recognized. Recognized as well, by OSCAR LUGO, was the Navy League pin WALT was wearing. That was a quick \$5 for wondering. DOUG was in such a hurry to get back to his food that he left all his Paul Harris stuff at the podium. DEAN tried to fine him and DOUG agreed that a proper fine would be whatever the fine is for club presidents who leave early. The barristers circled each other warily for a moment and then called if off.

LLOYD HENRY introduced our guest speaker for the day Cmdr. William Sweet, Captain of the U.S.S. Meyer Kord. Cmdr. Sweet was on the Joint Staff with Lt. Gen. Tom Kelly during the planning and execution of Desert Shield and

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the planning of Desert Storm. He left that post the day before the first bomb was dropped on Irag. Cmdr. Sweet gave a fascinating account of the logistics of that operation and war. He had some remarkable statistics on the sea lift and the speed with which our forces and supplies were assembled on the ground in Saudi Arabia.

During the Desert Shield embargo the Navy challenged 8,500 vessels, boarded 1,100 and diverted 60 in the Red Sea and the Persian Gulf. When hostilities commenced the Navy had 54% of its employable fighting ships in the area, including four aircraft carriers. 25% of the strike sorties were flown from Navy ships. 100,000 Navy forces in the area were able to tie down 10 times that many Iraqi forces who were expecting an invasion from the sea. This was key reason the land forces were able to complete their surprise attack from the west.

The sea lift was the key to getting our forces in place. 2.4 million tons of equipment and material were moved. At the peak of the lift, 172 ships were underway. Operation Desert Storm/Shield could probably never be duplicated because the conditions that made it so successful were unique: cohesive coalition, bringing the troops into a friendly country where they could immediately begin unchallenged logistics training, we had six months to prepare, and there was an inplace infrastructure

that included 30 airports, eight ports and unlimited free fuel.

Some of the lessons: re-emphasis of the importance of keeping military objectives absolutely clear and having civilian poplulation cohesive in its support of those goals; the necessity of joint operations with all the services cooperating; and for the Navy, confirmation that large warships retain value in battle. The future of the military rests in large part on what the nation can afford. Major troop reductions are on the way and the personnel who remain will need to be smarter and better educated. Armed forces are competing for same young people many businesses need The services are no longer the place where laggards and troublemakers go to grow up. Business and the armed forces need to join together to tell the government and educators what we need from our educational system.

JOE NUSBAUM and TAALIA HASAN took home the BBQ and cornflakes.

THOUGHT FOR THE WEEK- It's alright letting yourself go as long as you can get yourself back

JIM BEAVER, Editor

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"Service **Above** 

A Weekly Publication of the Rotary Club of Richmond, California

PROGRAM FOR FRIDAY, OCTOBER 18, 1991

"The Other 98% of the East Bay Human Past"

GEORGE COLES

Our speaker this week is George Coles, retired, who has conducted his own archaeological excavations on fifteen local sites and participated in many directed by others.

George has an AB/San Jose State (Psychology), M.A./Stanford (Experimental Psychology) and M.A./U.C. Berkeley (Anthropology) and has done doctoral writings on both of the latter but no dissertations.

George taught Psychology at Contra Costa College for six years along with counseling duties and he taught Anthropology at C.C.C. for 28 years.

Besides his academic pursuits, George also worked for Chevron (sales & training), Aramco (Personnel), Richfield (Sales Management) and spent 4 years in the Army in WWII. He also had his own business for 2 years.

Chairperson for the Day: HANS SHAPER

Each Team will do Thought for REMINDER: the Day.

\* \* \* \* \* \* \* \* \*

PROGRAM FOR FRIDAY, OCTOBER 25, 1991

District Governor's Visit

JOHN W. KLEFSTAD Governor, District 5160

\* \* \* \* \* \* \* \* \* \*

#### LAST WEEK

PRESIDENT DEAN had a Pt. Marina kind of hi and led the pledge to the flag. STEVE DUNN had a thought for the day on feeling good for various periods of time including "If you want to feel good for a lifetime, help others." Feeling good for an hour was a good idea too.

TOM AMESS introduced our guests and visitors who included Kirk Corr with LLOYD HENRY, Bud Lowrey with ELOF GRANBERG, Leroy Theime with CHARLIE WONG. PHIL PEZZUTO's wife Ginger joined us too.

CHARLIE FENDER returned from his New England travels with a couple of Rotary flags, one from a town in Maine and one from Halifax, Nova Scotia. KUMAR BELUR welcomed two of our club members to the full ranks of Paul Harris Fellows: LESLIE LEVY and LOREN STRAUGHN completed their fellowships and were justly applauded.

JOE NUSBAUM is still signing up sponsors for his participation in the upcoming (10-19). Find JOE if you haven't signed up to sponsor him. Proceeds from the walk are funneled through GRIP and go to aid the soup kitchen and food pantry among other services for the indigent.

Congratulations and good luck to TOM AMESS who's running for the Fairfield School Board.

DOUG "I never met a wallet I didn't like" STRAUS was just getting started when HANK COVELL stook up and admitted he had wandered up the hill before figuring out where he was supposed to be. He handed over \$5 and asked anyone who sees him wandering around town to please send him off in the right direction. This brought the wrath of STRAUS down on DENNIS EDMONDSON for not posting a guide on the hill and some other stuff. KUMAR rose on a point of (dis)order, pointing out that although he was celebrating an anniversary his 21st - that very day, he had not been called. Discovery proceedings found him listed as an 11-11 anniversary - a mistake on its way to rectification. KUMAR donated \$100 to his Paul Harris, \$100 to his PolioPlus (yes, HANS, we know) and, hold onto your fellowship, another \$100 to start LESLIE on her next Paul Harris. DAVE LEIBEL mailed in \$75 for his

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for his birthday. KEVIN DOLAN, who did NOT have lunch with Anita, had \$100 toward his Polio-Plus on the occasion of his anniversary. CHARLIE FENDER"s 49th anniversary was celebrated in romantic New England where he and Clavel were serenaded by the Anniversary Waltz. He had \$2 a year. Someone snitched on your loyal Flywheel editor about my late-night hawking of free prostate. exams. The whole discussion degenerated rapidly and cost about \$15.

Our guest speaker for the day was Jeri Foster who advises people on their careers and networking to improve same. She's done seminars for some pretty decent-sized outfits including AT&T, IBM and PacBell. Networking, she said, does not simply consist of putting on a suit and going around giving out your business card. It consists of building real links between the people you know and the people who know the people you know. Good networking results in more power. If you're someone who keeps an ear to the ground and knows what's going on in your organization, you're a more powerful person because of it. Networking is a way to gather information. It's a way to stay a step or two ahead of what's going on in your business or industry. The impact this has on your career is important. In our rapidly changing world we can no longer always expect to start with a company, settle in and stay there until we retire. People move around a lot more these days, sometimes voluntarily, sometimes not. If you do some planning about what you want to do,

the skills you need to do it, and where you want to be in five or 10 years you can avoid many of the pitfalls of the modern business environment. You have to take charge of and be responsible for your own career.

ERLE BROWN took home the mustard and almonds, while DON MILLER got the peanuts, sunflower and Pepto Bismol. You heard me.

JIM SCOTT will be staying home for awhile taking care of his wife Marge. They could use a few of your prayers.

THOUGHT FOR THE WEEK: The entire sum of existence is the magic of being needed by just one person,

JIM BEAVER, Editor

BOARD OF DIRECTORS MEETING - The Board of Directors will meet Thursday, October 17, 7:30 AM at Point Marina Inn. All Officers and Directors are urged to attend and members are welcome.







222-9454

Completing their Paul Harris Fellowships are DOUG STRAUS, LESLIE LEVY and LOREN STRAUGHN.

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Weekly Publication of the Rotary Club of Richmond, California

PROGRAM FOR FRIDAY, OCTOBER 25, 1991

"District Governor's Visit"



JOHN W. KLEFSTAD Rotary Club of Fairfield-Suisun, California

> GOVERNOR DISTRICT 5160 1991 - 1992

20 Country Club Drive Suisun City, CA 94585 Res: (707) 864-1439

A member of the Fairfield-Suisun Rotary Club since 1974, classification Casualty Insurance, John is now Senior Active. He served as a Director 1975-76, Vice President 1976-77 and President 1977-78.

After completing his term as President, he served on many club committees, including Rotary Information and Induction and the Rotary Foundation.

At the District level he was the Registration Chairman for the 1977 District Conference held in Fairfield; Governor's Representative for the formation of the Cordelia Rotary Club; District Governor's Representative; Chairman of the Rotary Foundation Annual Giving Subcommittee; Chairman of the Group Study Sending Subcommittee for the exchange with District 111 in England in 1989-90. He also served on the Membership Development and Retention Committee.

After graduation from the University of Minnesota in 1950, he entered the Air Force and retired in 1969 as a regular Lt. Col. His Air Force awards include the Air Medal for a world record flight and Bronze Star for service in Viet Nam. Wishing to have his own business, John set up a Farmers Insurance agency which he operated until 1989.

While in business, John was an active member of the Fairfield Chamber of Commerce. He acted as Chairman of the Military Affairs Committee of the Chamber. He has served as President of the Green Valley Homeowners' Association and as a member of his church council.

Jane and John were married in 1953. They enjoy cross country skiing, swimming, golf and travel. John and Jane are Paul Harris Fellows.

Spouses and Guests Welcome.

#### LAST WEEK

Our meeting was opened today by PRES. DEAN with the Pledge of Allegiance followed by a thought for the day by DARROL DAVIS to the effect that of all the wonders of nature, man

is the most wondrous; something to ponder...

DEAN was quick to introduce visiting Rotarian Keith Fletcher, all the way from Hamilton, New Zealand; banner in hand...

Guests today included Rabbi Arik Ascherman (NUSBAUM), and Mr. M. Tabi (SARKISSIAN).

DEAN then called RALPH HILL to the podium for the presentation of his third Paul Harris Fellowship, alright RALPH!

DAVID the "K" was up with Sunshine info;

please call CHARLIE PEICK who is at home and convalescing. CARL REHFUSS is now confined to a wheelchair, but is taking calls and visitors (see WONG or SHAPER). Please, so as not to have a repeat of the MEDLOCK Affair, call someone (preferably DAVID) and report the details ...

District Governor's Visit will be this Friday, October 25. He will meet with the President and Secretary at 10:00 AM; Officers and Directors at 11:00 AM; and the General Membership at NOON, , spouses and guests most

DAN TANITA gave a mini-report on last year's Dental Care Project. Twenty-three patients were seen, 300 sealants applied to pre-school and primary grade youngsters. DAN says that with more awareness of the program, he hopes to at least double that number this year...

DEAN informed us of the Clubs' support of the '92 Winter Special Olympics, this year at Bear Valley. We will support one athlete, and hopefully garner a program in return...

You really had to be there... Get the details from a friend, but, be advised that early leavers will be prosecuted (maybe even persecuted) ...

DANGEROUS DAVE SMITH was up for a few "quickies", no pin-\$5, REN PARTRIDGE, \$100 (PolioPlus), and in the travesty of the decade, history makers LEVY, COLEMAN and DREIBELBIS got by for a paltry \$3 each, comparable worth

Marge Scott, who is very ill, asked husband

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JIM SCOTT to deposit the requisite \$1000 to secure her Paul Harris fellowship...

Finally, HANS SHAPER was up to introduce our speaker of the day, George Coles. HANS was brief, especially for HANS, and limited his introduction to a speedy recap of last week's Flywheel, and the fact that Mr. Coles owns a Hot Rod; at least by Pt. Richmond's standards...

Mr. Coles began with a summation of Archeology as a great way to justify drinking mass quantities of beer and meeting interesting women (another "you really had to be there"). People have lived in the Bay Area continuously for at least 4,000 years, 4,400 years ago in Hercules. Spaniards called them "Costanoan" (coast dwellers); modern Anthropologists call them the Ohlone, but of course, the people themselves didn't use any of those names.

California's population during those early times was about five to six hundred thousand, the Bay Area about 40,000. The population centers are essentially the same as today, but the density tended to ebb and flow as people tended to be more nomadic as conditions changed. Males in the Bay Area tended to be a maximum of 5 feet tall, whereas the Mojave Indians were 6 feet.

West Contra Costa County was abundantly rich with fish and game; from the fish, crustaceans, birds and sea mammals of the Bay, to the small and large game of the plains and hills. Local inhabitants were of the Hunter/Gatherer variety, and thrived amidst this veritable Smorgasbord of wildlife. "Tribes" were more properly "encampments", and averaged between 50 and 150 persons mostly extended families. The area of Church Lane in San Pable was apparently a very ceremonial area, not strangely.

Carbon 14 tests can date objects +/- about 100 years; Indian calendars of the period have fixed events within ten years; proving the value of kept records.

It seems John Knox was very key in securing many of the things that we know today for posterity through his bill establishing the Native American Heritage Association (first bill ever signed publicly by then Governor Jerry Brown).

Closing with apologies for his longwindedness, Mr. Coles half-hour was up much, much too soon. He promised us a return performance; I say we put HANS in charge of holding him to it...

The Raffle was run by DENNIS EDMONDSON, stocked by CHARLIE WONG, and carried away by JIM SCOTT and NORM FOLEY.

As I am writing this column, the worst fire in East Bay history is still burning in the Oakland hills. My only thought for the week is for the health and safety of the survivors, the wisdom and fairness of our leaders, and the courage and strength of those brave men and women who fought this -DAVE ALMEDIA, Acting Editorcatastrophe.

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Weekly Publication of the Rotary Club of Richmond, California

PROGRAM FOR FRIDAY, NOVEMBER 1, 1991

"Proposition K"

Speaker: TOM POWERS

Chairperson of the Day: CHUCK WRIGHT

\* \* \* \* \* \* \* \*

PROGRAM FOR FRIDAY, NOVEMBER 8, 1991

"What it Takes to Feel at Home"

Speaker: JOHN ARGUE

Chairperson of the Day: DAN SANDERS

Each Team will do Thought for REMINDER: the Day.

#### LAST WEEK

PRESIDENT DEAN had a warm welcome for a chilly day atop the hill. MARKKU PELANNE's Thought for the Day was a heartfelt prayer for the victims of the Oakland fire.

Guests included numerous spouses (spice?) at our sitdown luncheon.

DEAN announced that several projects are gearing up to aid fire victims. The Oakland and Berkeley Rotaries were especially hard hit with each club having eight members who lost homes. Also the widow of a former Rotarian died in the conflagration. A fund has been established to help all victims of the fire

and DEAN will have more news about that in the coming weeks. A separate project is underway to give some hands on help to our fellow Rotarians. This will take the form of professional aid -- legal, architectural, insurance any service you might be able to provide that would help people who lost their homes. Members are also opening their homes for meals. See DEAN if you'd like to help.

Then it was on to much happier news. To Happy Birthday to you, Happy Birthday to you, wit: Happy Birthday dear Carl, Happy Birthday to you.

CARL REHFUSS celebrated his 94th birthday this month and by now you should already have the cards CARL, so it won't be giving anything away to mention that we signed a couple of birthday greetings Friday. STEVE DUNN visited him recently and although he's confined to a wheelchair CARL is in good spirits and would enjoy visitors. CARL's at Manor Care near Rossmoor in Walnut Creek. Best wishes, CARL, and we hope to see you at the club again.

We didn't have recognitions Friday although DEAN did find OSCAR LUGO's badge. Turns out we have a new member (more on that later) who is also in the jewelry business so OSCAR is now designated as Jewelry Custom and our new member is Jewelry Retail. Works for me. OSCAR said he'd buy his badge back with the pin he found on the floor. That turned out to belong to ERLE "Yikes" BROWN.

JOE NUSBAUM introduced our special guest for the day, District Governor John Klefstad. He started off on the right foot by presenting JOE, who is presently area coordinator for the district, with a dandy Rotary briefcase. He then shared a couple of WERNER SCHWARZ' stories to general amusement. John also said the Paul Harris Fellowship he recently was able to present to Marge Scott was one of the most meaningful and moving things he has been able to do during his tenure as district governor. A note here: Marge would also wish to pass along her deep thanks to John as well as to DEAN and JOE for their efforts in presenting her with the Paul Harris. Our very best to Marge and to JIM.

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John provided a little history of the annual Rotary theme. He brought along a banner of this year's theme, "Look Beyond Yourself." theme is represented above a field of wheat with the sun overhead and a bird flying. The wheat represents the basic needs of all mankind, food and security. The sun represents energy, the bird represents imagination. These are the basic requirements for all people and a thoughtful message for all Rotarians. He said he has felt welcomed during all his visits to clubs throughout the district. Our district has a strong sense of fellowship and he has always felt at home.

But we do have some problems, most especially in the area of growth. Although we are witnessing a worldwide growth in Rotary clubs and Rotary ideals, especially in Eastern Europe, here in California and in District 5160 we are barely holding our own and in many cases are down in memberships. Despite adding a new club District 5160 dropped from 3,837 members last year to 3,811 this year. John suggested all members should never be without a membership proposal card so when you meet someone you think would make a good Rotarian, fill it out and get it to the Board. Without this effort, without the growth new members bring, we can expect to lose 10% of our membership annually.

John discussed the history and mission of the Rotary Foundation. Begun in 1946 to honor Paul

Harris after his death, the Foundation has provided scholarships for 20,000 young people to go abroad and study in a culture other than their own. The Foundation's PolioPlus campaign, begun in 1984, raised \$229 million and, most importantly, innoculated 238 million children against this disease. Although we are not primarily a health and welfare organization PolioPlus has perhaps done more than any other Rotary project to show the world Rotary's ideals in action, according to John.

Finally, he discussed the District Conference to be held April 23-26 at the SF Airport Marriott. Governor Pete Wilson will be the keynote speaker and other speakers will include Dave McElhatton of Channel 5 and the South African ambassador to the U.S. coming up Nov. 23 is the Rotary Foundation Dinner at the Doubletree Hotel in W.C., to be a formal affair with champagne reception.

Our newest member, MARGARET MARY "Mickie" SALLOMI was welcomed aboard.

DAVID KUCHENTHAL and HENRY KELMAN took home the snacks and Halloween sweets and DOUG "Devil Boy" STRAUS won free lunch for the month. JIM BEAVER, Editor

> IN MEMORIAM SALLY MULVANY

(Daughter of CARL REHFUSS)

Passed Away 10/27/91 Services: Wilson & Kratzer, Oct. 30, 10 AM

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"Service
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Self"

A Weekly Publication of the Rotary Club of Richmond, California

PROGRAM FOR FRIDAY, NOVEMBER 8, 1991

"What it Takes to Feel at Home"

JOHN ARGUE

Mr. Argue is a long time Albany resident who has worked as a professional actor in Story Teller and avant-garde teacher of the Theatre Arts. Currently, John is working, and is a pioneer, in the field of Drama Therapy. Since 1975, John has worked with many clients including, in particular, recovering alcoholics and Parkinson's patients and their families, using theatre art forms to encourage self-acceptance and an alignment of all a person's resources for vital expression and effective living.

Chairperson of the Day: DAN SANDERS

REMINDER: Each Team

Each Team will do Thought for the Day.

#### LAST WEEK

DAS PRESIDENTER DEAN welcomed ein und allen to a well-attended session on a particularly balmy day high atop Mt. Rotary. DAVE KUCHENTHAL delivered a 49er thought for the day and DENNIS EDMONDSON introduced our guests and visitors.

Visiting Rotarians were Chuck Day from San Pablo and Larry Yee and Dave Crosby from Pinole. Guests included Ed Downer with BILL REID, Juanita Brown with TOM McGOWAN, Cynthia Brattesani with DAN TANITA, Craig Healy with WIN BOWMAN and Joe Kelman with HENRY KELMAN.

DEAN said we received a nice letter from District Governor John Klefstad thanking us for a nice event and congratulating the club on the work we're doing.

Marking your calendar:

NOV. 23-Foundation Dinner at
Double Tree in Walnut Creek

JAN. 4-Rotary International
President's Dinner at Red
Lion in San Jose

APRIL 23-26 - District Conference in San Francisco

DAVID KUCHENTHAL caught us up on unfortunate news - GRANT CALHOUN is at Brookside Hospital. He's in Room 412 and would welcome calls. CARL REHFUSS' stepdaughter and PETE BRAY's mother both passed away recently and our prayers are with them.

Pay up time with JOE NUSBAUM. He actually finished the Hunger Walk a couple weeks ago and is depositing notes for everyone who sponsored him. Good news - we trounced the Kiwanis once again and brought honor and glory, not to mention the plaque, to our club. JOE also had a report on the Oakland-Berkeley Emergency Fire Fund. This is a joint project of Districts 5160 and 5170. They've already collected about \$27,000 and expect, with the help of Rotary International, to reach about \$200,000 to \$300,000. The group continues to meet to determine how the funds will be used.

DEAN THE HUMBLE started off the recognitions by sanctioning himself to the tune of \$5 for not having his pin or his badge. Yes, he was naked. STAN TEADERMAN was having none of this \$5 business and told him he should put up some real money and STAN's table would match it. They wound up going for \$40 apiece. Good Work. DAVID "Gotcha" SMITH had slim pickens for the day. His only birthday turned out to be STAN who quickly donated \$100 to the Foundation. In desperation DAVID went after our speaker for the day Sup. Tom Powers. Got him for \$4 or some odd thing for some off the cuff infraction. Better luck next time.

Tom's topic for the day was railroads in Contra Costa. He was supposed to talk about

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4. Will it be BENEFICIAL to all concerned?

1. Is it the TRUTH?

FRIENDSHIPS?

2. Is it FAIR to all concerned?

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LAST WEEK (cont'd)

Measure K but we couldn't find anyone to present the other side so in keeping with our equal time rules for political topics we switched to a non-election related issue. The problem is simple - way too many cars on way too few highways. The result is poor air quality and mind-numbing traffic jams. There are answers but they're all tough. One possible solution is an efficient rail system linking people with employment centers. A few years back Santa Fe and Southern Pacific were talking about merging. They would have them combined their system onto one set of tracks leaving another set for other uses. The plan to utilize that abandoned track for passenger lines. The ICC eventually canned the merger but the idea of using abandoned rail lines for passenger trains stuck around.

A plan was developed to merge all the existing passenger rail systems, including Amtrak, BART and CalTrain, with various abandoned and underutilized lines including a right of way along the 680 Corridor and another along the 580 Ccrridor to form a comprehensive passenger rail system throughout Contra Costa and the Bay Area. This would be a regional rail service. Several studies have shown that this would be do-able.

With such a system in place people in Richmond could use Amtrak to get to Martinez

and transfer to a light rail line that would run down the 680 Corridor to the growing employment centers in the San Ramon Valley and into Livermore. Tom said there is a reality check on all this and as usual it's spelled m-o-n-e-y. There is some seed money available from the Measure C sales tax funds. But it's going to take a lot of people really believing to make this all work. Tom feels it's one of the best available solutions we have and one that has the best chance of actually becoming reality.

Responding to a question as to how we get people out of their cars he said it won't be easy. Plans call for forcing all large employers to develop carpooling programs, raising bridge tolls as high as \$5 and gas tax as high as \$2 per gallon. Obviously these all carry major political, not to mention social baggage. There's still a plan to create a carpool and bus lane on I-80 from the Carquinez to the Bay Bridge. That's been held up for a lot of reasons but Tom feels it could still happen. Responding to a question about converting cars to natural gas and electricity he said that helps solve the problem of air pollution but not the massive traffic jams. We still need to be thinking about mass transit.

KUMAR BELUR and BOB ARAGO took home the lottery tickets and the Chinese dinner. JIM BEAVER, Editor

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Weekly Publication of the Rotary Club of Richmond, California

PROGRAM FOR FRIDAY, NOVEMBER 15, 1991

"Current Events"

AL PACCIORINI

Al Pacciorini has been the editor of the West County Times since August Prior to that he was an assis-1988. tant city editor at the Tribune for He also served as editor three years. of the Argus in Fremont and held numerous other reporting and editing positions on Bay Area newspapers. also worked as a stockbroker.

He will speak on various topics that has been in the news recently, on the process of reporting the news and on a literacy campaign in which the West County Times is involved.

> Chairperson of the Day: JIM BEAVER

REMINDER: Each Team will do Thought for the Day.

LAST WEEK

Our meeting today was opened by PRES. DEAN with the Pledge of Allegiance followed by Dr. DAN SANDERS with a thought for the day in line with the program about Who will go with you Where; leaving out the ever-important What you will do When you get There, or How you will do it, not to mention, Why?

A moment of silence was observed to direct our thoughts to the passing of member JOHN PALAZZOTTO; my he rest in peace...

DAVID KUCHENTHAL also delivered the news that GRANT CALHOUN is in CCU at Brookside with a respiratory infection, and ELOF GRANBERG broke his hip while visiting relatives in

Canada; give either or both a call.

Visiting Rotarian Rose Harris from Mission San Rafael was with us today, as were Suzanna Adelson, Martin Atkins and Alan Essex (BELUR), Joe Kelman (KELMAN) and Bob Strand (ARAGO).

Read it and weep (or leap or sleep or bleep...), the meeting for November 29th is CANCELLED ...

HANS SHAPER was brief in announcing those concluding their Paul Harris Fellowships, presentations to follow ...

CHARLIE WONG welcomed new member and fellow non-profit professional Capt. LEROY THIEME into the fold with the classification Ministry-Salavation Army ...

PRES. DEAN received a check from DON LAU and one from Herr Doktor WERNER SCHWARZ (Ahk, ahk, ahk, ahk; well blow me down...); also funds from NORM FOLEY for better-half Bonnie's Paul Harris, and codified reminder to GEORGE WACKER for 44 years of wedded bliss to which he responded with a "C" note towards the Oakland fire victims.

Dr. DAN SANDERS was the Chairman of the Day, and introduced our speaker, John Argue. John is an actor, but more importantly, uses theatre arts as a therapuetic tool with recovering alcoholics and Parkinson's patients. John related the road he has travelled to arrive at where he is today by telling us that he grew up in an orphanage, so that belonging is very important, and that he took up acting to overcome shyness. He attended a Rotary-sponsored Summer Camp as a youth, and consequently has a very warm spot for Rotary to this day. His memory of childhood embarrassment revolved around a campfire ritual invovling the chant, "Owa, tagu, siam", but you really had to be there...

He took stock in himself through an introspective look after both his company and then his marriage failed. He became much more selfsufficient, developing not only a new career, but becoming an accomplished homemaker as well.

He espouses the use of acting in his work with Parkinson's patients as every move becomes a conscious act, not merely a reaction to stimulus, and their thought process becomes much more deliberate, and therefore more situation-appropriate.

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#### LAST WEEK

The raffle was done by STEVE DUNN, and the Veterans' and Half-time combo packs were won by "Beginners luck" Capt. LEROY THIEME and "Holy Guacamole" NORM FOLEY ...

#### Paid Advertisement...

The Martin Racing team bested nearly all comers in the '91 Illgen Classic Enduro at Sears Point on Sunday by finishing 10th overall and an incredible 2nd in the "Run what ya brung", "O" (over 7100cc) class. Their class included a GTP mazda-Tiga, GTU RX-7 and Porsche 935, GT1, GTO, and Super Production cars. We wish to thank our sponsors: "BUD" MARTIN, Martin Buick-Pontiac, Hoosier Tires, Civic Center Shell, Barbara's Gifts, and JoBaJa's Restaurant; Co-Drivers Sam Stowell (Bay Area Frame) and Jim Wilson (Wilson's Garage); and Crew members John Almeida, Joe Furey Sr., Carolyn Wilson, Irwin, Tim and especially "Chef Bob" our cook.

Editor at Speed, DAVID ALMEIDA

#### WHAT IT TAKES TO MAKE A HOME:

#### °BELONGING

Bonding, Affiliation The chosen family.

#### ORDER

Consistency, Coherence Routines that work. Ways to get things done.

Trust, Boundaries that hold Contracts honored, Promises kept.

#### °SECURITY

Safety

A protected place where home can be.

#### °INTIMACY

Love, Touch

Someone crazy about you whom you're crazy about.

#### °FORGIVENESS

Remedy, Healing Ways to make things right when they go wrong.

#### °PLAY

Learning, Victory Effort that stretches abilities.

#### °BELIEF

Faith, Vision

A Story that explains how everything

-John Argue, Drama Therapy-

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PROGRAM FOR FRIDAY, NOVEMBER 22, 1991

Topic:

European Political and Monetary Union, Challenges and Effects on the European Community and the World

Speaker:

DR. NORBERT SCHWAIGER European Community Fellow 1991-92 Center for Western European Studies University of California, Berkeley

Dr. Schwaiger has been responsible for the Press Office of the EC Council of Ministers since 1973. Prior to his work at the EC, he was Director of the German Cultural Institute in Montpellier, France. He studied law and economics at the Universities of Heidelberg, Montpellier and Munich, earning a Doctor of Law from the University of Montpellier. Because of his extensive experience with the European Community Dr. Schwaiger is uniquely qualified to speak on the subject.

Chairperson of the Day: HANS SHAPER

REMINDER: Each Team is responsible for Thought for the Day.

FRIDAY, NOVEMBER 29, 1991

THERE WILL BE NO MEETING.

#### LAST WEEK

DEAN "Mr. President" BARBIERI welcomed us to a crystalline day atop the ol' mountain and led us in the pledge to the flag. Yours truly had a Jeffersonian thought for the day to honor our guest speaker.

Visiting Rotarians included Bill James, the new managing editor of the West County Times. Guests included HENRY KELMAN's brother, Joseph, and DAN TANITA's Job Shadow, whose name we promise to post next week.

JOE NUSBAUM had a reminder about the upcoming Rotary Foundation Dinner which is being held November 23 in Walnut Creek. It costs \$100, all of which goes to your Rotary Foundation-Paul Harris Fellowship. Not only that, but you can pay up any time during the coming year. A pretty good deal for what should be a pretty good time. JOE was also getting in his final collections for the Hunger Walk. There were still some white slips in the badge box so even though he was supposed to have all the money in by last Saturday, we'll bet you'll be better late than never.

As it was a slow announcement day, HANK COVELL offered some information on plans for a Rotary Centipede at next year's Bay to Breakers. Yes, we know it's not until May but just think of all the lead time you'll have to train. Start breaking in those Keds and, like Bo says, just do it. He's looking for 10 to 15 members.

Notice for all past presidents: There will be a nominating meeting November 26 at TOM's office for our upcoming presidential election. The meeting is scheduled for 6 p.m.

DEAN presented JIM SCOTT with Marge's Paul Harris medallion and pin. Our best to you

DAVID KUCHENTHAL had some news about GRANT CALHOUN who's doing better although he's still in the intensive care unit. ELOF hipster" GRANBERG continues in a Calgary hospital and was expected to get out last Sunday. We anxiously await the full story of the Canadian broken hip.

Next up was the Great PG&E Trial. FIELD and BOB ARAGO were hauled before the magistrate to answer the question "What do TOM BUTT, intellectual property and infringement have in common?" They were hopelessly befuddled and so it was pointed out the PG&E's literature about the new Pacific Energy Center describes it as "unique interactive resource". TOM allowed as how he'd been having a few weird weeks already and this was the final straw. Guilty, guilty, guilty was the verdict rendered by STRAUS and SMITH. The penalty: a gift for every Rotarian who makes the upcoming Reno Train Trip. SID agreed with the stipula-

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tion that the two jurors had to make the trip or pony up the cost of the ticket. Plus they would have to sit with SID on the train. Apparently SID has not heard the story of DAVID "The Mad Barfer of Pinole" SMITH. see how this pans out.

DAVID was next up with some recognitions beginning with an anniversary check from TED SMITH. Hey TED, we miss you. PETE BRAY had a double - 53 and 32 respectively and \$100 toward his Paul Harris. MICHAEL BROWN was celebrating his 48th birthday - he started counting backward at 50, that was two years ago and he had \$100 to start his Paul Harris. The Club matched the first \$50.

BILL REID noted that the Big Game is coming up next weekend and he figured it this way. Cal is ranked about #6 and Stanford is #24. That makes it 4 to 1 against Stanford and means all Stanford grads should put up \$25 to be matched against \$100 from each of the Cal grads. Money to go to a worthy cause. The bet was sort of joined but expect to hear more.

Our guest speaker was Al Pacciorini, the editor of the West County Times. His subject was the changing nature of newspapers, the news industry and what people think of as news. What news is used to be fairly easy for newspeople: it was what was timely, what happened nearby and what was out of the ordinary - the plane

crash rather than all the safe take-offs. Newspapers are sometimes criticized for printing only the bad news, but it seems to be what most people want to read. More and more newspapers have to study and understand their readers as they attempt to change with changing lifestyles and attitudes.

DAVID "Gobble Gobble" SMITH took home turkey and fixings.

There's a board meeting Thursday, 7:30 AM at the Pt. Marina Inn, November 21.

JIM BEAVER, Editor



PRES. DAVE presenting JIM SCOTT with Marge's Paul Harris Award.

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Weekly Publication of the Rotary Club of Richmond, California

FRIDAY, NOVEMBER 29, 1991 - NO MEETING

#### HAPPY THANKSGIVING!

#### ADVANCE NOTICE:

December 13 - AUCTION - BRING ITEM! December 20 - Holiday Special Event

BRING SPOUSE!

December 27 - Cancelled - NO MEETING January 3 --- "WHO AM I?" Program January 10 -- JOHN MEDLOCK's Team January 17 -- "WONG WAY" Team

\* \* \* \* \* \* \* \*

#### PROGRAM FOR FRIDAY, DECEMBER 6, 1991

#### Rotary 4-Way Test Speech Contest

The Richmond Rotary Club will sponsor a speech contest between Kennedy and Richmond High Schools. The speech will be seven minutes long, and the subject is "The Four Way Test and What it Means to Me". Each school will be asked to furnish two speakers.

The Rotary 4-Way Test is as follows:

1) Is it the Truth? 2) Is it fair to all concerned? 3) Will it build Goodwill and Better Friendships? and 4) Will it be Beneficial to all concerned?

Our club will award the winner a \$100 Saving Bond and the 2nd place a \$50 bond. Each school will receive \$100 for the forensic clubs.

The winner will compete with the winners of other clubs in our district February 22, 1992. The top three winners will be our guest with their parents at our District Conference in April at the Airport Marriott hotel and the winners will receive an all expense paid trip for four days to Washington D.C.

Chairperson of the Day: JOE NUSBAUM

REMINDER: Each Team is responsible for Thought for the Day.

#### LAST WEEK

Aye, t'was a brisk, clear day atop the hill as the Rotarians of Richmond gathered for fellowship and cheer. PRES. DEAN had a rousing welcome and led the pledge to the flag. LESLIE LEVY was thoughtful for the day. DEAN followed with a lugubrious tale of the woes of his once invincible UC Dave Aggies. And for this he made us remain standing.

TOM AMESS introduced our guests and visitors. Visiting Rotarians were Roger Martin/Kensington Berkeley, Chuck Day/San Pablo, Mark Byrne/ Hercules and Dexter Honens from another place. Visitors included OSCAR LUGO's job shadow, Harpal Kaur, a Kennedy High senior; Pete Anderson with JOHN MEDLOCK; Allen Norris with TIM THOMASON; HAN's wife Lore Shaper was introduced by DAN READY.

Marge Scott passed away last week. Her funeral was scheduled for Monday of this week.

PETE BRAY had the Salvation Army bell ringing schedule. We're on for Dec. 7 from 10 AM to 4 PM at Macy's. See PETE.

HANK COVELL promised to present a check for \$1,100 to Yoshiro Tokiwa, the vice president of the Richmond-Shimada Friendship Commission. The money represents the proceeds from our night at the Masquers. Yoshiro gave us an update on upcoming commission activities. The Shimada association will be sending a group to Richmond over the Thanksgiving holidays and Richmond will reciprocate next year during a Shimada holiday.

DAN TANITA reported on the previous Saturdays' Rotary sponsored dental sealant clinic. About \$10,300 worth of services were donated by the dentists. Good job.

A reminder - NO MEETING THIS FRIDAY. The December 27 meeting is also cancelled.

Before DAVID SMITH could take up his recognition post DEAN hammered CHARLIE WONG, NORM FOLEY and a certain JIM BEAVER for a Flywheel caption that called him "PRES. DAVE". An ego is a terrible thing to waste.

GARRETT GRANT was celebrating his 49th birthday and had \$100 for the Rotary Foundation. FRANK CORTESE was married during this month in 1942 and had a suitable donation. As did DON MILLER for the community fund on the

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4. Will it be BENEFICIAL to all concerned?

1 Is it the TRUTH?

FRIENDSHIPS?

2. Is it FAIR to all concerned?

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occasion of his 34th anniversary. TOM BUTT had a 20th anniversary coming around and was happy to begin a Paul Harris on behalf of his wife Shirley. LESLIE LEVY was celebrating a birthday and had a Paul Harris donation. She then launched a diatribe about having been subected against her will and better judgement to the sight of your Flywheel editor in an admittedly scandalous costume. For this offense against the common good I was forced to sing (?) the Dodger's song.

Finally, JOE NUSBAUM took us on a tortured tour down memory lane by reading, inits entirety, a Big Game poem originally published in the Independent in 1960 and written by his brother.

At long last it was time for HANS to introduce guest speaker, Dr. Norbert Schwaiger, an expert on European economics and politics. His topic was the upcoming union, economic and political, of the European Community. The plan, dubbed Europe '92, calls for a single market economy by Janaury 1, 1993. This means the free movement of goods and capital across borders. Much remains to be accomplished to to reach this goal, including the mutual recognition of technical standards and the free movement of banking and currency systems. Schwaiger was confident these issues could be overcome. Despite some misgivings in the U.S. and other places about the effect of this system, he felt it would work to worldwide advantage.

We wrapped things up with a particularly ragged "Happy Birthday" for CHARLIE FENDER who missed out during recognitions. ERLE BROWN took home a Thanksgiving package and JIM SCOTT gets free lunches for December.

Gobble well and gobble true and whatever happened to electric carving knives?

JIM BEAVER, Editor

#### REQUEST FOR BUSINES CARDS

DAVE ALMEIDA has received a request by former member Aaron Johnson to assist a terminally ill 7 year old boy with a dying request. Craig Shergold has inoperable brain tumor and has asked, through Children's Make a Wish Foundation, to be included in the Guiness Book of World Records as being the the individual to receive the most business cards. DAVE requests members forward their cards to him, and those of your friends and associates as well.



DG John Klefstand (R) presenting Marge Scott with Paul Harris Award with the Nusbaums & Hans Shaper.

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PROGRAM FOR FRIDAY, DECEMBER 13, 1991

"RICHMOND ROTARY'S ANNUAL AUCTION"



Please bring interesting items for the auction. Put a tag with your name and approximate value on each item. BRING MONEY!!!

> Chairperson of the Day: FRAN WILSON

> > \* \* \* \* \* \* \*

PROGRAM FOR FRIDAY, DECEMBER 20, 1991

#### El Cerrito High School Chorus

Holiday Special Event BRING SPOUSE!

REMINDER: Each Team is responsible for Thought for the Day.

\*\*\*\*\*

ADVANCE NOTICE:

December 27 - Cancelled - NO MEETING

#### LAST WEEK

PRES. DEAN BARBIERI hollered a welcome as the hoped-for storm clouds gathered atop the green fairways of Mira Vista. JOE NUSBAUM's thought for the day took us from Pearl Harbor and WWII to a hope for the future that we never have to witness such things again. Amen.

DEAN handled the introductions and our visiting Rotarians included Bill James from Roseville, Chuck Day and Bill van Dyk from San Pablo, Joan Parker from Berkeley, Jack Matkin from San Francisco and Adrian Mendez, a Walnut Creek Rotarian and past district governor. Guests included Sandy Good with BART WALLACE; GARRETT GRANT's job shadow Allen Snow, a Richmond High senior interested in law enforcement and Joe Kelman with HENRY.

Past President JOE NUSBAUM also had a report on the Fire Relief Fund which to date has raised \$36,000. The Fund, a joint project of Districts 5160 and 5170, recently gave out its first allotment. It went to the East Bay Conservation Corps toward the purchase of six mobile telephones and six walkie-talkies for use in their work up in the fire area and afterwards.

ELOF GRANBERG dragged himself back from his extended trip (no fine please) in Calgary. His broken leg is healing up well and he had nothing but kudos for the Canadian healthcare system. For a minute we thought they were paying him for the stay. GEORGE WACKER reported that GRANT CALHOUN was looking and feeling well. He's on the 5th floor of Brookside Hospital so pop on in.

Dateline San Francisco: A DEAN reminder to mark your calendar for the District Conference April 23-26.

ERLE BROWN announced the candidates for next year's officers and board members. The slate of officers includes TIM THOMASON, WFS SEAPY, DAN SANDERS, LLOYD HENRY, JOHN MEDLOCK and JIM BEAVER. We'll elect three. In a shocking upset DAVE ALMEIDA and JIM SCOTT were nominated treasurer and secretary respectively. TOM BUTT braved life and lungs to venture through the streets of Pt. Richmond and announce our new candidate for vice president/president elect. Congratulations to DAN TANITA, seven-year member and toothman extrodinairre. DAN promises sushi for lunch and does anyone know all the

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the lyrics to "Danny Boy"?

Stanford man DAVE CALFEE sent along a \$38 check (\$1 per point) to be used for the Old Blues Consolation Fund. Recognitions included DAVE NINOMIYA's birthday with a generous gift to the community fund; RUSS SCHULZE had a Dec. double with a \$200 Rotary Foundation donation at the recent Foundation dinner; CHARLIE FENDER was counting backwards from 50 and celebrated the ever-optimistic age of 27 with a healthy donation to the community fund. WALT ZERA donated Warriors tickets to the Sacramento game and KUMAR BELUR won the auction at \$60 for the pair and then put them back into the pot to be auctioned off again. DARROL DAVIS, referring to JOE's Day of Infamy thought for the day, astutely pointed out that we had witnessed another Day of Infamy this week when 4,000+ new lawyers passed the bar. \$5 per barrister was adjudicated despite the pathetic pleadings of the gavel holder.

Our scheduled program, a speech contest on the 4-Way Test, did not work out so we were able to hear several "Who Am I" speeches from our new members. DENNIS TRIPLETT is back in Richmond and Rotary after his second stint in Bakersfield. DENNIS grew up in Fresno and graduated from Fresno State. He's with Chevron Land & Development and heads up two projects, Hilltop and Vallejo. He says the environmental process is wrapping up and the company plans to begin grading on the last portion of the

Hilltop development, near the golf course, next year. DENNIS syas he sometimes feels less like a developer and more like the messenger whose job is to tell communities that it's time to expand and make room for new growth. DENNIS is married and has 2 children.

MICHAEL BROWN is the pastor of the Methodist Church in Pt. Richmond and is also a general contractor. He was raised in an Army family and was in the Navy. He graduated from UCLA and from the Theological Seminary in San Anselmo and has been a pastor in Sacramento and Lakeport. MICHAEL is married and has five children.

LEROY THIEME is the pastor of the Salvation Army as well as director of the social service operations for the organization. He was a CPA with a big eight firm for several years, the highlight of which was auditing his alma mater. LEROY was commissioned as a Salvation Army officer in 1986 and joined Rotary in Southern California in 1987. He became a Paul Harris Fellow in 1989 and was voted Rotarians of the Year by his club in 1990. He's married and has three children.

And, yes, the Salvation Army can use all the toys it can get. See LEROY if you can help.

ERLE BROWN and WALT ZERA took home the hens and the booze. Things dissolved into lawyer jokes and so back down the hill.

JIM BEAVER, Editor

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PROGRAM FOR FRIDAY, DECEMBER 20, 1991

Holiday Special Event BRING SPOUSE!



El Cerrito High School Chorus

Directed By: ELIZABETH WHITSAND

Chairman of the Day: TERRY CLARK

\* \* \* \* \* \*



FRIDAY, DECEMBER 27, 1991

NO MEETING THIS WEEK

#### LAST WEEK

PRESIDENT DEAN BARBIERI welcomed us to the other room and led the pledge to the flag. LEROY THIEME led us in an invocation.

We had a rash of visiting Rotarians: Gary Pokorny of El Cerrito, Dick Cotter of Oakland, Russ Adamson of Mission San Rafael and former Richmond Rotarians Bob Graham of Los Altos and Bob Miller of Folsom. Guests included FRAN WILSON's wife Naomi and Lamont John Johnson, a El Cerrito High student who was TOM BUTT's job shadow.

The day got off to a properly goofy start with JOHN MEDLOCK digging himself way into a hole when, so he said, he mistook DEAN for a friend named "W.T." DAVE CALFEE then wondered aloud when in the heck the Old Blues were going to pay up for the Big Game debacle. PRES. DEAN and LLOYD HENRY welcomed new member KIRK CORR and presented him with a red badge. Welcome Aboard.

FRAN WILSON and Bob Miller then took over for the Auction. Things went fast but we'll try to aknowledge as many of the donors and high bidders possible. Big breath and here we go.

TOM BUTT ponied \$50 to get a bunch of sign work donated by JOE BAGLEY. PRES. DEAN donated a Cross pen set that fetched \$40. He may have bought it himself. CHARLIE WONG donated some bourbon that went for \$10 to DON MILLER. do all the booze at once. A lot was auctioned off and went from \$10 to \$30. Winning bidders included DAN TANITA, WES SEAPY, ERLE BROWN, JOE NUSBAUM, FRAN WILSON, OSCAR LUGO, DAVE NINOMIYA, DAN READY and JOE BAGLEY. I know we missed a few but good work. KUMAR BELUR pitched in \$40 on a Saki set. Somebody paid \$85 for a nice set of four wines donated by SID FIELD, HANS SHAPER donated a couple of salt and pepper mills that HENRY KELMAN and JOE NUSBAUM paid \$10 and \$15 for respectively.

ERLE BROWN donated some coffee that brought in \$10. WALT ZERA took home the cheese wheel for \$55. Bob Miller bought his fishing vest back after some chaotic bidding. PRES. DEAN paid \$40 for some CALFEE sawdust or something. DAVE ALMEIDA won the bidding for one of DAVE's old judge's robes at \$30. RUSS SCHULZE got a \$50 savings bond at a bargain \$50 - thank you BILL REID. WES SEAPY donated a couple of shower

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radios that went to KUMAR BELUR and CHARLIE FENDER for \$25 apiece. DON MILLER was happy to get HENRY KELMAN's sander for \$100. And WIN BOWMAN bought back his address file for \$25.

BESSIE DREIBELBIS donated a couple of nice smoked salmons that went for \$50 and \$55 to HANS SHAPER and WES. Bargains: HENRY KELMAN will be carving his initials into something with a SID FIELD donated pocket knife for \$30. HANK COVELL snatched up a couple of JUDY MORGAN donated tickets to the Monterey Plaza Hotel - \$110. KUMAR's souvenir bottle of Coke from the 1983 Rose Bowl game went to GARRETT GRANT for \$15. LEROY THIEME donated several items - a bunch of candy canes taken by SID and a bag and some skid-proof socks that brought \$10. TOM AMESS' pen & pencil set was set upon by DAVE NINOMIYA for \$10 and WIN took home the nuts for \$5.

GEORGE WACKER donated a truly weird looking bottle of aftershave that KUMAR Picked up for \$12 and may have been the secret steal of the day. BART WALLACE donated a bunch of flourescent light bulbs that went to DON MILLER, JOHN NICOL (2) and DARROL DAVIS. For \$15 JOHN also grabbed the quick Total Collected: grip donated by WIN. JACK HORTON's cutlery set brought \$20 and complemented the electric knife that brought the same and was donated by GARRETT. Continuing his eclectic purchases, KUMAR picked up a recorder (with lessons) for \$18. Thanks ELOF.

DAN TANITA got some big strange greeting cards

for \$10. Naomi Wilson took home RUSS' gift basket for \$30. TOM BUTT donated a nice little garden package, JOE NUSBAUM's nut & bolt storage cabinet brought \$20 and WES SEAPY paid \$15 for a tie. Whew.

NORM FOLEY put in a very nice crystal vase that JUDY MORGAN was happy to pay \$20 for. DARROL DAVIS paid \$15 for a \$55 receipt which he can now use to write some money off his taxes. TIM THOMASON was hounded into paying \$70 for a negligee. Tell a story, go to jail. OSCAR LUGO's elegant gold and sapphire pendant brought \$200. And, drum roll please, HENRY KELMAN took home the muscatel for \$165. A good day.

JIM BEAVER, Editor

#### \$ Results of Auction:

Most prolific buyers: DON MILLER, FRAN WILSON, KUMAR BELUR, JOHN NICOL (at 4 items each)

Guest Jay Owens, \$200 for Big spender: OSCAR LUGO's donated pendant.

\$1,958.00 Thank you all!!!

DAVID ALMEIDA, Treasurer

BOARD OF DIRECTORS MEETING this week, Thursday, December 19, at 7:30 AM at the Point Marina Inn. All Officers and Board are urged to attend and members are welcome.

#### **BROOKSIDE HOSPITAL** Pete Bray DOUGLAS STRAUS ATTORNEY AT LAW HENRY COVELL Serving West Contra Costa's ATTORNEY AT LAW Medical needs Fidelity National Title NORRIS and NORRIS 235-7000 Insurance Company 3260 Blume Drive, Suite 200 3260 Blume Drive #110 Richmond, CA 94806 (415) 237-8900 12962 SAN PABLO AVENUE . RICHMOND Richmond, CA 94806 222-2100 2000 Vale Road, San Pablo AWAY TRAVEL STANLEY T. GRYDYK ATTORNEY AT LAW SMITH'S CHRISTOPHER E. JUDGE **ACTION MAINTENANCE** Open Mon-Fri 9 - 5:30 Saturdays 10 - 2:00 Or By Appointment FULLY AUTOMATED TELEX ATTORNEY AT LAW Power Sweeping—Debris Hauling Janitorial—Steam Cleaning Construction Cleanup 254-0940 3150 Hilltop Mall Road #40 Richmond, CA 94806 4006 Macdonald Avenue P.O. Box 1134, El Cerrito, CA 94530 (415) 529-0688 Richmond, CA 94805 1 Camino Sobrante - Orino (Across from Safeway) 970-7690 233-8787 M.A. HAYS Co., Inc. Since 1912 Compliments of RICHMOND A. DONALD MILLER, M.D. TRAVEL BUREAU, INC. **WILSON & KRATZER** 232-4292 Industrial Medicine DAVID G. SMITH Insurance Broker **Mortuaries EL CERRITO PLAZA** 3700 Nevin Avenue Richmond, CA 94805 2089 Vale Rd., Suite 17 TRAVEL BUREAU SAN PABLO-RICHMOND By Appointment (415) 234-6605 (415) 235-0353 San Pablo, CA 94806 528-1703

## 1991 - 1992

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#### ROTARY CLUB OF RICHMOND

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Meets Each Friday Noon MIRA VISTA GOLF & COUNTRY CLUB 7901 Cutting Blvd. El Cerrito, California 94530

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